

EASTON VILLAGE NEWS



The one and only Rich Hall performing at the recent Maverick Festival at Easton Farm Park. More about the whole event inside.

September 2023

Useful Contact details

Parish Councillors:

Sue Piggott T: 01728 746622 (Chair & Highways)
Fiona Siddall T: 01728 746517 (Vice Chair & Play Area Officer)
Bob Gibbon T: 01728 746866 (Emergency Officer)
Ian Palfreyman T: 07775 652820 (Footpaths Officer)
Gary Edwards T: 01728 747970 (Cemetery and Burials Officer)
Derek Balcombe T: 01728 768215
Dave Ladbrook T: 07730 432542 (Play Area Officer)
Clerk—Andrew Staples E: parishclerk@eastonpc.org.uk
Parish council website <http://easton.suffolk.cloud/>

Suffolk County Councillor:

Elaine Bryce T: 07955 434440 E: Elaine.bryce@suffolk.gov.uk

East Suffolk District Councillors:

Owen Grey (Lib Dem) E: owen.grey@eastsuffolk.gov.uk
Vince Landon-Morris (Green) E: vince.langdon-morris@eastsuffolk.gov.uk

All Saints Church

Rev. Ann Kember (Priest-in-charge) T: 07369 240252
Note: Ann is not available Weds/Thurs/Fri E: annkember58@gmail.com
Jane Woodbury-Eggins (Churchwarden) T: 01728 746667

Village Hall

Ian Palfreyman (Bookings) E: eastonvillagehall@icloud.com
Village Hall website www.yourhall.co.uk Search Easton

Village Website www.easton.onesuffolk.net

Cricket Club enquiries Tory Hughes E: easton1906@gmail.com

Bowls Club enquiries Mike Cattermole T: 01473 614845

Village News Editor

Clare Owen T: 01728 745015 E: clareeowen@tiscali.co.uk

If you have something to put in the Village News, please submit it by 14th of each month.

Editor's Introduction

Welcome to the September magazine. As summer begins to come to a close, we can look forward to the colours of autumn and cosy nights by the fire. I just wish it didn't get dark so early in the evenings. But I'm not complaining. When you look at the state of the world around us, it makes me very grateful to live in a relatively temperate climate and in such a beautiful village with so much history and such lovely people. Mind you, having woken up this morning with water literally pouring down through the hall ceiling, I wasn't in such a positive reflective mood! Nothing to do with the weather—just a faulty cold water tank valve. I've always wanted a monsoon shower.

There's plenty of interest in the magazine this month. Paul Spencer gives us a good insight into the undoubted success of this year's Maverick Festival; Fi Siddall brings us up to speed with all that's happening at the Farm Park; there's the second instalment about the fascinating evolution of our coastline in the Tides of Change; the church is very busy at the moment and we can look forward to meeting our new priest, Ann Kember, very soon ... and much more besides.

I hope everyone has had a good summer and that the children in the village are looking forward to school. Exciting times.

Hope to see you at the next Sunday Café if not before!

Clare

Disclaimer. The Editor of Easton Village News produces this newsletter in good faith from articles submitted by local organisations and individuals. No responsibility can be accepted for any inaccuracies contained therein which must be taken up with the relevant organisation or individual.

What's On in September



Village Hall

Mondays:

Yoga with Ellie 9.30—11 am

Pre-booking

E: eleanorpenlo@gmail.com

Tuesdays:

50+ Keep Fit Class 10-11 am

£7 per session (block payment per term of 6/7 weeks)

Contact Clare Hassler on

01728 621247/07769 716761

for more information

Pilates for Riders with Dawn

7—8 pm

Pre-booking

E: dfkcoaching@hotmail.com

Wednesdays:

Pilates with Kelly

Advanced 9.15 am

Beginners/Intermediate 10.30 am

Pre-booking

E: pilateswithkelly@hotmail.com

Table Tennis

6:30pm £5 per session

Contact John on 746644

Thursdays:

Rabble Chorus

8pm

E: Kirsty@rabblechorus.co.uk

Fridays:

Yoga with Ellie 9.30—11 am

Pre-booking

E: eleanorpenlo@gmail.com

Sunday Café
17th September
10—11.30 am
Village Hall

Ordinary Parish Council Meeting
Monday 18th September
7.45 pm Village Hall

Live Music from 'Karmit'
Saturday 30th September
Village Hall
7pm - 11 pm
(see poster overleaf)

Mobile Library at Easton Primary School 12.25 to 12.45
Wednesday 20th

EASTON PARISH COUNCIL

New Faces

The Parish Council said goodbye to their Clerk, Alison Bramall, at the end of June. A Financial Officer, Guy Pugh, has been appointed and a Clerk to cover all Clerk's responsibilities other than Finance - Andrew Staples. Both Andrew and Guy live in the village and are looking forward to working for and supporting the Parish Council and community. The Clerk's email address remains the same.

'East Suffolk Blooms'

East Suffolk Council's spring bulb initiative to support bio diversity in parishes invited applications from parishes to join the campaign and plant bundles of daffodil bulbs on public land in time for spring 2024. Easton Parish Council applied. Out of 100 applicants for 85 packs Easton was successful and will be collecting their 500-spring bulb pack in October to plant in the village. If you have any suggestions to help the Parish Council decide on the areas in which to plant the bulbs, please send your suggestions to either the Clerk or the Chair.

Easton Neighbourhood Plan

The Neighbourhood Plan has suffered yet another hold-up, like many around the country. The government funding that supports the work and allows Neighbourhood Plans to develop, should become available each spring and has to be applied for each year. Without explanation, the government failed to open up funding until the end of July. This has left a much shortened year to complete works against funds. Easton Neighbourhood Plan's consultant and team are now working hard to complete all the works necessary to reach Examination and Referendum to adopt the Neighbourhood Plan. The delay has pushed this to spring next year, instead of the planned latter half of this year.

Parish Council Membership

The Parish Council now has a full suite of councillors, all seven seats having been filled. Following the May elections, Sue Piggott, Fi Siddall, Bob Gibbon and Gareth Edwards are elected members. Dave Ladbrook, Ian Palfreyman and Derek Balcombe filled the other three vacant seats by being co-opted onto the Council.

Sue Piggott, Chair

EASTON & LETHERINGHAM VILLAGE HALL

Live Music from



Karmit

Saturday 30th Sept
at the Village Hall, Easton



beginning at 7pm through to 11pm



Pay Bar & BBQ

FREE ADMISSION

Limited availability so email eastonvillagehall@icloud.com
to reserve your tickets



The Easton White Horse

Sunday 3rd September

Italian Street Food

4 till 8pm

(with music from DJ Colin Reid)



Tapas Tuesday

Due to popular demand

now running 12-2:30 pm and 5:30-8:30 pm

until the end of the summer holidays



Quiz Night

Thursday 28th September

7 pm start

Teams of up to 4

£10 per head (includes food and prizes)

Book now at the pub or call 746456

MAVERICK FESTIVAL 2023



The sixteenth Maverick Festival began on Friday 30th June amidst a haze of drizzle which did little to dampen the enthusiasm of the loyal fans who travel far and wide to join us every year.

Western poet and troubadour Tom Russell was a definite highlight. Many knew him for his songs covered by the likes of Johnny Cash and KD Lang and those who didn't soon warmed to his laconic storytelling. Later, Norfolk super-group The Vagaband raised the rafters in the barn and sent everyone to their tents tapping their toes.

Saturday welcomed finer weather and an even finer line up of some fifty musicians from all over the United States, Canada and the UK.

Country queen Laura Cantrell introduced her new record. She later joined most of the female artists on the bill in a special tribute to the late Loretta Lynn whose own Nashville career paved the way for them in what was a particularly male dominated industry.

The festival's grumpy uncle, comedian Rich Hall, once again brought the evening to a close with his deadpan humour and hilarious musical renditions. Who said country music had to be all broken hearts and too much whisky?

A special mention must also go to virtuoso Chris Murphy. He travelled all the way from California to join us along with his partner who Hollywood star-spotters will have recognised as the academy nominated and BAFTA winning actor, Barbara Hershey. Over the course of the weekend, Chris joined just about anyone who needed a violin side-man - including Easton's own singer-songwriter, Ella Spencer, whose place on the bill was well deserved, despite the obvious nepotism!

We extend our thanks to Fiona and her team at the glorious Easton Farm Park. Next year our dates will be 5th to 7th July, so tie a knot in your bandanas!

Paul Spencer, Festival Director



Laura Cantrell



Ella Spencer and Chris
Murphy



Tom Russell



The Vagaband



A Sense of Place and Time

Purple Loosestrife



In August, when many wildflowers have begun to go over, the plants in wet habitats such as ditches, streams and rivers really come into their own.

Particularly striking at the moment are the tall magenta flowering spires of Purple Loosestrife – *Lythrum salicaria*.

It is flowering currently within and on the banks of the River Deben and along neighbouring ditches. The 'Four Bridges' footpath is a particularly good place to see it – with the sprays of flowers like a purple firework display.

Lythrum – refers to the blood like colour of some of the flowers and the *salicaria* means willow like or where willow grows.

The name Loosestrife is a translation of the Greek name of the plant, which in classical times was believed to ease quarrelling between oxen if placed on the yoke between them.

The flowers are a very valuable later source of nectar and pollen for insects, when many other sources have gone over.

Acetosella 13.08.2023



Easton Bowls Club

As we move into September, the current bowls season is drawing to a close. It has been another fairly successful season.

At the time of writing we still have a couple of Woodbridge League games to play, but at the moment we are sitting a respectable third place in the league. The Fynn A side has finished top of their league and the Fynn B side is third in their league. We are also still in the Marie Curie and the Jubilee Cup.

We have enjoyed three cup finals and several friendlies during the season. In August we entertained Stradbroke White Hart with a barbecue and jacket potato meal afterwards. Such a good evening was enjoyed by all that nobody was quite sure of the final scores at the end of the day!

We only have two home fixtures in September :—

Sun 3	Club Finals Day	2:00
Mon 4	Monday Pairs	10.00

After this we will be looking to put the green to bed and be ready to start again in April next year.

Why not give us a look at either of the above fixtures – and join us for some refreshments?



Easton Cricket Club



Home Fixtures September 2023

Saturday 2nd (12.30)

2nd XI v Worlington CC 2nd XI

Sunday 3rd (13.00)

Sunday 1st XI v Risby CC 1st XI

Saturday 9th (12.30)

1st XI v Worlington 1st XI

Sunday 10th (13.00)

Sunday 1st XI v Brantham CC 1st XI

There are junior matches which take place during the week. For more details visit Easton.play-cricket.com



Easton Farm Park

As I write, we are having a lovely time on the farm with our Summer Splash. Our daily foam party, sprinkler fun and good old-fashioned water fights are keeping the children cool before they head into the underwater kingdom ... We are running our summer event every day through until September 3rd. The campsite is starting to fill up and we are desperately trying to keep on top of the grass-cutting which seems to be going on much longer than usual with the fresher weather (I'm not complaining!)

We have a diverse team at the farm ranging from 14 – 83 years old, many of whom come from the village - including David Birt, who has been working with the Kerr family for 60 years. As farming practices change and technology infiltrates all aspects of the business, it is refreshing to see the young learning from the more experienced staff and, more and more, the other way round, as was shown when we recently introduced a new EPOS [Electronic Point of Sale] system across the site.

The baby animals born in the spring are all now growing up and many of them have already been weaned as we begin to plan next year's breeding program. Some, like the Suffolk Punch horses and the donkeys, are already in foal for 2024 and we are just priming the billy goats, rams, boars and bulls for next year's babies. We have taken delivery of two large white sows from a very rare bloodline as part of a heritage breeding project and hope to use AI to deliver piglets next year. These piglets will be used to help protect this breed and bloodline and increase the stock levels for the future. Leah and Letitia are very friendly and well worth a visit.

You may have noticed the flag flying in the field next to the farm. This is a local lad called Ricky from East Coast Adventures who is running some activity days during the holidays. His activities include paddle boarding, kayaking, bushcraft and geotagging. These can be pre-booked via his website (www.ecadventures.co.uk) and he limits the group to 12-14 children for a day of fun from 10am – 4pm. There is also goat yoga taking place most weekends which can be booked via www.dmyoga.co.uk. We also have our resident blacksmith on-site at the Forge if you need some iron work, planters, bird feeders or gates.



We recently hosted the Maverick Music Festival in its 16th year. This has become a village fixture in the calendar. It was established and is run by Paul Spencer from the village with lots of local helpers and volunteers. One of my favourite sessions is listening to the Rabble Chorus on Sunday morning – they always manage to bring the sunshine and lift any tired spirits, possibly waning after a weekend of amazing Americana music and an exotic and delicious array of food.

As we head towards the autumn, we are starting to prepare for our Halloween Festival which runs through the October half-term. We are competing with the crows to grow as many pumpkins as we can and will be running a Halloween stage show as well as our annual pumpkin picking and decorating.

Father Christmas has also confirmed that he will be able to be with us again in the run up to Christmas so our elves are getting very excited with plans to welcome him and all the families who are planning to meet him!

September in the Garden



“Autumn seemed to arrive suddenly that year. The morning of the first of September was crisp and golden as an apple.”

J K.Rowling, Harry Potter
and the Deathly Hallows

As summer fades, we welcome autumn's cooler, shorter days. Whilst the ornamental garden begins to fade gloriously, the vegetable garden takes up more of our time. This month is spent reaping the rewards of the harvest, preparing for the coming cold months, and planning for the next spring.

Jobs for the Kitchen Garden

Pick autumn raspberries regularly on dry days by pulling off the plump, ripe berries.

Cut back the finished canes of summer fruiting raspberries leaving the new, green canes for next year's fruit.

Dig up the last of this year's potato crop making sure to remove even the tiny ones, thus preventing next year's 'volunteers'.

Harvest sweetcorn. To test if it's ready, pinch a kernel — it will release a milky sap when ripe. If the kernels are starchy, you've left it too late. If they're watery they need a little longer to ripen.

Raise pumpkins and squashes off the ground to prevent rotting. Place them on a piece of slate or wood and remove any leaves covering the fruit to hasten ripening,

Cover leafy vegetable crops such as brassica with bird-proof netting.

Pot up some mint and parsley for the kitchen windowsill for fresh herbs through the winter.

Continue picking climbing beans to ensure they continue to crop.

Pick ripe apples. To test when they're ripe, gently lift them in the palm of your hand or give them a gentle pull — they should come away easily.

Take hardwood cuttings of currants, gooseberries and figs to increase your stock.

Sow salads, radish and oriental leaves under cover for a delicious winter crop.

Jobs for the Ornamental Garden

Divide and replant perennials such as aster, hosta, geranium and grasses. Replanting these now will mean they can grow away quickly before winter sets in.

Net ponds before leaf fall gets underway to reduce the amount of debris entering the water.

Now is the perfect time to show your lawn some love. First mow, then scarify with a wire rake to remove thatch and moss, then use a border fork to make holes in the lawn to aerate.

Begin to plant spring-flowering bulbs now, such as daffodils, crocus and hyacinths, for glorious colour next year.

Continue to feed and deadhead hanging-basket and container annuals — they will often keep going until the first frosts

Keep camellias and rhododendrons well watered at this time of year to ensure that next year's buds develop well.

Collect and sow seed from perennials and hardy annuals. Seeds sown now may flower up to six weeks earlier than spring sown seed.



An interesting little bit more about Nikk ...

I was recently asked who my gardening influences are and I really struggled to come up with an answer. No one in my family has a great love of plants. I read gardening books every day. I subscribe to gardening magazines and email newsletters. I go on holiday to visit gardens and soak up every last detail knowing that one day someone will ask me a question and I will have the answer. So why was it so difficult for me to name a single person? I've come to the realisation that I learn so much from so many people - my allotment neighbours, my customers, people I follow on Instagram - the list is endless that no one person is more important than any other. I hope that I will never stop learning, or being grateful to all the people that have helped me along my horticultural journey, and in turn I hope you may have found inspiration in some of my writing over the past few months, whether you garden in a window box or five acre estate.

Nikk Slowey





DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

We have just celebrated 75 years of the NHS and a recent report issued by the Health Foundation projects that, by 2040, nearly one in five will be living with health conditions such as dementia and cancer. This means there could be 9.1 million people living with a major health condition by 2040, a 37% rise in the latest data from 2019. It goes without saying that this will have a significant impact on our NHS.

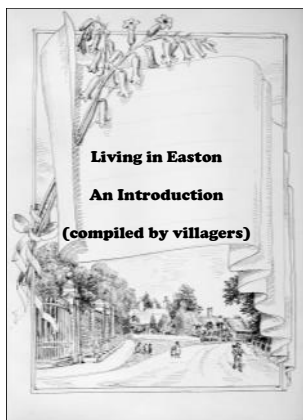
As a practising NHS hospital doctor, I am proud to work in a health service that delivers patient care which is free at the point of need, but as the NHS looks towards the future, it simply must transform. With an ageing population and more people living with major health conditions, the time has come for a more ambitious debate on what the health and social care system needs in order to continue to thrive and survive for the next 75 years, and beyond.

I think most of us would agree that, if we were designing a health service from scratch today, it would need to look very different from the current model. The report from the Health Foundation cites that a radical shift is required, with more focus on care in the community, rather than in hospitals. Caring for people with chronic illnesses requires more effective community-based care and that means better integration of health and social care services.

Community care is all about supporting people to live the best lives possible – living independently for as long as is possible in their own homes. This means bringing together healthcare providers from across the NHS, community services, social prescribing and voluntary sector organisations. Delivering health and social care in this way supports people to stay well and independent and enables health care teams to act more quickly to help those with preventable conditions. It supports those living with long-term conditions or multiple needs by pooling resources to deliver care as quickly and effectively as possible. This approach is something which I wholeheartedly support. That's why I was especially delighted to have been asked to open the newly refurbished Michael Burke Centre on the Hartismere Hospital site on Friday 21st July.

I truly believe that, as patients, we would all prefer to be treated in the comfort and dignity of our own homes or accessing local community health and social care services. With the Michael Burke Community Wellbeing Centre we now have a tremendous asset and one which has a strong future in delivering truly integrated healthcare in Central Suffolk and across North Suffolk. As someone who believes in public service as I do, it is a great pleasure to see good things happening in Hartismere and I am pleased to have played even a small part in making that happen and will continue to work for these outcomes across Central Suffolk and North Ipswich.

The NHS has served this country well for 75 years. As it looks towards the future, it must transform. A focus on prevention and reform of commissioning is vital if the NHS is to continue to meet the needs of patients in the years ahead.



New to Easton Village?

Please let me know if you are aware of anyone who moves into the village. We have always warmly welcomed newcomers and I am now very happily taking on this role. We can also provide the introductory booklet 'Living in Easton' which has lots of helpful information.

Peter Bennett King, 2 Black and White Cottages
T: 747370 E: thebks@btinternet.com

All Saints Church



Licensing of Revd. Ann Kember

Ann was licensed by Bishop Mike at Brandeston on 26th July at 7.30 pm. It was a very special service in a full church. We welcome Ann and her husband Mick to our benefice. Ann has already conducted several really enjoyable services in our churches and we are very much looking forward to working with her.



Harvest Festival

This will be on Sunday 10th September. See page 22 for more details

Other Services

The benefice service on 3rd September is at 10.00am at Brandeston.

At Easton the service on 10th September will be our harvest celebration. There is a service of Holy Communion on Sunday 24th September both services are at 11.00am.

Ride and Stride (and wedding)

This will take place on Saturday 9th September. See details on page 25. Thank you to all the people who have undertaken to check the cyclists in and provide refreshments. We shall be doing the checking in on the green to prevent the cyclists getting muddled up with the wedding in the afternoon!

Sunday Cafe

Hooray! Sunday Café is back on 17th September 10.00 to 11.30 am.

Discussion Group

The Discussion Group will meet on 6th September at Ash Grove, Framlingham when the topic is "feet" in the Bible. (Well, we discussed "hands" last time...). New members welcome. If you need a lift there, phone Jane on 01728 746667.

Service on Zoom

Our Zoom service is on 17th September at 9.30 am. If you would like to join our Zoom services, please register with Bill Clark so that he can send you the link (bill78@btinternet.com).

Church Services for September 2023

3 rd	Trinity 13	10am	Benefice Holy Communion	Brandeston
10 th	Trinity 14	9.30am	Morning Worship	Brandeston
		11am	Harvest	Campsea Ashe
			Harvest and Lunch	Easton
			Holy Communion	Parham
		6.30pm	Evening Prayer	Marlesford
17 th	Trinity 15	9.30am	Holy Communion	Marlesford
			Zoom Service	
		11am	Morning Worship	Kettleburgh
			Morning Prayer	Parham
24 th	Trinity 16	9.30am	Holy Communion	Campsea Ashe
		11.00	Harvest and Picnic	Brandeston
			Holy Communion	Easton
			Harvest	Marlesford
			Holy Communion	Hacheston
		5.30pm	Harvest and Supper	Kettleburgh

Monday Prayers are at Brandeston at 4pm
Compline is said at Marlesford every Wednesday at 5pm

HARVEST FESTIVAL

We shall be giving thanks for God's provision for us and the food grown by our farmers on Sunday 10th September at 11.00 am. We shall sing harvest hymns, making the traditional offerings and celebrating. Do come and join us!

The service will be followed by a Bring and Share lunch in the church (instead of a meal in the Village Hall). Please bring a plate of savoury or sweet food to add to the buffet. Some drinks will be provided. Our new Priest, Ann, will be joining us after the service. Come and say hello.

As usual we shall be collecting tinned and packet foods to give to the foodbank. Please bring them to the service or you can leave contributions in the church porch.



Sunday Café

We're back!

Sunday 17th September

10—11.30 am

Village Hall

There's lots of home made goodies, sweet and savoury, all made by our lovely volunteers. Or how about a bacon roll made with Revetts bacon? Our specials board might catch your eye too! All food can be bought to take away and at very good prices (we aim just to cover costs and any profit we do make is sent to charities or donated to the church).

Enjoy catching up with friends, meeting new ones, or reading the Sunday newspapers in our lovely village hall. We've got toys for the children and a covered seating area outside if you'd like to bring your dog along.



**EVERYONE
WELCOME**



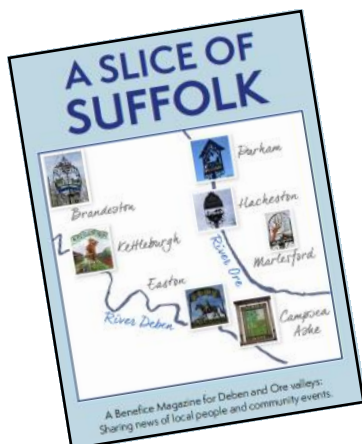
Sunday Café is sponsored by All Saints Church

*A Slice of Suffolk
The benefice magazine
With all you need to know about
church services and what's going on
in the other villages.*

**Please send me any items of
interest about your village by 21st
of the month and if you can keep
your article to less than 120 words
that would help enormously.**

infoforSOS@gmail.com

The magazine covers Campsea Ashe,
Brandeston, Parham, Hacheston,
Kettleburgh, Marlesford and Easton.



Suffolk Churches Ride and Stride



Suffolk
Historic
Churches
Trust

**Saturday,
9 September 2023
9.00am - 5.00pm**

Local Organiser
from whom sponsorship
forms are available:

**Jane Woodbury-
Eggs**

T: 746667



Visit shct.org.uk for more information.

You can also find us on Facebook and Twitter.

Sponsorship money raised will be divided between Suffolk Historic Churches Trust
and the church or chapel chosen by the participant.



Neighbourhood Watch

News for September

Your Connected Home

The number of electrical and electronic items in your home that can be monitored and controlled via your Wi-Fi is growing all the time. These range from security systems and cameras and dimmable lightbulbs to your children's smart toys. It is even possible to buy a refrigerator which tells you when you need to stock up on food. These products are normally linked to their own app on your smartphone or tablet, but also increasingly popular are smart TVs which are linked to the internet, and smart speakers via which you can control household functions including ordering online with a simple voice command.

However, there are drawbacks ... such as being locked out of your home by your electronic locks in the event of a power failure. More commonly, however, the risks are connected with your devices transmitting data. These exist because of users' limited knowledge about securing them, but sometimes also poor security protocols and procedures on the part of manufacturers, of which using the same default set up password for every device shipped is a prime example.

The risks

- The data transmitted by your smart devices could potentially be unlawfully intercepted, the results ranging from having your security systems disabled or your heating thermostat set to maximum, to your child's physical location being revealed via their tablet or your every move being spied on via your own cameras.
- The data collected by device manufacturers – which should be used for product support and R&D purposes – could be exploited for inundating you with marketing campaigns from the manufacturers and/or third parties.
- Smart product manufacturers and app developers could obtain data about your personal preferences and habits which you would rather remain private.

Making sure your connected home is safe and secure

- Ensure that your Wi-Fi is secure (see below).
- For devices for which you need a password (as well as your Wi-Fi password) to connect, replace factory-set passwords with secure ones you create yourself.
- Never use the same password for more than one connected device, nor share passwords with those you already use for other online accounts.
- Make sure that all your computers and mobile devices are fitted with updated internet security software/app, and also that access to these devices is protected with a PIN or passcode.
- Check the apps associated with your connected devices and install updates as soon as prompted. Also, regularly check manufacturers' websites for updates, as they can be slow to push them out via the apps.
- If you can, disable remote-management access and other powerful network tools if they will not be used.

Consider that buying well-known, reputable brands means that more care has probably been taken in securing the products – and your and your family's security.

If you become a victim of fraud through your connected devices or for any other reason, report it as soon as possible to Action Fraud on 0300 123 2020, or at www.actionfraud.police.uk.

Wireless Networks

Wireless networks have revolutionised the way we can use computers and mobile devices, both in the home and office – and when we are out and about. Home and office wireless networks make it easier to use the internet and send and receive email in any room in the building and even outside... and enable visitors to do likewise. However there are risks.



The risks

If your wireless hub/router/dongle is not secured, other people can easily gain access to it if they are within range. This can result in unauthorised people doing the following:

- Taking up your bandwidth – affecting the online speed of your own computers and other devices.
- Using your download allowance, for which you have paid your Internet Service Provider (ISP).
- Downloading inappropriate material, which would be traced to your address and not their computer.
- Accessing sensitive information that you may be sending or receiving online.

Safe wireless networking

All of the above risks can be avoided simply by ensuring that the wireless hub/router/dongle that you wish to connect to is secured. To check that this is the case, simply search for available wireless networks, and those that are secured will be indicated with a pad-lock symbol.

When you first connect a computer, smartphone, tablet, printer or any other wireless-enabled device to any wireless hub/router/dongle, you will be prompted to enter a password/key, provided the network is in secure mode. This will enable the device to connect on this occasion and, normally, for future use. The Wi-Fi key and admin password will be supplied with the hub/router/dongle, but we recommend you change it to secure ones of your own choice.

If you receive a prompt to download updates to, or new versions of, router software, do so immediately to ensure that security is maintained.

If for any reason a home/office/mobile wireless hub/router/dongle you wish to connect to is not secured, consult the user manual. Ensure you have effective and updated antivirus/antispyware software and firewall running before you connect to a wireless network. Keep Wi-Fi codes safe so that others cannot access or use them. Remember that the access code is usually printed on the hub/router, so take care to either remove it, or make the hub/router itself inaccessible in the event of an intrusion or people you do not know on your property.

Courtesy of Suffolk Neighbourhood Watch

Letheringham Notes

Monday Mardles

at Easton and Letheringham Village Hall

Monday 4th September

'Languard Fort - Felixstowe through the Ages' presented by Gerry Dunleavey

Monday 13th November

'My Life in UK Customs'
presented by Jim Jarvae

Mardles begin at 7.00 pm and £10 entry includes
A complimentary glass of wine and nibbles.

Another date for your diary:-

Friday 1st December

at Easton and Letheringham Village Hall

Wine Tasting

Wine Tasting with a selection of wines to taste and order (in time for the Christmas festivities), from Luke Flunder of Flunder Wines based in our neighbouring village of Clopton. Further details to follow.

Contact Janet Ross - 01728 746228 if you need further information on any of the above.

Tides of Change - 2 million years on - the Suffolk Coast (Part 2)

*Reproduced by the kind permission of the author Tim Holt-Wilson and
The Touching the Tides Partnership Scheme*

The East coast is a frontier landscape where the North Sea recycles land, a process which has been happening for millions of years. While visitors may experience the beauty and tranquillity of this coast, local towns and villages know that the North Sea gives with one hand and takes away with the other. Shingle can bank up in one place while metres of cliff disappear overnight in another. So to:

Bawdsey

The Deben estuary meets the sea at Bawdsey. Powerful longshore and estuarine currents come together, and the result is Bawdsey Bar, a coastal spit which shifts shape constantly according to fluctuations in water energy and sediment supply.

The shingle banks are almost entirely flint pebbles, but fragments of mineralised bones and teeth may sometimes be found in it, also rare 'boxstones'. These are pieces of brown sandstone often containing the cast of a fossil of Miocene age; the best place to see them is probably Ipswich Museum. As no Miocene beds have yet been found in Suffolk, the 'boxstones' probably represent the broken up remnants of such a bed incorporated into the basal strata of the Red Crag or Coralline Crag. Dark grey lumps of London Clay derived from elsewhere on the coast may also be found; they often contain round holes where bored by piddock shells.



Red Crag cliffs, showing cross-bedding structures. Introduced holm oak, tamarisk and silver ragwort give the cliffs a Mediterranean aspect.

Red Crag features in the cliffs east of Bawdsey Manor. This is the largest exposure of these beds in Britain, and it has been designated as a SSSI. Rusty coloured, fossil-rich sandstones can be seen in the upper half of the cliff, with their surface sculpted by wind, rain and sea spray. The beds show a slanting structure known as crossbedding, indicating they were deposited as submarine dunes or sand-waves; their size suggests a water depth of 20 to 30 m (65 to 98 ft), and their orientation suggests a current flow direction towards the south-west, which is similar to the Suffolk coast today. The beds were deposited about 2.55 million years ago.



Bawdsey Bar at low tide

Back by popular demand!
 Some Dingbats to drive you crazy
 (answers page 34)

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Chuckle Corner



A truck loaded with Vicks Vaporub overturned on the motorway. Amazingly, there was no congestion for 8 hours.

1. BLOOD IS THICKER THAN WATER
2. BANANA SPLIT
3. FLASH IN THE PAN
4. LOST IN SPACE
5. SWEETHEART
6. FOREIGN LANGUAGE
7. LEMONADE
8. PIE IN THE SKY
9. READING BETWEEN THE LINES
10. SEARCH HIGH AND LOW
11. UNFINISHED BUSINESS
12. LEFT-HANDED
13. BROKEN PROMISE
14. HALF BAKED
15. TRAVEL OVERSEAS
16. TWO STEPS FORWARD ONE STEP BACK
17. ICE CUBE
18. CROSSWORDS
19. UNITED STATES (OHIO-IOWA)
20. SEE YOU AROUND

Answers to Dingbats

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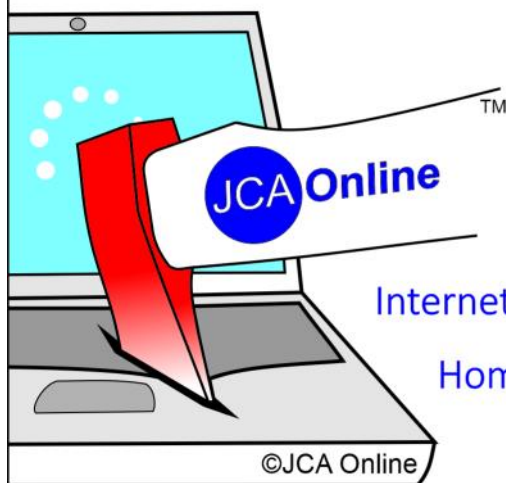
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