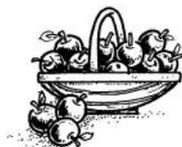


Easton Parish Magazine



September 2017
Price 25p

ALL SAINTS' CHURCH, EASTON

Priest-in-Charge : None—Vacancy

Churchwarden : Jane Woodbury-Eggs
Bickley, Harriers Walk
Tel: 746667
Please contact Jane initially to arrange
weddings, baptisms or funerals.

Treasurer : Carol Rook
Ivy Cottage, The Street
Tel: 746162

Magazine Editor : Clare Owen
5 Harriers Walk
Tel: 745015

For pastoral emergencies ONLY please contact:
The Rural Dean The Revd Mark Sanders
revmarksanders@tiscali.co.uk
Tel 768875

FLOWER AND CLEANING ROTA

	Flowers	Cleaning
2nd Sept	Jane Woodbury-Eggs	Jane Woodbury-Eggs
9th Sept	Mary Willson	Imogen Hayward
16th Sept	Mary Willson	Emma Gibbon
23rd Sept	Dot Blane	Dot Blane
30th Sept	Dot Blane	Dot Blane

A letter from Revd Canon Deirdre Parmenter

Dear Friends

When a rector/vicar retires it's not only the churches which are affected. Deirdre West's ministry was very much about community and there are many families across our seven parishes who have reason to be grateful for baptisms, weddings and funerals during her relatively short time as our incumbent.

Vacancies also are about working together across church, civic, and social activities to be the very best we can be for the good of all. It may seem a bit wobbly without someone at the helm, but there is nothing better than a challenge to bring out the best in collaboration and mutual support. Of course it can work the other way, but I am confident that with the blessing of our excellent Lay Elders (and a couple of resident retired priests, plus a couple of other locals) we will flourish together.

A really good example I believe was set by the young people and leaders of the Chalkwell Bay Sea Cadets from Leigh-on-Sea in Essex who camped at Marlesford recently who joined us at church and extended hospitality to us at their camp. They were a model for organisation and collaboration whilst also having lots of fun. Our Lord chose his companions from very differing backgrounds and abilities and provided us with an example of togetherness, sometimes in adversity, but never giving up on the main focus of the Kingdom.

I pray we will work together during this time of waiting for another Minister to lead us and at the same time we will be relaxed and confident enough to have fun in all we do with, and for, one another. I look forward to playing my part in moving on together.

Every blessing

Deirdre



Church Matters

Vacancy

Meetings are ongoing about how our Benefice will cover the costs of a priest and an action plan is in preparation. We have been asked meanwhile to agree to a suspension of presentation which gives us more time to be clear about the way forward. This just means that none of the Patrons can come forward and insist on a candidate for the post straight away. The suspension is nominally for five years, but the Bishop can cancel it at any time when we are ready. Please keep praying for the way forward and this time of vacancy.

Benefice Services

The benefice service on 3rd September will be at Marlesford at 10 am when Archdeacon Ian Morgan will take the service.

The benefice service on the first Sunday in October (1st) is at Parham at 10 am.

Ride and Stride

The annual Ride and Stride for the Suffolk Historic Churches Trust is on 9th September. Look out for lots of extra cyclists and do support this worthwhile cause (details on page 8).

Discussion Group

The Discussion Group will restart on 6th September at Almond Cottage at 10.30am. Our topic is the life of King David (1 Samuel chapter 16 to 2 Samuel chapter 24).

We start our meetings with coffee/tea and a chat and new members are always welcome.

Dates for your Diary

There will be no Sunday Café in September. No bacon rolls or luscious cakes this month!

Our **Harvest Service** followed by lunch in the Village Hall will take place on 8th October. Please put the date in your diary and look out for more details next month. We shall be collecting tinned and packet food for the Chapman Centre for the homeless in Ipswich.

There is a PCC meeting on 10th October at 2 Black and White Cottages.

Jane Woodbury-Eggins

WEDDING BELLS



*The bells rang out on Wednesday 2nd August for the wedding of **Kate Emsley** and **Ed Holmes**. Kate had lived in Easton at The Octagon until she was about 12 years old. She attended the village school and Sunday School at All Saints.*

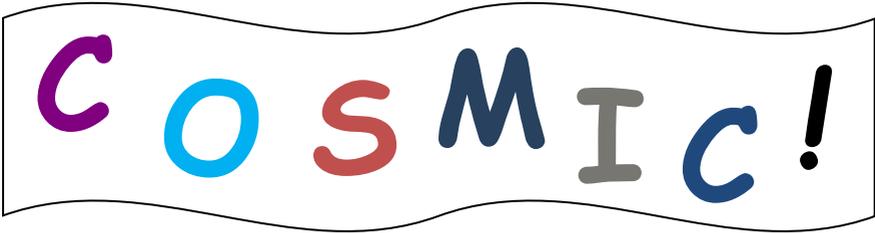
Kate and Ed have been coming to our church on a regular basis and it was wonderful to celebrate their special day with them. The service was taken by the Reverend Robin Alderson and it was a very relaxed and special time for the happy couple and the congregation.

The reception was held at Easton Grange and despite the horrendous rain, they still managed to have a photo shoot in the grounds.

We send our love and congratulations to Kate and Ed as they start their new life together as a married couple at their home in Framlingham.

Carol Rook

It's



Generosity costs nothing

This month at COSMIC we are talking about being generous to each other as well as ourselves.

We will be looking at all the things we want to thank God for. Who do you think we should be generous to? Who near to us needs our help and what about the wider world? Who needs our generosity?

Our sweets game will be about sharing, so come along and make sure you get a generous and fair share of the tasty sweets!

**Come and join us on Sunday 24th September at 11am,
All Saints Church, Easton**

Emma Gibbon T: 746866



COSMIC
(Children on Sunday Morning in
Church)

ALL SAINTS CHURCH, EASTON
hosting

Sunday Cafe



**Sorry, café is closed in September
due to holidays**

**We'll be back in October and look
forward to seeing you then**

Shoebox Appeal

An early reminder that it is the time of year we need to start thinking about our shoe boxes for families and elderly people in need who are cared for by Link Hope Charity. I will give more information in the parish magazine next month. In the meantime, please find your shoes box(es) and start collecting items to put in them.

If you would like more details now about the Link Hope Charity Family and Elderly Shoebox Appeal, please contact me, Lynne Townsend, on 01728 521525 or go to the website:

[Www.linktohope.co.uk](http://www.linktohope.co.uk)

Wednesday Holy Communion & Friday Prayers

Did you know that you can go to church on other days apart from Sundays? In our new Orebeck Benefice (the churches of Kettleburgh, Brandeston, Easton, Hacheston, Campsea Ashe, Marlesford and Parham), other regular times of worship are held:

- **Every Wednesday at 10.00am there is a short service of Holy Communion at Hacheston church. This is led by Rev Richard Ginn.**
- **On the Friday before our 1st Sunday of the month Benefice service, there is an informal time of prayer in the church where we meet that month. This takes place at 4.00pm. Everyone is welcome to join us.**

Of course, our churches are always open for you if you want to sit, or pray, in a quiet, special place.

Jackie Clark



Suffolk Historic Churches

Another year — Another Ride and Stride!

Saturday 9th September 2017

9.00 am to 5.00 pm

The Annual Sponsored Ride & Stride is a national event and every second Saturday in September cyclists and walkers all round the country are out making money for their local county Churches Trust.

The idea started in Suffolk, and consistently Suffolk has headed the table of funds raised. The Ride & Stride is the main source of income to Suffolk Historic Churches Trust to enable it to make grants to churches and chapels of all denominations towards repair and restoration costs.

The Ride & Stride is run entirely by volunteers with cyclists and walkers invited to seek sponsors who will undertake to pay an agreed sum of money for each place of worship visited by them between 9.00 am and 5.00 pm on Ride & Stride Day. The money raised by each participant is shared equally between the Suffolk Historic Churches Trust and the place of worship nominated by the cyclist. As important as the cyclists are the many volunteers who give up time during the day to man the churches and chapels and sign in the cyclists as they arrive. Hundreds of places of worship are manned and that takes quite a team of volunteers! It is a real community effort that is the lifeblood of the Trust.

If you would be prepared to ride or stride with sponsorship for our church, please contact me for sponsorship forms. I would also be grateful to hear from anyone willing to sit in the church porch on the day for an hour signing in visitors.



Thank you!
Christine Burgoyne
T: 747443





We return to Easton Village Hall on Tuesday 26th September at 7.30pm to welcome our speaker, Viva Bamford, talking on the subject of 'The Lost Cheeses of Suffolk'.

If you are interested in WI, please come along and meet us. We make no charge for the first visit. Membership to the end of this year is a pro-rata payment.

Enquiries to Janet on 746808 or

prenticejanet@hotmail.com

TWO VACANCIES ON THE PARISH COUNCIL

If you would like to join the Parish Council you will be very welcome.

As the lowest tier of government, the Parish Council is controlled by protocol laid down by central government. Training is available to enable full understanding of the role of a Parish Councillor. The role is one of responsibility and as such, is rewarding and important to the community.

Please send a letter of application to the Clerk or Chair. Should you like further details please don't hesitate to contact us.

Chair – Sue Piggott sue.e.piggott@btinternet.com

Clerk – Bill Dicks bill.dicks@blueyonder.co.uk

Village View in September



Gentle Exercise
Resumes 4th September
Mondays 2—3pm
Village Hall
Contact Adrian Smith on
07801 023365
See page 19 for more details.

Pilates—NEW!
Starts 6th September
Every Wednesday
9.15 am (advanced)
10.15 am (mixed ability)
Village Hall
See page 18 for more details.

Easton Belles WI
Tuesday 26th
7.30 pm
Village Hall

Mobile Library
Wednesday 27th
12.20—12.40 pm
Village Hall

Everyone Can Draw—NEW!
Starts 29th September
Every Friday for 10 weeks
10—12
Village Hall
See page 17 for more details.

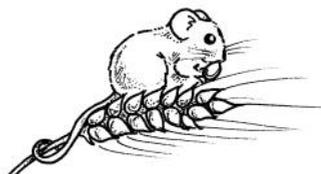
Sunday Café
None in September

Yoga Flow
Tuesdays
9.30 - 10.45 am
Village Hall
Contact Kat Hesse on 638604
for more information.

Table Tennis
Every Wednesday
6.30 pm Village Hall
£5 per session

Rabble Chorus Community
Choir
Thursday evenings
8—9.30 pm
Village Hall
First session free!

Easton Pre-School
New term starts Weds 5th Sept
The Hamilton Room at
Easton Farm Park
Mondays, Wednesdays or
Fridays 9.15am—3pm
Thursday mornings
9am-11.30am



Easton Parish Council

“Help Plan the future of the District”

Local Plan Review – Issues and Options Consultation

Town and Country Planning (Local Planning) (England) Regulations 2012 (as amended)

Suffolk Coastal District Council is committed to undertaking a review of its Local Plan as outlined in the adopted Core Strategy. The Core Strategy sets the broad scale and distribution of growth across the district up to 2027.

The Council is now undertaking a Local Plan Review which is to begin with the Issues and Options document which is published for public consultation from **Friday 18th August until Monday 30th October 2017 (23.45)**. The consultation document and other supporting information can be found through this link: <http://www.eastsuffolk.gov.uk/planning/local-plans/suffolk-coastal-local-plan/local-plan-review/help-plan-the-future-of-the-district/>

Key Message from Councillor Tony Fryatt,

Cabinet Member with responsibility for Planning:

Across the country, there is a serious shortage of decent, affordable housing and the average cost of housing is rising all the time. It is important that delivery of housing across this district matches the need of communities by building more homes that people want to live in, in places people want to live. To help communities, a Local Plan needs to provide housing opportunities for younger people, families and older people as well as encouraging a range of employment opportunities alongside the delivery of infrastructure at the right time.

A Local Plan can help deliver the vision for each community across the district by setting out the level of growth which needs to be planned for and identifies where that growth should go. This consultation is the first stage in the process and the first opportunity for members of the public, partners and interested parties to have their say.

As we move forward with the Local Plan, Suffolk Coastal will be working closely with our neighbouring authorities, Babergh, Ipswich and Mid Suffolk, to identify the most sustainable locations for future growth and development as well as balancing the need for infrastructure and economic growth.

The Issues and Options consultation document:

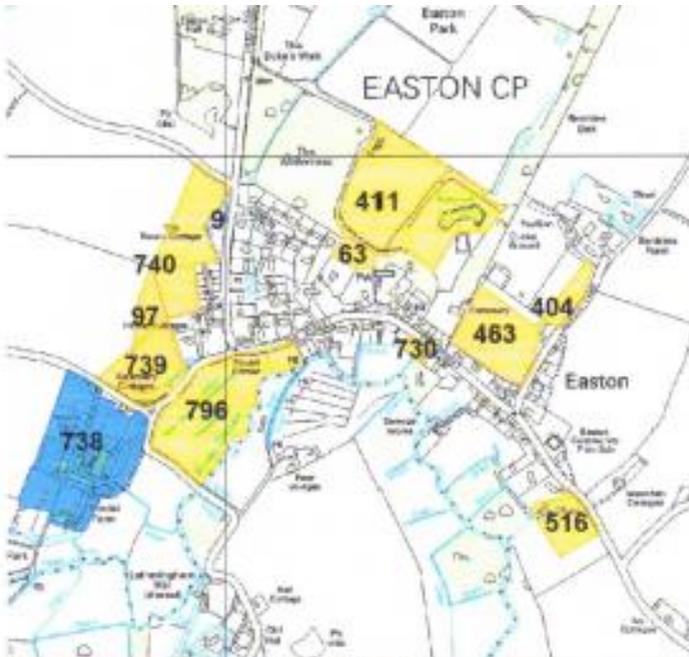
- o *considers the need for further growth in the area and where it should take place*
- o *poses questions on a variety of topics such as Community Facilities, Heritage, Tourism and Landscape*
- o *includes a large number of sites which have been put forward to the Council as “potential land for development” including housing, employment and other uses*
- o *These sites have been submitted by landowners, developers and other interested stakeholders*

Continued p.13

EASTON—POTENTIAL LAND PUT FORWARD BY LANDOWNERS FOR DEVELOPMENT

MAP KEY:

<u>Plot</u>		<u>Hectares</u>	<u>Dwellings</u>
9	Round Cottage, Fram Road	0.2	Unspecified
63	Rear of Four Pheasants	0.3	1
97	Pound Corner adj Round House	2.3	47
404	West School Lane	0.5	5
463	Cemetery Field	2.0	20
516	Osiers	1.0	18
730	The Street	0.2	3
740	Kettleburgh Road	2.3	46
739	Sanctuary Field	1.6	33
411	East Harriers Walk	5.1	102
796	West Hunt Kennels	3.7	74
738	Farm Park	4.6	Mix business/ dwellings



- o *At this early stage all the sites received have been published as part of this consultation, regardless of known constraints, for transparency and openness*
- o *Far more sites have been put forward than we actually need*
- o *These sites currently have no formal planning status*
- o *We will thoroughly assess all sites and reduce the number down as the Local Plan progresses through future rounds of public consultation.*

Public consultation and engagement is an important part of the Local Plan process and throughout the consultation period a series of drop in sessions have been arranged. These drop in sessions are open to anybody who wishes to find out more about the consultation and are being held in the following venues on the dates listed below:

Venue	Date and Time
Yoxford Village Hall (Main Hall) Old High Road, Yoxford, IP17 3HN	Monday 11 th September 16.00-19.30
Tower Hall 5 Broadlands Way, Rushmere St Andrew, Ipswich IP4 5SU	Thursday 14 th September 16.00-19.30
Felixstowe Town Hall (Council Chamber) Undercliff Rd W, Felixstowe IP11 2AG	Monday 18 th September 16.00-19.30
Suffolk Coastal District Council (Deben Room) East Suffolk House, Station Road, Melton, IP12 1RT	Tuesday 26 th September 16.00-19.30
Wenhaston Village Hall Narrow Way, Wenhaston, Halesworth IP19 9DP	Wednesday 27 th September 16.00-19.30
Kirton Recreation Ground (The Pavilion) 12 Alley Rd, Kirton, Ipswich IP10 ONN	Monday 2 nd October 16.00-19.30
Riverside Centre 6 Great Glemham Rd, Stratford St Andrew, IP17 1LL	Wednesday 11 th October 16.00-19.30

Throughout the consultation document a series of questions have been raised and the Council welcomes comments on the questions and issues relevant to you.

The Issues and Options represent the first stage of Local Plan consultation and is the first opportunity to let the Council know your thoughts and ideas as to how the district is to be developed up to 2036.

Should you have any comments to make on the consultation document, or any part of the supporting documents please submit your comments to be received no later than **23.45 on Monday 30th**

October 2017 via:• The Council's new on-line consultation system which can be accessed via: <http://consult.suffolkcoastal.gov.uk/consult.tj>

• Email to suffolkcoastallocalplan@eastsoffolk.gov.uk, or• Letter addressed to Planning Policy & Delivery Team, East Suffolk House, Station Road, Melton, Woodbridge, IP12 1RT.

SUMMER SPORTS IN EASTON

We are coming to the end of the season now and results for both clubs are looking good so far. Before the summer ends, why not come and visit one of the clubs to watch a game and enjoy a drink on a nice summer's day or evening.. Perhaps you would like to become a social member in which case you can arrange that when you visit.

SEPTEMBER FIXTURES



Cricket

Sat	02	1st XI	v	Copdock & OI II	Home
		2nd XI	v	West Mersea	Away
Sun	03	Sunday XI		Cup Final	Home
		Ladies XI	v	Thriplow	Away
Sat	09	1st XI	v	Ipswich & ES	Away
Sun	10	Sunday XI	v	Saxmundham	Away
		Ladies XI	v	Woolpit	Home
Sat	16	1st XI	v	Mildenhall II	Home
Sun	17	Ladies XI	v	Camra	Home

Matches start at 1.00pm

Bowls



Sun	03	Open Comp	Ransome Trophy	Home	11.00
Mon	04	Open Comp	Pairs Tournament	Home	10.00
Tue	12	Friendly v	Wkm Mkt Triangle	Away	7.00



HIDDEN GARDENS 2017

More photographs of the day
appear on the village website.



NEIGHBOURHOOD WATCH

NEIGHBOURHOOD WATCH

Message from Suffolk Police

Police are warning that there has been a spate of rogue callers claiming that they must turn the electricity off because there is a problem. They either ask for money, allegedly for a generator while the problem is fixed, or they distract the occupier while someone else tries to gain entry, usually at the rear of the property. Don't open your door unless you feel it is safe to do so and should you see or have someone knock and make such claims, close the door and report it to the police at once by calling 101. A number of rogue calls have taken place in August over a large area. Leiston and Beccles were two areas targeted. They could turn up anywhere.

Identity fraud figures soar

Cifas, the UK's leading fraud prevention service, has released new figures showing that identity fraud has continued to rise at record levels in the first six months of 2017. A record 89,000 identity frauds were recorded, up 5% from last year.

How fraudsters operate

The vast majority of identity fraud happens when a fraudster pretends to be an innocent individual to buy a product or take out a loan in their name. Often victims do not even realise that they have been targeted until a bill arrives for something they did not buy, or they experience problems with their credit rating.

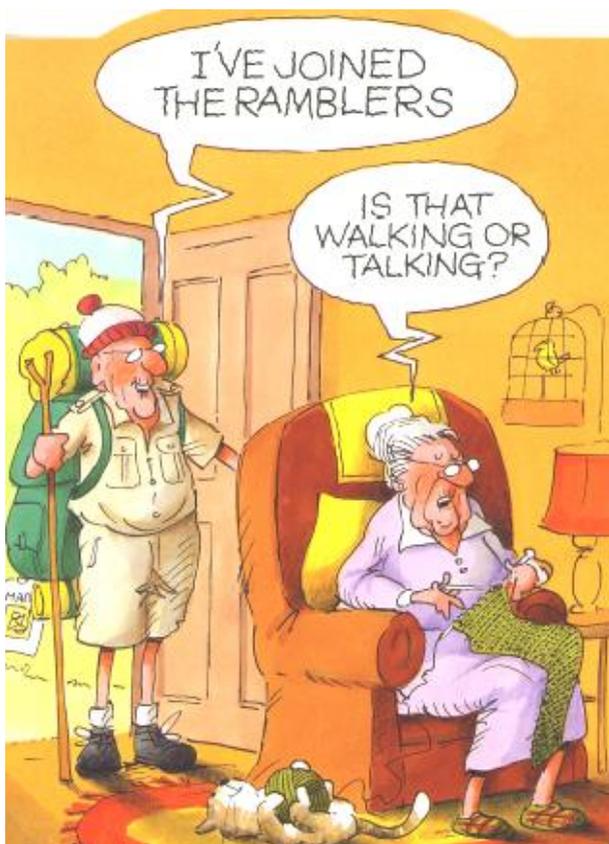
To carry out this kind of fraud successfully, fraudsters need access to their victim's personal information such as name, date of birth, address, their bank and who they hold accounts with. Fraudsters get hold of this information in a variety of ways, from stealing mail through to hacking; obtaining data on the 'dark web'; exploiting personal information on social media, or through 'social engineering' where innocent parties are persuaded to give up personal information to someone pretending to be from their bank, the police or a trusted retailer.

How to protect yourself from identity fraud:

- Set your privacy settings across all the social media channels you use. And think twice before you share details – in particular your full date of birth, your address, contact details – all this information can be useful to fraudsters.

- Password protect your devices. Keep your passwords complex by picking three random words, such as roverducklemon and add or split them with symbols, numbers and capitals, eg R0v3rDuckLemon!.
- Install anti-virus software on your laptop and any other personal devices and then keep it up to date. MoneySavingExpert have a recommended list of the best free anti-virus software: www.moneysavingexpert.com/shopping/free-anti-virus-software
- Take care on public wi-fi – fraudsters hack them or mimic them. If you're using one, avoid accessing sensitive apps such as mobile banking.
- Download updates to your software when your device prompts you – they often add enhanced security features.

John Owen



AUTUMN TERM

EVERYONE CAN DRAW

with...

*Samantha Barnes
& The Art Retreat*



A 10 week course

FEE PER TERM:

full: £108.00 over 60:

£102.60 benefit: £75.60

AT EASTON VILLAGE HALL

On Friday mornings 10.00-12.00

Starting on Friday 29th September



Drawing is the building block to all art and design and can lead you into new creative areas that you had never thought of before. This course is very welcoming and suitable for all levels. Its official title is 'Experimental Drawing' and we will be playing with line, form, tone & mixed media art materials - all great fun & no two weeks will be the same. By the end of the course, you will feel much more confident about various art materials, be looser in your approach to drawing and will have experienced working from still life, plein air (outdoors) and even life drawing too.

Samantha Barnes is a visual artist that runs 'The Art Retreat' in Woodbridge. Her own work is very drawing based and you can view some on her website which is www.samanthabarnes.com. Trained at Edinburgh College of Art, Samantha will be delivering these weekly workshops in a light hearted, quirky manner which is great fun and very welcoming. Come & Join us!

PLEASE NOTE: OUR ENROLMENT SYSTEM OPENS FOR BOOKINGS THE WEEK OF 21ST AUGUST, AND CAN BE FOUND AT

www.coastalleisurelearning.co.uk

or call 01728 833171

pilates

with Kelly



Have you heard...Pilates is coming to **Easton Village Hall!**

Starting Wednesday September 6th
9:15am (advanced)
& 10:15am (mixed ability)

Call **07919 377855** to book your place
or email **Pilateswithkelly@hotmail.co.uk**
for more information.
Classes are filling up fast so don't miss out!

www.pilateswithkelly.co.uk

Come join the fun!
See and feel all the amazing benefits of Pilates.

Sitting or standing gentle exercise classes



Gentle exercises

that are set at your

pace and ability.

Classes include flexibility, strength and cardio.

All done in a fun and friendly environment.

Each exercise will help with everyday lifestyle activities, whether you want to maintain or improve a level of fitness and mobility, or you have joint or medical referral assistance, the classes will support these.

Adrian Smith is a qualified Personal Trainer and exercise referral specialist, tutoring in health and fitness for many years. Whether it is exercise or healthy eating advice you want, come along and try the class out.

Where: Easton Village hall

When: Monday—Starts 4th September
running in line with school term times.

Time: 2pm – 3pm

Cost: £5 per session.

Contact Adrian Smith for further details:

email: adriansmith7@hotmail.co.uk mobile: 07801 023365

Adrian Smith is fully insured through UK Coaching and is a member of the Chartered Institute for Management Sport and Physical Activity.

An interesting piece of Easton history

My thanks to Alison Gibson for this newspaper cutting about her husband Jack, published in the East Anglian Daily Times, Saturday 11 July 1987—practically thirty years ago to the day. Church fundraising clearly just as necessary then as it is today. Ed

Highest bidder enjoys flight in Shadow

Pensioner Jack Gibson enjoyed a bird's eye view of his home yesterday as he took to the Suffolk skies for a trip in the award-winning Shadow microlight.

Mr Gibson, 70, from Easton near Wickham Market, got the chance of a trip in the Shadow after bidding for the flight at an "auction of promises" held earlier in the year.

The auction was staged to raise money for the restoration fund at Easton Parish Church and Mr Gibson—treasurer of the parochial church council—outbid everyone else with an offer of £110 for the opportunity to take to the air and also visit the premises of Shadow manufacturers CFM Metal-Fax Ltd, on the Eastlands industrial estate in Leiston.

Yesterday, Mr Gibson joined the Shadow's designer David Cook at Parham airfield for a flight aboard the mini-aircraft and a view from the skies of his home and the surrounding countryside. Mr Gibson, of Homefield, Easton, who served as a navigator in the RAF during the 1939-45 War and occasionally travels in his son's light aircraft, said afterwards, "It was a marvellous experience, and it is quite an incredible machine.

"I was happy to pay £110 for the flight, because it was all for a good cause and I wouldn't have missed it for the world."

Some £25,000 is needed to help restore All Saints Church at Easton, and further events are planned to help bring in more money.



Photo right: Jack Gibson boarding the Shadow microlight for his trip.

Photo above: A later version of the Shadow microlight built originally in Leiston.



Village People

Maureen Birt

How long have you lived in Easton?

Thirty-eight years

What made you move here?

My husband David and I both wanted to come back to Easton. He had lived here most of his life and in my previous marriage I too had lived in the village. We were living in a tied cottage in Kettleburgh and decided to buy our own home in the village.

What's your favourite thing about living here?

The open countryside and the friendliness of the people.

What's your *least* favourite thing about living here?

The increase in traffic over the years and people not respecting the speed limit.

What's the most interesting job you've ever had and why?

When I worked for the RSPCA at Martlesham looking after dogs and cats that came to the home through no fault of their own. It was very rewarding when we found them loving new homes. I have been a life long member of the RSPCA.

Have you ever lived in another country?

No, I have never lived in another country. I have been abroad many times on holiday, but always looked forward to coming home to Easton.

My greatest strength is ...

Now going through a third bout of cancer and not giving in to my unwanted 'friends' in my liver.

My greatest weakness is ...

Enjoying a cigarette, like some people enjoy a glass of wine.

My favourite TV programme is ...

I don't have a particular favourite, but I do love watching thriller movies and the National Geographic channel, and, of course, soaps!

My favourite book ever is ...

When I was a child, 'Black Beauty' by Anna Sewell. And now, 'War Horse' by Michael Morpurgo.

If you could pass any law you would ...

Bring back capital punishment and a prison sentence of life would mean life.

My favourite places in the UK (other than Easton!) are ...

I have no other place that I would want to live. Easton is a beautiful village and I just hope it doesn't expand any more.

The best day of my life was ...

Getting married to David. We have been married now for forty-two years. At last I had met someone with whom I could be myself. My previous marriage had been very different.



MONEDDEN LOCAL HISTORY SOCIETY 2017-2018

PROGRAMME

2017

13th Sept	Miriam Stead	Bawdsey Radar Story
11th Oct	Sheila Harrison	The Diary of a Country Parson
8th Nov	David Wood	History of Languard Fort
13th Dec	Robert Simper	The River Deben from Source To Sea

2018

10th Jan	Tony Diamond	Oliver Cromwell
14th Feb	Peter Booth-Smith	The History of Tea
14th March	Helen Geake	A Day in the Life of Helen (her job)
11th April	Dr Kate Jewell	Cakes, Ale and Partying, Feasting and Fundraising

Membership is £14 for the year, otherwise £2.50 per evening.

Meetings take place at Monewden Village Hall starting at 7.30 pm.
The first evening starts with a short AGM.

Glorious insults from an era before the English language became boiled down to four letter words

“He had delusions of adequacy.” Walter Kerr

“I didn’t attend the funeral, but I sent a nice letter saying I approved of it.” Mark Twain

“He has no enemies, but is intensely disliked by his friends.” Oscar Wilde

“He is a self-made man and worships his creator.” John Bright

“I’ve just learned about his illness. Let’s hope it’s nothing trivial.” Irvin S Cobb

“He is simply a shiver looking for a spine to run up.” Paul Keating

“His mother should have thrown him away and kept the stork.” Mae West

“He has Van Gogh’s ear for music.” Billy Wilder



Free Mindfulness Course for Carers

**Are you the main carer for a family member at home?
Or do you have a family member in care?**

A special course for carers to relax and de-stress and enjoy a free eight week course with a 'one off' cost for a book with CD to practice at home for approximately £15.

**Not sure it's for you? Try our free taster session on
Tuesday 12th September, 2—3.30 pm
(booking not required for this session)**

The free weekly course starts on Tuesday 26th September.

**Led by
Anne Marie Bealing—Professional presenter
specialising in Mindfulness courses.**

**Where?
The Nettus Barn, Moat Farm, Otley IP6 9PE
In peaceful countryside with ample off road parking.**

More details

Email Jackie at thenettus@hotmail.com or call 07505 146415



EASTON
PRE-SCHOOL
HAS MOVED TO



**Contact us to
arrange a visit!**

01728 746935

www.eastonpreschool.org.uk

The Hamilton Room, Easton Farm Park, Easton IP13 0EQ



FOR SALE

**A trailer full of seasoned logs
for £75**

Contact numbers:

01728 747970

Or 07775 334876

CONTACT DETAILS OF COUNCILLORS THAT SERVE EASTON

Parish Councillors:

Chair :

Sue Piggott
T: 01728 746622
(Also Highways Officer)

Vice Chair :

Adrian Hollins
T: 01728 746053
(Also Pathways Officer)

Michael Coney
T: 01728 746181
(Also Tree Officer)

Fiona Siddall
T: 07970 450245
(Joint Play Area Officer)

Bob Gibbon
T: 01728 746866
(Joint Play Area Officer)

Clerk :

Bill Dicks
T: 01728 638453
E: clerk.eastonsuffolk@virginmedia.com

Suffolk County Councillor

Robin Vickery
T: 07545 423827
E: robin.vickery@suffolk.gov.uk

Suffolk Coastal District Councillor

Carol Poulter
T: 07833 441349
E: carol.poulter@suffolkcoastal.gov.uk

**A copy of the latest draft minutes
of the Parish Council can be read
on the PC noticeboard in the
village car park.**

Do you have something to put in the magazine?

Contributions to the next Parish Magazine should arrive by the 20th of the month before, either by email or by handwritten piece, please.

My email address is :-
clareeowen@tiscali.co.uk
or handwritten pieces to me at 5 Harriers Walk,

Village Hall Bookings

Contact Jean Blackwood-Pugh
Email: jeanmbp@gmail.com
Tel: 748378

WEBSITE ADDRESS FOR VILLAGE HALL

www.suffolkvillagehalls.co.uk
... and search Easton

EASTON PARISH COUNCIL WEBSITE

The Parish Council Website is where you will find all Parish Council documents and information. The address is:

<http://easton.suffolk.cloud/>

For more information on your local villages, visit the parish websites:-

www.easton.onesuffolk.net
www.brandeston.net
www.kettleburgh.suffolk.gov.uk
www.campseashe.onesuffolk.net
www.marlesford.com
www.parham.onesuffolk.net



ANDREW MASKERY ASSOCIATES

Livestock Care & Agricultural Supplies

VISIT OUR TRADE COUNTER:

Unit 21,
Saxtead Business Centre,
Saxtead, Framlingham,
Woodbridge, Suffolk
IP13 9RD

Office Telephone:
01728 685235

- Farm, Smallholder & Yard Needs ■ Tools, Hardware & Maintenance
- Pest Control ■ Fencing ■ Hygiene ■ Surgical & Health
- Clothing & Footwear ■ Household, Workshop & Garage

VIEW OUR ONLINE CATALOGUE:

www.andrewmaskery.co.uk



THE BOOK

Cellar

Quality second hand and new books

*Great range of new children's books at
below publishers' prices*

Over 1000 titles in stock

Browsers welcome

Open 10—5 Daily

Closed Mondays

Stonham Barns
Retail Village
Pettaugh Road
Stonham Aspal
IP14 6AT

T: 07825 618735

DAVE CHAPMAN

MoT and Service Centre

MoTs • Servicing • Tyres • Exhausts • Brakes
Air Conditioning • Diagnostics • Cambelts • Batteries

Unit 2, Anson Road,
Martlesham Heath, Ipswich IP5 3RG
Telephone: 01473 621502/610428

Do you like to travel?

Would you like your own personal 'conciierge' to make your holiday arrangements for you and deliver your travel documents to your door?

Travel With Jules is a fully bonded Independent Travel Agency, based in Easton. Shop

local! Contact Julie on

748209 or email

jules@travelwithjules.co.uk

www.travelwithjules.co.uk



Travel
with Jules

aaron
nobb's
ELECTRICAL LTD.

DO-

MESTIC, AGRICULTURAL &
COMMERCIAL INSTALLATION &
MAINTENANCE EVENT LIGHTING &
POWER

T: 01728 684422

M: 07976 638434

E: info@aaronnobbselectrical.co.uk

www.aaronnobbselectrical.co.uk

K Thomas and Sons Ltd

Extensions, Renovations
and General Building work

Tel 07944921633

or [07796925313](tel:07796925313)

Holiday Home Management

Leave your property in our
hands to give you complete
peace of mind.

- Cleaning, maintenance, garden and shopping services.
- Key holding service.
- Regular property checks
- Pet feeding/care.



LEA PROPERTY
SOLUTIONS

Please contact Lucy on 07811 217072
www.leapropertyolutions.co.uk

BRIDGE HOUSE & JENNIFER BAKER CATERING

Catering for parties in our
16th Century farmhouse or
at a location of your choice.

**BRIDGE HOUSE OFFERS BED
AND BREAKFAST.
OPEN ALL YEAR**

01728 685473

EARL SOHAM



www.bridgehouseuk.com

happi
days
DOG DAY CARE

For all your
best friend's
needs!



- Day crèche at Rendlesham or Martlesham
- Boarding in our purpose-built lodges in woodland in Eyke
- Socialising for puppies and your less confident pooches ...

... and much much more.

Call 01394 420468

or 01473 623661

