

Easton Parish Magazine



September 2016

Price 25p



ALL SAINTS' CHURCH, EASTON

Priest-in-Charge	Revd. Deirdre West Smokey House, The Common, Tunstall	Tel: 688340
Churchwarden	Jane Woodbury-Eggs Bickley, Harriers Walk	Tel: 746667
Treasurer	Carol Rook Ivy Cottage, The Street	Tel: 746162
Magazine Editor	Clare Owen 5 Harriers Walk	Tel: 745015

Dear Friends

September is still a favourite holiday month for many, and so it is also a good time to get life back into balance again while the sun still shines occasionally and the evenings are not too short, finding some time to sit and think, to 'let go' any bad feelings from the past as well as any worries we may have about what the future holds.

That's why I want to write about the importance of 'living in the present' - to try and stress the importance of living each day as it comes, and of seeing and appreciating TODAY as we experience it. To do this is to give each day its true value. And this seems to me to be particularly important this year as we share in and suffer, through the media, the many violent atrocities that are occurring in countries worldwide. As a nation we've put a lot of soul searching into looking at our future membership of the EU and in this matter, regardless of our individual decisions to stay or leave, the people have spoken and we must now trust our government to negotiate the best deal it can for the UK. And while it does what it is elected for, we must simply continue to live each moment as it comes and each day as it happens, and pray for peace in our damaged, troubled world.

To live in this way helps us value each other for what we are to each other, and value each day for what we can do in it. It gives us the stability to meet success and achievement with simplicity, and the strength to live through the trials and disappointments of life as we meet them. To live in this way enables us to cherish each day for the gift of life that it contains, and hold on to a sense of purpose in our lives. All of us need this, whether "Faith" or religion does or does not have a place in our lives. So wherever this September takes you, I hope each day will bring you at least a little relaxation, time to think, and give you a sense of renewal and some peace.

With love in Christ, Deirdre



Church Matters

Harvest Festival and Lunch

Please come and join us on **Sunday 11th September** for our Harvest Festival and lunch. As usual we are marking God's blessing and generosity to us by collecting gifts of tinned or packet food to send to the Chapman Centre for the homeless. Please bring any offerings and also any flowers or fruit/vegetables for decorating to the church on Saturday 10th or leave them in the church beforehand.

The collection at the service will be for the charity Mary's Meals which provides a free meal in school for children in poor countries. This is often the only meal they get and it encourages them to attend school and get an education.

You do not have to come to the service to attend the lunch (cottage pie and peas followed by puddings), so feel free to come to the Village Hall at about noon as the lunch is a good community "get together" occasion. Details on page 5.

Benefice Services

The benefice service on 4th September will be at Brandeston at 10 am.

The benefice service on the first Sunday in October (2nd) is at Campsea Ashe at 10 am.

Discussion Group

The Discussion Group restarts on 7th September at 10.30 am at Bickley, Harriers Walk. The topic will be "Meals in the Bible". The meeting starts with tea/coffee and is quite informal. New members are very welcome.



PCC Meeting

There will be a PCC meeting at Easton House on Tuesday 20th September at 7.30 pm

Suffolk Historic Churches Bike and Stride

It's not too late should you wish to take part in raising money for our church and Suffolk churches as a whole by a sponsored bike ride or walk. It is on Saturday 10th September between 9 am and 5 pm. Contact Christine Burgoyne on 747443 for details.

Dates for your Diary

No major dates in October.

Jane Woodbury-Eggins

A NOTE FROM DEIRDRE

United services are held every 1st and, where there is one, 5th Sunday. They are occasions when all 7 parishes 'are together' in one place.

If you are not familiar with them, the congregational hymn singing and the other service music is led by our choir, who will also sing an introit to start the service and an anthem later in the service. They are accompanied either by one of our own resident organists or occasionally by a 'guest' organist. But, whoever is playing, and we have some lovely instruments, they will all usually delight us at the end of the service with an appropriate organ voluntary.

I know that many people only want to attend their own parish church, but, and especially if you enjoy hymn singing, I would just ask you to consider whether or not you might just be missing out on something rather special.

Deirdre

ALL SAINTS CHURCH, EASTON

Sunday Café



**Sorry folks!
Sunday café is on
holiday in September**

**We'll be back in October. Come and
join us then for good food and a chat
with friends.**

FLOWER AND CLEANING ROTA

	Flowers	Cleaning
3rd Sept	Jane Woodbury-Eggs	Emma Gibbon
10th Sept	All Arrangers HARVEST FESTIVAL	All Cleaners HARVEST FESTIVAL
17th Sept	Jane Pollock	Jayne Gibson
24th Sept	Dot Blane	Dot Blane
1st Oct	Dot Blane	Dot Blane



HARVEST FESTIVAL & THANKSGIVING

**SUNDAY 11th SEPTEMBER
11.00 AM SERVICE**

**LUNCH AT APPROXIMATELY 12 NOON
VILLAGE HALL**

**EVERYONE WELCOME TO SERVICE AND/OR
LUNCH!**

Please bring gifts of tinned or packet food to send to the Chapman Centre for the homeless to the service. Any flowers or fruit/vegetables for decorating the church can be brought on Saturday 10th or left in the church beforehand.

Lunch of cottage pie and puds will follow the service. You DO NOT have to have attended the service to come to the lunch!

The meal is free, but we will be asking for donations to cover costs. The collection in church will be for Mary's Meals which provides a free meal for children at school in poor countries. It is often the only meal they get and encourages them to attend school and learn.



YOUR CHOIR NEEDS YOU!

You may have seen Deirdre's note on page 3 about sung services. Judging from the encouraging feedback we receive after these services, we think that the presence of the choir on these occasions is appreciated and welcomed. But, as with a lot of things in village life, we are heavily dependent on the willing few.

So, if you would like to help lead the congregational singing at these services, we shall be very pleased to welcome you. We are very friendly and don't bite. You don't need to be a sight reader, but the ability to sing vaguely in tune does help. The music is not too difficult nor is the commitment very great – sung Holy Communion on the first Sunday and, when there is one, the fifth.

We practice on Thursdays from 6.30 to 7.30, usually in Parham. We sing in rotation in all seven churches – so, effectively, about twice a year in yours. If you are interested, please let me know.

Michael Dawe 746441 or a.m.dawe@btinternet.com



EASTON BELLES



Tuesday 27th, 7.30pm Village Hall - Easton Belles will introduce their speaker Angela Lawrence. Her talk is entitled "A Suffolk Scandal in 1914".

Intrigued? Please join us for the evening, you will be made most welcome.

Enquiries: Janet Prentice T: 746808

EASTON & LETHERINGHAM VILLAGE HALL



We hope all users and residents have had a good summer and enjoyed the weather with friends and loved ones. We welcome back those regular users who have had a summer break.

On Saturday 13th August we held our live music and BBQ event with local band The Rhinos stealing the show. On a balmy summer evening, 100 people gathered at the hall to enjoy Pimm's, burgers and Roc 'n' Roll. Thanks to the band, the committee who ran a very busy bar and friends who managed the BBQ for us. It was a hugely enjoyable night with dancing late into the night. The evening is always one of most successful fundraising events of the year and this year we raised just under £1000. So thanks to all those of you who continue to support the events we put on.

Those of you with a keen eye will have noticed that the front of the hall has had a fresh coat of paint over the summer. The bright white walls, set off by the black border and windows have now been restored and look great. It has been 7 years since the committee last did the painting. This time we employed a professional painter and we are expecting it to last for 10 years. Simon Double, a local painter and decorator, carried this out for us.

NEXT EVENT

Nearly two years ago we ran a casino night to celebrate the 50th anniversary of the village hall. This was a special evening with fizz, cocktails, canapés and black ties and was a wonderful celebration. So by popular demand it's back! Our next event will be:

'A Night at the Casino' Saturday 28th October

For those of you who didn't attend last time, this is a risk free evening and the gambling is with play money. So included in your ticket you are given a number of chips to play with. The person at the end of the evening with the most chips wins a prize!

See separate advert for more details and how to get tickets. We look forward to seeing many of you again at a fun evening at the hall.

Ian Palfreyman

Easton & Letheringham Village hall presents..

◆ CASINO NIGHT ♠
♥ ♣

Saturday 28th October 2016

7.30pm onwards

Tickets £ 10

Including; canapés, and play chips

Pay bar only

**Tickets available from Margie Ransome 746818 and David Stagg 746054.
Limited number available**



Village View in September



Sunday Café
None for September

Easton Belles WI
Tuesday 27th
7.30 pm Village Hall

Mobile Library
Wednesday 28 September
12.20—12.40 pm
Village Hall

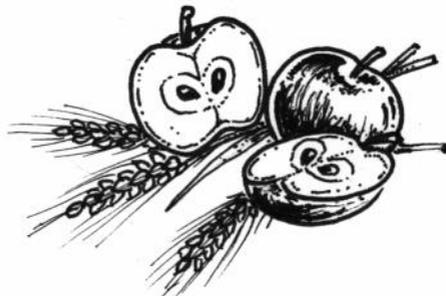
Rabble Chorus Community
Choir
Thursday evenings
8—9.30 pm
Village Hall
First session free!

Yoga Flow
Tuesdays
9.30 - 10.45 am
Village Hall
Contact Kat Hesse on 638604
for more information.

Table Tennis
Every Wednesday
6.30 pm Village Hall
£5 per session

Pilates—Sorry—No longer
running.

Easton Pre-School
Village Hall
Mondays, Wednesdays or
Fridays 9.15am—3pm
Thursday mornings
9am-11.30am
(Term starts 5th Sept)



NEIGHBOURHOOD WATCH



Something's a bit fishy ...

Residents are being warned by Suffolk Trading Standards to be aware of door-to-door fish sellers who are currently calling on households in the county, most recently in the IP2 area.

The Trading Standards team are asking people to watch out for unfamiliar traders trying to make a quick profit. Although there are some legitimate doorstep fish sellers trading in the county, residents are advised to be cautious if approached by any unfamiliar traders.

Some door-to-door sellers often target elderly or more vulnerable residents, convincing them to part with large sums of money for fish that is unlabelled or mislabelled, out of date or very close to being out of date, or that has been previously frozen.

Householders are also led to believe they are only buying a few pieces of fish but are then presented with much larger quantities and pressured into taking them, often handing over more than £100.

Consumers need to be aware of the following:

- Species of fish – can you be sure it's genuine cod? Is it genuine salmon?
- Don't feel pressured into paying for products you aren't sure you want.
- Are the seller's scales calibrated – are you really getting the amount of fish you are paying for?

If you have any doubts at all, don't buy from them. Instead buy from your local shop or supermarket or known mobile fish sellers who regularly visit your area.

For further help or advice telephone Citizens Advice Consumer Helpline on 03454 040506

John Owen



On 6th September a new national phone number “105” will be launched by electricity network operators for customers to call should they need to report or get information about a power cut in their area.

Key points to note about this service are:

- Dialling 105 will put customers through to their local electricity network operator – the company that manages the cables, power lines and substations that deliver electricity into homes and businesses in their area.
- 105 is just one of the ways that customers can contact their electricity network operator. They can also contact them by phone or via their website, and most network operators are on social media too.
- 105 is a free service for people in England, Scotland and Wales.
- Customers can call 105 no matter who they choose to buy electricity from.
- Customers can also call 105 if they spot damage to electricity power lines and substations that could put anyone in danger. If there’s a serious immediate risk, they should call the emergency services too.

Info from Parish Council



Shoebox Appeal

An early reminder that it is the time of year we need to start thinking about our shoe boxes for families and elderly people in need who are cared for by Link Hope Charity.

I will give more information in the parish magazine next month. In the meantime, please find your shoe box(es) and start collecting items to put in them.

If you would like more details now about the Link Hope Charity Family and Elderly Shoebox Appeal, please contact me on 621525 or go to the website:

www.linktohope.co.uk

Lynne Townsend





SUMMER SPORTS IN EASTON SEPTEMBER FIXTURES



Cricket

Sat	03	1st XI	v	IES	Away
		2nd XI	v	Melton St Audrys	Home
Sun	04	Plate Final			
Sat	10	1st XI	v	Maldon	Home

Matches normally start at 1.00 pm.

Bowls

Sun	04	Ransome Trophy	Open Tournament	Home	11.00
Tue	06	Friendly	v	W'ham Mkt Triangle	Away 6.45

It's nearly the end of the season so don't miss the chance to come and watch a game of cricket and/or bowls and enjoy a cup of tea or a drink at one of the clubs

Yoga Flow

Energizing, strengthening Yoga class
All levels

Tuesdays 9.30-10.45am

New term starts
Tuesday 7th September

Block rate £49 for a 7 week term or £10 per class (drop-in)

with Kat Hesse

Qualified British Wheel of Yoga, Pilates and Somatics teacher

For more information contact Kat on

01728 638 604 or via www.rhythmoflife.org.uk

Wellie Boots for September

Well, as August slowly slips away, our memories of it tend to be of a kindly fashion - in fact, for we gardeners it may have been a little too hot and a little too much hard work watering-wise. Very fussy we are - according to Delilah, even cantankerous – but what would she know? So let us see what sly September has up its sleeve for us. Often setting the stage for an Indian summer, in medieval England harvest always started on the 24th. But of course nowadays, with modern farming methods and climate change, it commences much earlier. Already the combine harvesters have been throb-
bing away in the background for a couple of weeks now as huge tractors, trailers and lorries trundle along our narrow country lanes, which can cause its own problems. Should you happen to meet one on your travels and draw aside, do remember that many a grass verge has its own “ephalunt” trap by way of an overgrown ditch. Apart from possibly causing quite a bit of damage, it can make you very late for a very important engagement, as at least one resident of a nearby village can testify. But at least they got there in time for the reception.

So, over to the garden. “Tis the last rose of summer, left blooming alone; all her lovely companions are faded and long gone.” Oh, if only that could be true, but my four latest additions have been a complete unmitigated disaster. I’m going to put it down to the excesses of the English weather as under-performance is now becoming a severe understatement. So it’s a light pruning now for all except for the repeat-flowering, followed by a good “going over” in early spring.



Then, if there’s no improvement, they’ll get my local version of the “Chelsea Chop”, the “Easton Eraser”. As for the sweet peas, the less said the better, except they’re definitely not seeing the light of day in 2017. But elsewhere things are literally blooming beyond expectations, in particular the hydrangeas, with Annabelle as the star performer. Tulips, lilies, phlox and monardas have all excelled, whilst three plants of lythrum purchased a couple of years ago from Sissinghurst are performing their little hearts out. Menawhile, as most people know, for the last two years I have been taking the easy way out by not lifting my dahlia tubers. Such slovenly behaviour has finally caught up with me as most plants are shorter and the flowers are smaller which means this year the tubers are too crowded and have to be lifted, sorted and re-planted in the spring. Which applies to our pots of amaryllis as well - last

year they were magnificent, producing around fifty blooms per large pot, this year drastically cut to around eight/ten. But don't forget, with careful watering, feeding and dead-heading, all those outstanding hanging baskets, pots, urns and flowering containers can be persuaded to hang on for a few more colourful weeks. They can then be tripped out and replanted with, say, winter-flowering pansies that have been under-planted with spring bulbs of your choice. Use this system to brighten up any dull, unused corners during the forthcoming uninspiring winter months. It's well worth the effort.

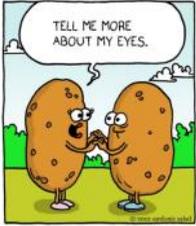
However, at this time of year mature herbaceous plants, looking a little time-worn like me, present a wonderful opportunity. As they say, be bold and be brave. Dig the whole clump up and divide, picking out weeds such as ground elder or bindweed as you go. You can carve it up gently or simply chop it into bits with a spade, making sure each piece has at least one growing shoot. Some parts, usually the centre, may be dead and must be discarded. Either plant the others where you want them for next year, or do as I do and pot them on, to make the decision of where to plant them later. Result? Many more lovely new and free plants. Just what the doctor ordered. One particular phlox has produced six quite substantial



flowering offspring which next year will be even bigger and better. Do it soon, once the main flowers have died away, giving them time to get a good root system established before the cold weather sets in. September is also always a very good time to plant our new perennials, or biennials such as foxgloves etc as the soil is still quite warm and we should still get a reasonable amount of rain. Unfortunately soil does not retain moisture for long and often needs a helping hand, so watch carefully, even now. Talking of which, camellias, rhododendrons and azaleas need to be watered frequently as they are now developing next year's flower buds and a little specialist feed makes a world of difference.

In the greenhouse it's almost action stations again. First, a really good clean-out and disinfection to reduce the risks from pests and diseases before bringing in prize plants to over-winter. Later in the month it may be necessary on cool days to close doors and vents to keep heat in overnight, whilst any shading will need to be removed to obtain the maximum light possible. Restrict watering to early in the day, otherwise you run a much greater risk of encouraging mildew. Naturally, everyone except me will have removed

the growing shoots of tomatoes long ago and now the lower leaves to encourage ripening. Any that fail to attain greatness can be promptly turned into a delicious green tomato chutney. Excess of plums? These can be frozen, but before you do so make sure they are halved and the stone removed—it saves a lot of unnecessary work later on.



Finally on to the veggie garden. I don't grow any myself but my mother did, so I can only pass on advice literally learnt at my mother's knee, so to speak. I remember that three to four weeks before digging up the main potato plot she would remove all the foliage from the plants, concentrating the growth into the potato itself and hardening the skins for future storage.

I am now told this also prevents blight from infecting the tubers. Doubt whether she knew that—but on second thoughts she probably did—clever mother, my mother. After all, she gave birth to me, didn't she? Anyway, after digging them up on a dry day she would leave them out to air, then carefully sort and bag up in ordinary hessian sacks, although nowadays I understand paper sacks are all the fashion. But like apples and any other stored crop, one bad one and you could end up losing the lot, so check carefully every few weeks.

Meanwhile, happy stripping when the time comes. No, no, Deliliah. The baskets and urns dear, not you. Now put that blouse back on pronto before you upset all the neighbours. Silly girl.

Happy gardening.

Wellie Boots



THE MILLS CHARITY & MILLS EDUCATIONAL FOUNDATION

WHO ARE WE: The Mills Charity and Mills Educational Foundation were two charities set up 300 years ago by Thomas Mills to provide for the poor and needy in Framlingham and the surrounding villages. Thomas Mills and his friend Thomas Mayhew built 8 Almshouses in Station Road, Framlingham, opposite the Railway Pub, and Thomas Mills left money, property and land as an endowment. In those days there were no social services, no benefits, no National Health Service, and many people died young due to accidents and health problems. Also state schools did not exist for all children. Poverty was dire and people had to appeal to the Parish for food and fuel. The two charities are run by 8 Trustees and the Clerk, and decisions are made by the Trustees at meetings once a month.

WHAT DO WE DO: We own Almshouses and some rental properties, and we give grants of money to individual people who can't afford something they really need. We are about to build 14 new Almshouses in Framlingham, which will be 3 bedroom properties, suitable for families. It will be a couple of years before they have been built, so don't start queuing yet!

WHAT DO WE PAY FOR: We make grants to individuals for a wide variety of needs, and also to organisations such as village halls, local museums, churches, sports clubs, the Hour Community bus, and for village play equipment. The Mills Educational Foundation makes grants to children for educational purposes such as school trips, music lessons, sixth form bus fares, small grants towards foreign educational trips, and for higher education and apprenticeships. MEF also makes grants to schools and play groups for specific equipment.

HOW DO YOU APPLY: Write to The Clerk, The Mills Charity, or Mills Educational Foundation, PO Box 1703, Framlingham, IP13 9WW. You need to live in Framlingham or one of the villages that borders Framlingham, **OR** go to a school in Fram or one of the villages, ie you might go to school at Robert Hitcham but live in Rendham. You will need to apply in writing, with a letter from your social worker, doctor, teacher, or vicar, to back up your own letter.

Please state your name, address, phone number and email if you have one, so we can contact you if we have any queries. State the reason for applying for a grant, exactly what you need, how much it costs, and how much you need from us. For example if you are applying to several sources of funding, state how much you need from Mills.

All applications are completely confidential, and you do not need to be embarrassed. If you are not sure if you would qualify, write to us and we will let you know. Please apply in good time, 10 days before our meetings on the second Monday of each month.

By the way, the Trustees like to be thanked afterwards. It is very special to be able to give grants to people, and we like to be appreciated in return!

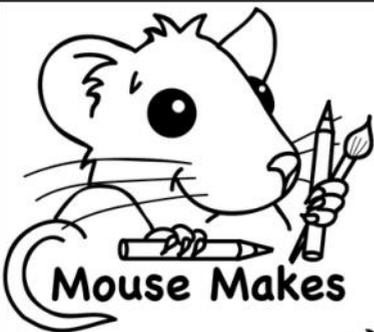
Website: millscharity.co.uk

Chairman: Mrs Persephone C Booth

YOU KNOW YOU ARE LIVING IN 2016 when...

- ◆ *You accidentally enter your PIN on the microwave.*
- ◆ *You haven't played solitaire with real cards in years.*
- ◆ *You have a list of 15 phone numbers to reach your family of three.*
- ◆ *You email the person who works at the desk next to you.*
- ◆ *Your reason for not staying in touch with friends and family is that they don't have email addresses.*
- ◆ *You pull up in your own drive and use your mobile phone to see if anyone is home to help you carry in the shopping.*
- ◆ *Every commercial on television has a website at the bottom of the screen.*
- ◆ *Leaving the house without your mobile phone, which you didn't even have the first 20 or 30 (or 60) years of your life, is now a cause for panic, and you turn around to go and get it .*
- ◆ *You get up in the morning and go online before getting your coffee.*
- ◆ *You start tilting your head sideways to smile. :)*

HARVEST THANKSGIVING



Lord God, you made the world;
 You made the land we live on,
 the air we breathe,
 the water we drink,
 the food we eat.



Thank you Lord for the harvest.



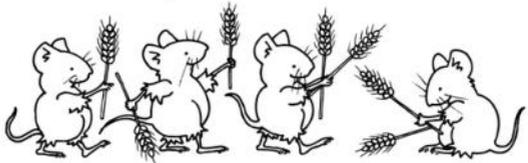
Lord God, you give us all that
 we need each day to live.



Thank you Lord for the harvest.

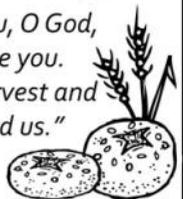
Lord God, help us to share all that you give us.

Thank you Lord for the harvest.



*"May the peoples praise you, O God,
 may all the peoples praise you.*

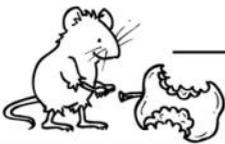
*The land has yielded it's harvest and
 God, our God, has blessed us."*



Psalm 67:6

Thank you
 God for...

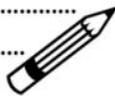




See how many words can you
 make using the letters from
HARVEST THANKSGIVING

What foods can you think of to finish this acrostic?

H	F
A	E
Raspberries..	S
V	T
E	I
S	Vegetables...
T	A
	L



CONTACT DETAILS OF COUNCILLORS THAT SERVE EASTON

Parish Councillors:

Chair :

Sue Piggott

T: 01728 746622

(Also Highways Officer)

Vice Chair :

Alun Thomas

T: 01728 747267

(Also Cemetery Officer)

Michael Coney

T: 01728 746181

(Also Tree Officer)

Adrian Hollins

T: 01728 746053

(Also Pathways Officer)

Fiona Siddall

T: 07970 450245

(Also Play Area Officer)

Bob Gibbon

T: 01728 746866

Clerk :

Vacant

Suffolk County Councillor

TBA

T: 01473 735259

Suffolk Coastal District Councillor

Carol Poulter

T: 07833 441349

E::carol.poulter@suffolkcoastal.gov.uk

A copy of the latest draft minutes of the Parish Council can be read on the back of the village notice-board.

Do you have something to put in the magazine?

Contributions to the next Parish Magazine should arrive by the 20th of the month before, either by email or by handwritten piece, please.

My email address is :-

clareeowen@tiscali.co.uk

or handwritten pieces to me at 5 Harriers Walk, Easton IP13 0HA

Village Hall Bookings

Contact Jean Blackwood-Pugh

Email: jeanmbp@gmail.com

Tel: 748378



For more information on your local villages, visit the parish websites:-

www.easton.onesuffolk.net

www.brandeston.net

www.kettleburgh.suffolk.gov.uk

www.campseaashe.onesuffolk.net

www.marlesford.com

www.parham.onesuffolk.net

www.hacheston.suffolk.gov.uk



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Ashbygems@hotmail.co.uk

