

Easton Parish Magazine



October 2022

ALL SAINTS' CHURCH, EASTON



- Priest-in-Charge** : **Vacancy**
- Churchwarden** : **Jane Woodbury-Eggs**
Bickley, Harriers Walk
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A LETTER FROM THE BISHOP OF DUNWICH

Harvest

Time for some old favourite hymns at Harvest time – *We plough the fields and scatter* for instance – and that classic *All things bright and beautiful*.

But I wonder whether, despite the familiarity of such hymns, people singing it come anywhere close to hearing their messages. For instance, do we take the hint of the words in *All things Bright and Beautiful* to pause to consider how gazing upon our world can change the quality of our experience, our consciousness, our outlook? I am looking out of the window in a hassled and anxious state of mind, blind to my surroundings, brooding on too much to do or some other burden (imagine one for yourself, a sore throat, a wound to one's prestige, whatever). Then suddenly I observe the colours outside, lit by the fading sunlight of dusk...in a moment everything is altered. The brooding self with all its burden disappears for a time. There is nothing now but that array of colour and atmosphere. And when I drag myself back to my preoccupation, they seem somehow less important. And of course, they are less important. This is something we can do deliberately; give attention to creation in order to clear our minds of self-obsessed cares. But it seems even more purifying when it just happens, when we take a self-forgetful pleasure in the strange and beautiful existence of that which is around us. It can be transfiguring. And what we pay attention to shapes us more than we usually think.

The findings of a large-scale study on stress published and flagged by the BBC a while back suggested that brooding too much on negative events is the biggest predictor of depression and anxiety and determines the level of stress people experience. The research even suggests a person's psychological response is a more important factor than what has actually happened to them. Equally well then, the effects of being taken out of our-selves by that which is lovely can be transformative positively.



Harvest is that time of the year when we really pause to pay attention to the world around us, grateful to that which not only physically sustains us but which 'sings' to us. In St Paul's words, "Finally beloved, whatever is true, whatever is honourable,. Whatever is just, whatever is pure, whatever is pleasing whatever is commendable, if there is any excellence, and if there is anything worthy of praise, think about these things" Phil 4.8.

Sound advice, indeed, you could say 'bright and beautiful'.

Mike Harrison, Bishop of Dunwich
Bishop's Office, Diocese of St Edmundsbury and Ipswich

HARVEST CELEBRATIONS



Easton is holding its **HARVEST SERVICE** on Sunday 9th October at 11.00 am, followed by lunch in the Village Hall. Do come to both, or either. You do not need to book! We do not charge for the lunch but hope you will make a donation to cover costs.

As usual we shall be collecting packets and tins for the food bank. Donations can be left in the church porch on the Saturday or brought to the church to be offered during the service.

This year the collection at the church (and any money surplus after the lunch) will be split between Water Aid and the local food bank.

Jane Woodbury-Eggs

Church Matters



"We ourselves are God's own field"

from "Come, ye thankful people come" a harvest hymn by Henry Alford.

Harvest Celebration

Our Harvest service will be at 1100 am on Sunday 9th October when we shall follow our tradition of making offerings of vegetables, fruit etc and singing the harvest hymns.

Lunch (cottage pie and peas followed by desserts) will than be served at 12 noon in the Village Hall. You do not have to be at the service to come to the lunch - you can come to both or either. (See poster for further details)

Church Services

The benefice Holy Communion service this month will be on 2nd October at Brandeston with Revd Deirdre West at 9.30 am.

Services in Easton will be at 11.00 am on 9th for our Harvest Celebration and there will be a Holy Communion service in Easton on 23rd at 1100 am.

The fifth Sunday Benefice Service is at Campsea Ashe at 9.30 am with Bishop Mike.

Taizé services

The next service is on 2nd October at Brandeston church at 4 pm. This is a gentle reflective style of worship with lovely music. Do come and try it if you haven't already done so.

Vacancy

The preparation meeting, with the Bishop and patrons, due on 19th September was postponed as it was the day of HM the Queen's funeral. It is hoped to hold the meeting very soon so that the post can then be advertised. →

Discussion Group

The Discussion Group meets again on 5th October. We shall be meeting at Bickley, Harriers Walk at 10.30 am. New members are always welcome.

Services on Zoom.

There will be a Zoom service on 16th October at 09.30 am. If you would like to join our Zoom services, please register with Bill Clark so that he can send you the link (bill78@btinternet.com).

PCC Meeting

There will be a PCC meeting on 1st November at 7.30pm at Bickley.

Jane Woodbury-Eggins

A Slice of Suffolk

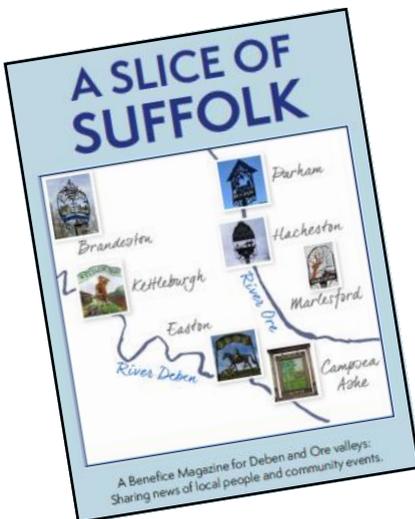
The new benefice magazine

Please send me any items of interest about your village by 21st of the month and if you can keep your article to

less than 120 words that would help enormously.

janebaldwin325@gmail.com

The new magazine covers Campsea Ashe, Brandeston, Parham, Hacheston, Kettleburgh, Marlesford and Easton.



THE MARRIAGE OF MICHAEL JENNINGS AND SOPHIE BOGGON

It was another sunny day for our third wedding of the year. Everything went according to plan and happiness was the order of the day. The dresses and flowers were beautiful.

Vicki and Luke live in Bredfield but have been coming to church regularly here in order to get married in this church. Family and friends enthusiastically supported the happy couple. During the ceremony the music was provided by a lovely string quartet. The service was conducted by the Rural Dean, Revd. Chris Davey from Framlingham.

We wish Sophie and Michael a long, healthy and happy marriage and send them our love and blessing.

JWE



Taizé Worship in Loes Deanery

Sundays 2nd October;
6th November at 4.00pm

All Saints Church, Brandeston

A service of Taizé chants, readings,
music, prayer and quiet contemplation.



Contact: rev.gourlay@gmail.com

Why Belong To Church?

Many people are struggling to connect with church today following the pandemic. However, we should *'not give up meeting together, as some are in the habit of doing'* (Hebrews 10:25). The church is not simply a building or services, but a shared friendship with Jesus, as the New Testament makes clear.

1. The Family of God The church is a community united by their love for God and readiness to sharing this love with others: *'a people belonging to God, that you may declare the praises of Him who called you out of darkness into His wonderful light'* (1 Peter 2:9). It is in the life of the church that people can connect with God's love.

2. The Body of Christ

The church is also Christ's body on earth, *'The body is a unit, though it is made up of many parts; and though all its parts are many, they form one body. So it is with Christ'* (1 Cor 12:12). We all have a unique contribution to make, using our different gifts, experience and passion. However, beware of those attitudes that stop us representing Christ: *inferiority* (*'I have nothing to offer'*) or *superiority* (*'I don't need you'*).

3. A Holy Temple

In the Old Testament the temple was God's home on earth; now the church has become His home: *'In Him the whole building is joined together ... in Him you too are being built together to become a dwelling in which God lives by his Spirit.'* (Ephesians 1: 21,22). Church is a place where people can be loved, accepted and welcomed home. Is this our experience of church and what changes would make it more as God intends?

'The local church is the hope of the world'

WE'RE BACK!

Sunday Cafe

Sunday 16th October

10—11.30 am

Village Hall



Come and join us to enjoy good coffee or tea, juices, bacon rolls (bacon from Revetts and rolls from The Bakehouse), croissants, delicious homebakes and our exciting 'specials' board, often with seasonal goodies, many locally sourced. Read the newspapers, chat to friends, and make new ones in a lovely relaxed atmosphere.



EVERYONE WELCOME



Services for October 2022

Date	Time	Service	Church
Sunday 2nd	9.30 am	Benefice Service of Holy Communion	Brandeston
	4.00 pm	Taizé Service	Brandeston
Sunday 9th	9.30 am	Morning Prayer (BCP)	Campsea Ashe
	11.00 am	Harvest Celebration <i>Sidesperson: Pam Bennett-King</i>	Easton
	11.00 am	Morning Prayer (BCP)	Hacheston
	11.00 am	Harvest Service	Parham
	6.30 pm	Evening Prayer (BCP)	Marlesford
Sunday 16th	9.30 am	Morning Worship	Zoom
	9.30 am	Holy Communion	Marlesford
	11.00 am	Morning Worship	Kettleburgh
	11.00 am	Morning Prayer (BCP)	Parham
Sunday 23rd	9.30 am	Morning Prayer	Brandeston
	11.00 am	Holy Communion	Easton
	11.00 am	Morning Prayer	Hacheston
	6.30 pm	Evening Prayer	Kettleburgh
Sunday 30th	9.30 am	Benefice Service of Holy Communion with Bishop Mike	Campsea Ashe

Compline is said in Marlesford Church at 5 pm every Wednesday

Friday Prayers: 4 pm Brandeston

Pastoral care during the vacancy

If you need to talk to someone about a pastoral issue over the coming months please contact either:

The Rev'd Canon Deirdre Parmenter

01728 748145

deirdreparmenter@gmail.com

or the Rural Dean, the Rev'd Chris Davey

01728 723454

framlinghamrectory@btinternet.com



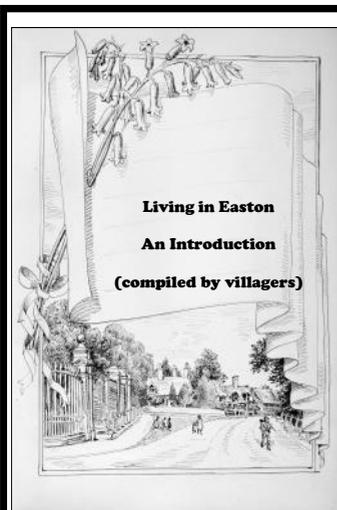
New to the Village?

Please let me know if you are aware of anyone who moves into the village. We have always warmly welcomed newcomers and I am now very happily taking on this role. We can also provide the introductory booklet 'Living in Easton' which has lots of helpful information.

Brian Boon, Orchards, School Lane

T: 745057

E: bsb64293@gmail.com



What's On in October



Village Hall

Mondays:

Yoga with Ellie 9.30—11 am
Pre-booking
E: eleanorpenlo@gmail.com

Tuesdays:

50+ Keep Fit Class 10-11 am
£7 per session (block payment per term of 6/7 weeks)
Contact Clare Hassler on
01728 621247/07769 716761
for more information

Pilates for Riders with Dawn
7—8 pm
Pre-booking
E: dfkcoaching@hotmail.com

Wednesdays:

Pilates with Kelly
Advanced 9.15 am
Beginners/Intermediate 10.30 am
Pre-booking
E: pilateswithkelly@hotmail.com

Table Tennis
6:30pm £5 per session
Contact John on 746644

Thursdays:

Rabble Chorus
8pm
E: Kirsty@rabblechorus.co.uk

Fridays:

Yoga with Ellie 9.30—11 am
Pre-booking
E: eleanorpenlo@gmail.com

Easton Parish Council Meeting

Monday 3rd October
Village Hall
7.45 pm

Monday Mardle

10th October
Village Hall
7 pm

Sunday Café

16th October
Village Hall
10—11.30 am

Mobile Library Wednesday 19th
2.25—12.45 pm Easton Farm Park

NEIGHBOURHOOD WATCH



Phishing Scams: Whatsapp

Have you received a message from a friend or family member from a new phone number?

The National Fraud Intelligence Bureau (NFIB) is warning the public about the continued increase in reports about scams where victims are targeted on WhatsApp by criminals pretending to be someone they know – typically their children.

Criminals will usually begin the conversation with “Hello Mum” or “Hello Dad” and will say that they are texting from a new mobile number as their phone was lost or damaged. They will then ask for money to purchase a new one, or claim that they need money urgently to pay a bill.

The criminal will provide bank details for the payment to be made to, with some even coming back with further demands for money. One Suffolk mum received a text message believing it to be from her son, when really it was a scammer pretending to be him. The scammer stated that their phone was water damaged after dropping it in the toilet. They called to ask ‘a favour’ but purposely couldn’t be heard, just rustling, to add to the plausibility of their story. The scammer asked the Suffolk mum to pay a bill of £600 for them as they couldn’t access their banking app. She was sent details of a bank account, but instead of paying she called her son on WhatsApp who confirmed it wasn’t him.

Always Stop! Challenge! Protect! If you receive a request for payment after a friend or family member gets in touch on a new number. Be especially cautious if they refuse to speak over the phone or send a voice note but still ask for money.

Contact your bank immediately if you think you’ve been scammed and report it to Action Fraud.

You can report spam messages or block a sender within WhatsApp.

Press and hold on the message bubble, select ‘Report’ and then follow the instructions.

Never share your account’s activation code (that’s the 6 digit code you receive via SMS)

Article courtesy of Suffolk Neighbourhood Watch

Retailers Charging for Returns

The Consumer Association have highlighted that more and more retailers are charging for returns. They have pointed out that If you use PayPal to shop online, use ‘Return Shipping on Us’ which covers the cost of up to 12 return charges per year for up to £15 per return. This can be accessed on your PayPal account, just make sure you keep a copy of your return shipping receipt. Details can also be accessed at:

<https://www.paypal.com/uk/webapps/mpp/refunded-returns>

John Owen

A funny and true story about the Queen



Around 2005, the Queen and her Personal Protection Officer, Dick Griffin, were walking alone one afternoon in the hills near the Scottish royal castle, Balmoral. Two tourists approached them, and engaged in conversation. Griffin recalls:

"There were two hikers coming towards us, and the Queen would always stop and say hello. They were two Americans on a walking holiday. It was clear from the moment we stopped that they hadn't recognised the Queen, which was fine.

The American gentleman was telling the Queen where they came from, where they were going next, and where they'd been in Britain.

I could see it coming, and sure enough, he said to Her Majesty: 'And where do you live?'

She replied: 'Well I live in London, but I've got a holiday home just the other side of the hills.'

He said: 'How long have you been coming up here?'

She replied: 'I've been coming up here ever since I was a little girl, so over 80 years.'

You could see the cogs whirring, so he said: 'Well, if you've been coming up here for over 80 years, you must have met the Queen.'

Quick as a flash, she said: 'I haven't, but Dick here meets her regularly.'

The hiker then asked Griffin what the monarch was like in person.

Because I was with her a long time, and I knew I could pull her leg, I said: 'Oh, she can be very cantankerous at times, but she's got a lovely sense of humour.'

The next thing I knew, this guy comes round, puts his arm around my shoulder, and before I could see what was happening, he gets his camera, gives it to the Queen, and says: 'Can you take a picture of the two of us?'

Then we swapped places, and I took a picture of them with the Queen.

And we never let on, and we waved goodbye.

Afterwards, Her Majesty said to me: 'I'd love to be a fly on the wall when he shows those photographs to his friends in America, and hopefully someone tells him who I am!'"

RIP, Your Majesty 

Easton Bowls Club



Easton Bowls Club October 22

The end of the outdoor bowls season has now arrived and we have put the green to bed. We had a good season again this year. In the Woodbridge League we were runners up and in the Fynn League both of our teams finished top in their respective leagues. We then held a successful final between the two teams with Easton A coming out on top.

Results:

Woodbridge League:

Played	Won	Drawn	Lost	Points
16	12	0	4	71

Fynn League Team A:

Played	Won	Drawn	Lost	Points
12	11	0	1	62

Fynn League Team B:

Played	Won	Drawn	Lost	Points
10	8	1	1	50.5

All in all another successful season – we look forward to April next year when the bowls season will start again

An interesting link with Easton at the Queen's journey from Balmoral to lying in state in Scotland from Brian Boon



The Crown of Scotland, placed on the Queen's coffin, was placed there by the current Duke of Hamilton, senior Dukedom in Scotland. The presence of the Duke of Hamilton reinforces our historical links.

The Crown of Scotland is the oldest regalia or crown jewel in the British Isles.

Made of gold, silver and precious gems, including fresh water pearls from rivers in Scotland, it is the centrepiece of the honours of Scotland.

It dates back to 1540 and was made for King James V of Scotland (although it has had a little essential refurbishment since then).

The Crown was used at the coronation of the monarchs of Scotland.



DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

30.8.22

Summer is without a doubt my favourite season, not least of all because it means that I can spend more time at my home in Suffolk and enjoying all that we love about this great county. From the swathes of farmland, open skies and vibrant market towns to the local produce markets, village fetes and independent retailers, I particularly relish the opportunity to get out and about meeting so many of you and supporting our local businesses, community events and local food producers. So much work goes into the many school and community fetes that take place through the summer months, with community volunteers working tirelessly behind the scenes to bring everything to fruition. Thank you for all that you do to make our villages and communities so special.

But as we now look towards the start of the new school term, for those starting school for the very first time, these are exciting and nerve-wracking times; not only for children but also for their proud parents and grandparents, many of whom I'm sure will be eagerly taking first day photographs of the smart new school uniforms and waving children off at the school gates, determined to put on a brave face.

For those moving up to secondary school, although daunting, this marks an exciting new chapter with greater independence and a whole raft of new activities and subjects to study, alongside existing friends and perhaps some new faces too. Regardless of age, it's helpful to remember that everyone suffers from the same first day nerves – pupils, parents and teachers alike, but this is only natural and it's ok to ask for help or guidance if needed. Remember – we've all been there.

I am delighted to see that once again, so many achieved excellent grades as Suffolk's outgoing GCSE, A level and vocational students celebrated their recent results. These fantastic results are testament to the sheer hard work and dedication shown not only by pupils but backed up by the help and encouragement of teachers and parents. I would like to offer my congratulations to all those involved and wish you all the very best with the next steps in your education or workplace journeys.

For MPs, the end of the school summer holiday period also marks the return to Parliament following summer recess. So whilst I have very much enjoyed spending more time at home here in Suffolk over the summer, I'm also pleased to be back to business representing the people of Central Suffolk and North Ipswich in Westminster.

That said, the people who live and work in Central Suffolk and North Ipswich always remain my principal focus, so do please get in touch with me if you need my help or contact my office if you would like to book an appointment at one of my regular advice bureaux.

For more information, please visit my website www.drdanielpoulter.com

Letheringham Notes



The LPCC fund raising team have certainly been busy from late August through to the end of September starting with the **"Teddy Bears are Go"** parachute drop from the church tower on **Sunday 27th August**, which, thanks to the sterling effort of the team, raised some £272 from the sale of Pimms and cream teas. Young and old alike brought their bears along and everyone had an enjoyable time. Special thanks to Maurice Finch - without his ingenious

parachute release mechanism many bears would have ended up in A&E. Also a special thanks to Jonny Ling who kindly brought down from his museum in Diss a full size Dutch mechanical organ that brought a marvellous carnival atmosphere to the event. The bear that won the furthest distance travelled competition was unsurprisingly "Old Ted" beating "Winston" bear by 0.1 metres

On the 5th September we were privileged to have Air Vice Marshall Bill Rimmer CB OBE give a Mardle on his eventful life in the RAF.

Bill's talk was very well attended and of the many interesting episodes in his life, one fact which was unknown to most of the audience, except his wife, was that she grew up in Letheringham Mill. They were married in Easton Church. Bill's Mardle raised some £300 for the Letheringham Church Restoration fund

On Friday 9th September we held our first **Charity Bridge Drive** which was a great success. Our thanks to Janet Ross and Jacks Morecombe for organising the event and all those that supplied the home made cakes and refreshments. A special thanks also to all those that kindly donated prizes for the raffle and to Jacqui Gooding whose donation of a weekend for two at Letheringham Mill cottages was auctioned at the event. In total over £800 was raised for the church restoration fund



Our Autumn programme of Mardles in Easton & Letheringham Village Hall continues with:

October's Mardle:

"The Girls of Little America"
presented by **Sophie Green** a local Historian
10th October 7pm

<p>10th October 7pm</p> <p>Venue, Easton Village Hall Entrance £10 includes a complementary Glass of wine and nibbles</p> 	<p>"The Girls of Little America"</p> <p>The untold story of the American women (nicknamed Donut Dollies) that arrived in East Anglia from America during WW2 to support their troops.</p> <p>presented by Sophie Green</p>	 
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November's Mardle:

"Bawdsey and the birth of Radar"
presented by **Graham Murchie**, trustee of
Bawdsey Radar
7th November 7pm



Entrance £10 includes a complementary glass of wine and nibbles.

If you have not been to a Mardle, give it a try and come along for an informative and enjoyable evening. All proceeds to St Mary's Letheringham Restoration Fund.

Contact details of Councillors that serve Easton

Parish Councillors:

Chair :

Sue Piggott

T: 01728 746622

(Highways/Cemetery/Burials)

Fiona Siddall

T: 07970 450245

(Joint Play Area Officer & Vice Chair)

Bob Gibbon

T: 01728 746866

(Emergency Officer)

Maureen Birt

T: 01728 747242

(Joint Play Area Officer)

Ian Palfreyman

T: 07775 652820

(Footpaths Officer)

Derek Balcombe

T: 01728 768215

Gary Edwards

T: 01728 747970

Clerk :

Alison Bramall

T: 07736 169780

parishclerk@eastonpc.org.uk

Suffolk County Councillor

Elaine Bryce

T: 07955 434440

Elaine.bryce@suffolk.gov.uk

East Suffolk Councillor

Lydia Freeman

Lydia.freeman@eastsuffolk.gov.uk

Do you have something to put in the magazine?

Contributions to the next Parish Magazine should arrive by the 20th of the month before, either by email or by handwritten piece, please.

My email address is :-

clareeowen@tiscali.co.uk

or handwritten pieces to me at 5 Harriers Walk,

Village Hall Bookings

Contact Ian Palfreyman

[email: eastonvillagehall@icloud.com](mailto:eastonvillagehall@icloud.com)

WEBSITE ADDRESS FOR VILLAGE HALL

www.yourhall.co.uk

search 'Easton'

EASTON PARISH COUNCIL WEBSITE

The Parish Council Website is where you will find all Parish Council documents and information. The address is:

<http://easton.suffolk.cloud/>

For more information on your local villages, visit the parish websites:-

www.easton.onesuffolk.net

www.brandeston.net

www.kettleburgh.suffolk.gov.uk

www.campseaashe.onesuffolk.net

www.marlesford.com

www.parham.onesuffolk.net



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