

Easton Parish Magazine




November


2012

ALL SAINTS' CHURCH, EASTON

Priest in Charge	:	Harry Edwards	Tel: 746747
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Dear Friends

Three of the churches in our Greater Benefice, those of Brandeston, Easton and Hacheston, are dedicated to "All Saints", a commemoration that is celebrated on 1st November.

This celebration recognises that the Church's heritage is built on the lives of countless unknown and unnamed heroes whose lives were a witness to their faith. Many gave their lives as martyrs to persecution in the early days of the Church. But many also witnessed to their faith in far less spectacular ways by living in faithful obedience to that law of love for God and for their neighbour which replaces self-interest with mutual respect and creates and encourages a sense of fellowship and community based on friendship.

Friendship is an important aspect of our commemoration on Remembrance Sunday. A friend of my father's, who had served with him through the Italian campaign in 1943-44, explained to me how the constant and inescapable dangers and discomforts of war created friendships that were incredibly close and intimate, and it was these relationships which enabled them to do what had to be done at times and under circumstances which might otherwise have made survival impossible.

Of course this is not all that Remembrance is about. The two minutes of silence we observe on 11th November gives us time to remember and honour those men from our villages whose names are read out each year, and to remember the men and women now serving our country in dangerous and difficult circumstances with extraordinary skill and commitment and remind ourselves of the need to support those who carry the cost of such service, many of whom are continuing examples of living courageously.

But our annual Remembrance commemoration can also inspire in us a renewed sense of community. This will become evident in our parishes and villages, breathing a new sense of friendliness, kindness and concern in our relationships both in our homes and families and in the neighbourhoods and networks within which we live. Those early Christian communities of which our "All Saints" celebration reminds us were notable for the way in which people lived, helping, supporting and caring for each other. Our response to Remembrance calls us to do the same in our generation.

With very best wishes

Robin



Discussion Group

The next Discussion Group will be on **Wednesday 7th November** at Ash Grove, New Road, Framlingham. The subject for discussion is “What may be meant by the Second Coming”.

Harvest Festival and Lunch

We had a lovely service in which children and adults participated in presenting harvest gifts and in which the COSMIC Club made an altar frontal. John Broadley (who is a Reader in the Winchester diocese and very involved in a number of Christian charities) gave a talk about positive moves in treating offenders in prison thereby “harvesting” better lives. Many people generously gave tins and packets of food which were sent on to the Ormiston Family Centre in Ipswich. Fresh produce was taken to Mills Meadow. A collection was made for Practical Action which works in many poor countries to improve farming techniques and introduce low-tech schemes for water, power and sanitation. £231.50 has been sent to them.

After the service there was lunch in the Village Hall at which cottage pie and peas was followed by a splendid array of delicious puddings and desserts. We thank all those who prepared and brought food for our feast (and the clearers and washers-up afterwards). A great atmosphere of celebration prevailed.

Dates for your Diary

Remembrance Sunday

This year Remembrance Day actually falls on a Sunday 11th November. Our service will be at 10 am.

Christmas is Coming!

- 8th Christmas Bazaar
- 9th Christingle Service (and Imagery of the Christmas Wreath)
- 16th Carol and Gift Service
- 17th Carol Singing around the Village
- 24th COSMIC Nativity

Baptism of Fergus Richard Godfrey-Hollins

Fergus was beautifully behaved for his baptism on 23rd September when the church was full of family and friends in support. His sister Miranda joined with other children in listening to an introduction to baptism and in making a poster to welcome Fergus to the church. This was a lovely family occasion and we send our love to Carolyn, Adrian, Fergus and Miranda.

Wedding of Alastair Kerr and Sian Edwards

This special occasion took place on 29th September on a glorious sunny day. The church was packed (standing room only) for a lovely service which included special readings and the singing of Calon Lan in Welsh. Alastair and Sian emerged from the church looking happy and delighted and were greeted excitedly by their two dogs!

This was a very happy and elegant occasion – one person from the village was heard to say that it was better than a fashion show!

We send Sian and Alastair every good wish and God's blessing for a long and happy marriage.

Jane Woodbury-Eggins



FLOWER AND CLEANING ROTA

	Flowers	Cleaning
3 Nov	Jane Woodbury-Eggins	Jane Woodbury-Eggins
10 Nov	Remembrance Sunday Jane Woodbury-Eggins	
17 Nov	Jean Kendall	Jean Kendall
24 Nov	Jean Kendall	Jean Kendall
1 Dec	Wedding	Imogen Hayward

Margaret Kernahan

We mark with sorrow the passing of Margaret who lived quietly “behind the wall” at the Lodge next to the grand gates. Margaret had a woodland burial followed by a memorial service in the church in which her feeling for nature, both natural and cultivated, was celebrated as part of her life.

Margaret was born in Framfield in East Sussex in 1939 and after leaving school trained as a nursery nurse. She worked for Barnardo’s and found great joy in being able to help small children who were alone and suffering. After her marriage she moved to East Anglia and had two children. She developed an interest in gardening and managed a large and productive garden to feed her family. Latterly, she enjoyed working in her garden in Easton. Over the years she had many pets, including cats and Jack Russells and took an interest in horse racing.

Friends and members of her family came to remember her in a service which included music close to her heart and readings which summed up her life. Her granddaughter (who was baptised in Easton in 2006) read a moving prayer she had written for the occasion.

Jane Woodbury-Eggins



The Benefice Bible Study

I'm sorry that our October Benefice Bible Study had to be cancelled.

Our November meeting will take place in **Hacheston Village Hall on Tuesday 20th November at 7.30pm** and we aim to finish by 9.00pm.

We will do as we planned in October, and look at two of the shorter books of the Bible; Ruth in the Old Testament and Philippians in the New Testament. Do please bring your own Bible – it doesn't matter which translation it is!

These evenings are entirely open and free. No prior knowledge of the Bible is necessary. Everyone and anyone who wishes to come is invited and will be warmly welcomed. The aim of the evening is for each of us to discover more about the Bible, so that we understand more when we read it, either by ourselves or when we hear passages read in Church.

A cup of coffee or tea is a welcome feature of the evening.

Robin Alderson

The COSMIC Club

Children! Why not come and give COSMIC Club a try. We meet on the 4th Sunday of the month in Easton church between 10.00 and 11.00 am. Lots of activities including drawing, colouring, collage, drama, stories and more. Children of all ages are welcome in a caring and safe group.

If you would like more information please contact: **Emma Gibbon 01728 746866 or Carol Davis 01728 746162**

Activities on the run up to Christmas include:

Sun 25th November Stir Up Sunday – we will be making mincemeat or a pudding

Sat 8th December Come to the Christmas Bazaar and make Christingles and Christmas decorations

Sun 9th December Christingle Service

Mon 24th December Nativity

We also meet on most 2nd Sundays for storytelling as part of a family service

Do join us – it's great fun - and parents, if you don't feel able to come to church yourself you may leave your children with us and collect them afterwards

Carol Davis



Easton Belles WI

theWI
INSPIRING WOMEN

CUP CAKES - 'fancy' that!

Our October meeting was a lovely evening and, following being shown various decoration ideas and techniques, several ladies had a go at decorating their own cup cake.

The Annual Meeting, will be held on Tuesday 27th November at 7.30 pm in the Village Hall, followed by a Christmas table 'flower' arrangement demonstration by Mary Willson.

New members and visitors very welcome.

Janet Prentice

EASTON HARRIERS HUNT SUPPORTERS CLUB

HOY
BINGO

FRIDAY 30TH NOV 2012
EASTON VILLAGE HALL

EYES DOWN 7.30PM
REFRESHMENTS AVAILABLE

EASTON & LETHERINGHAM VILLAGE HALL NEWS



Our Tai Chi taster session on Tuesday 9th October was well attended. For this to be a sustainable group activity we will have to find a few more regulars. It is held on Tuesdays 1.30 pm—2.30 pm and costs £6 per session.

This gentle form of exercise can prevent or ease many ills of aging and could be the perfect activity for the rest of your life.

Tai Chi is often described as "meditation in motion," but it might well be called "*medication* in motion." There is growing evidence that this mind-body practice, which originated in China as a martial art, has value in treating or preventing many health problems. And you can get started even if you aren't in top shape or the best of health.

If you are interested please contact Ali Crawford on 01394 411717.

Depending on when you read this it will be either your last chance to join us at our Suffolk Comedy Night on the 2nd November, or it will be too late! If you're lucky and it's before the 2nd call Mark Kenny 747572 to check availability. We will give a full review of the evening in next month's magazine.

Ian Palfreyman
Village Hall Management Committee

www.elvillagehall.com

EASTON 100 CLUB

October Winner

Charlie Lock (No. 69)

Prize £33

Organised and run by the Village Hall Management Committee

There are still some numbers available for the remainder of the year at a cost of only £1 a month. Contact Dave Stagg on 746054 or visit www.elvillagehall.com/members-&-numbers.html for available numbers.

EASTON PARISH COUNCIL

Highlights of the Council Planning Meeting on 8th October 2012

Two Planning Applications were considered at the Planning meeting.

Application C12/1889 Hacheston Solar Park

Council heard from both Pegasus Planning Group on behalf of the applicant, Hive Energy and Mr W Darby of 'No Hacheston Solar'. Five residents of Easton and one other member of the public spoke during the public forum. One person was in favour and five people against the application. Council discussed the application for approximately 50 minutes and considered planning policy, the design, appearance and layout of the proposal, the impact it would have on the visual and residential amenity of the nearby area, the impact it would have on trees, listed buildings or a conservation area, highway safety and traffic issues as well as other aspects of the proposal. The Council voted by majority (6:1) to oppose the application.

Application C12/1997 Extension to the annexe at Downton Cottage

Council heard from Mr L King regarding his application and were read a letter of objection from an Easton resident. Council discussed the application for approximately 20 minutes and considered planning policy, the design, appearance and layout of the proposal, the impact it would have on the visual and residential amenity of the village, the impact it would have on trees, listed buildings and the conservation area of Easton, highway safety and traffic issues, as well as other aspects of the proposal. The Council voted by majority (5:2) to oppose the application.

Planning decisions received

Listed building consent for application no. C12/0493 – at Low Farm, Kettleburgh Road, Easton has been granted subject to 3 conditions.

If anyone wishes to see reports and correspondence about the above please contact the Clerk.

The next scheduled meeting of the Parish Council will be on 13th November at 7:15pm in the Village Hall.

If you wish to make any comments or ask any questions relating to Council matters, please contact the Clerk on 07789 538430 or pc@easton.suffolk.gov.uk Monday – Friday, 9.00am – 3.00pm

CHRISTMAS BAZAAR

**SATURDAY 8TH DECEMBER
VILLAGE HALL
11 AM - 2 PM**



**GRAND PRIZE DRAW
LOTS OF STALLS
SOUP AND ROLLS, TEA AND COFFEE, MINCE PIES
MAKE A DATE IN YOUR DIARY TO JOIN US!**

In aid of All Saints' Church fabric fund



Easton Pre-School News

Firstly we would like to thank 'Huntspersons' Alun and Jackie and all those who contributed, for the generous donation last month. With numbers of children attending being lower than last term and us being a non-profit making charity with rising outgoings, we really appreciate this kind support.

Our late planted tomatoes have yielded only a very small but tasty harvest and we are managing to sample them at snack time before the woodlice and slugs have a feast!

The log pile investigation proved to be quite exciting with us finding not only slugs and snails but a centipede, a small frog and a newt living in it! And what may have been the newt's 'partner' we found inside the Village Hall all crispy and dried up and dusty! Torches and magnifying glasses aided us to study it in great detail without fear of it running away of course! If you ever walk by us as we play outside you may hear a pre-schooler's enthusiasm over finding a slow crawling snail on the wall or a slimy slug sleeping on the edge of the new outside sandpit!

Talking of which, the sandpit is the most wonderful learning resource we could ever have. Since its construction just after the summer holidays, it has been an Olympic long-jump pit, a pirate's haven for finding treasure, a beach, a busy building site, or just a place to go to have a therapeutic dig! We all love it!

If you are an Easton resident or from a surrounding village, you are all welcome to 'pop in' or arrange a visit by ringing us on 01728 746935 Mondays, Wednesdays, Fridays 9am-3pm and Thursdays 9am-11.45am, or visit our website www.eastonpreschool.org.uk

MONDAY MARDLE

Village Hall

19th November

7.30pm

The Preraphaelite Brotherhood

by John Carrington Jnr.

John was brought up in Suffolk (partly in Letheringham).

He studied first at Hull University for his BA, then at York University for his MA, where both his dissertations focused on Victorian artists including Millais, Rossetti, Burne Jones and William Morris.

£6 donation includes a drink and canapés.

For further information, contact Roger Keene on 748337
or email rogerkeene@suffolkonline.net

Easton CP School

'A creative learning family in a wonderful setting'

Head teacher: Mrs C. Singleton BEd Hons. MA

Tel: 01728 746387 Fax: 01728 747557

Email: admin@easton.suffolk.sch.uk

Website: www.eastonprimary.org.uk



Dear Residents

We currently have a vacancy for a **community governor**. At Easton Primary School we have a very active governing body that meet six times per year with each governor attending some committee meetings in addition. Our governors are highly supportive of the school as well as providing challenge to ensure that we as a school are continuously improving. We would welcome anyone from the community with an interest in education who can commit some time to meetings and school visits.

For further information please contact the school directly on 01728 746387.



Can you help?

Could you spare some time to cut the grass in the playing field next to the play equipment area? Remuneration is available and the commitment would be 16 "cuts" a year between March and September/October. Grass cuttings would need to be removed from site.

Please contact the Parish Clerk on 07789 538430
or email pc@easton.suffolk.gov.uk



I never cease to be amazed by the generosity of the people of Suffolk as they reach into their pockets to help those less fortunate than themselves. This summer Red Cross week raised a tremendous £10,000 from collections across the county and a further £10,000 was raised by the Suffolk Open Gardens. **This £20,000 will be spent on providing services for vulnerable people across Suffolk.** One such service is the medical equipment loan service which has outlets across the county. Medical equipment loans are provided for up to three months and are free of charge, delivery is available in some areas for a small fee. You can borrow items such as wheelchairs, commodes, and walking aids. (The American paralympic team borrowed 20 shower stools for their wheelchair athletes during their recent stay at Lakenheath Air Base!) To find your nearest medical equipment loan outlet call 01284 727252.

Coming up we have Operation Gunpowder in Haverhill. Operation Gunpowder is a proactive service where Red Cross staff and volunteers, together with other community agencies, visit vulnerable people likely to be intimidated by antisocial behaviour during the high jinks of Bonfire Night and Halloween. This service not only provides on-the-spot practical help and support but also identifies and follows up longer term needs.

The success of our fundraising is down to the kindness and support of local people like you. We are currently planning our Open Garden programme for 2013 and are looking for more gorgeous gardens to open and delight the visiting public. If you know of a secret garden (or street, or whole village) that you think would be suitable, or like the idea of helping at an Open Garden near you (putting up signs, baking cakes, stewarding the gate etc) please let me know. A couple of hours of your time can make a real difference to people's lives.

Thank you.

Jane Dow
Senior Community Fundraiser
Direct Dial: 01284 727247
Mobile: 07734 286337
Email: janedow@redcross.org.uk

Neighbourhood Watch

The weather is getting colder - do your best to avoid heating oil theft

You may be thinking of getting supplies of heating oil as we head towards winter. Be proactive and follow just a few simple steps which can help make your tank and fuel more difficult for thieves to target.

- Screen your tank with fencing or hedges
- Close and secure any gates leading to the tank
- Conceal or cover any external pipes and fuel lines
- Install dusk to dawn security lighting
- Install lockable caps supported by a closed shackle padlock (check you are insured for any seepages)
- Regularly check your fuel levels—sensors which monitor levels from inside the home are available
- Consider installing a tank alarm/CCTV monitoring
- Join a Neighbourhood Watch Scheme

It should be noted that some oil storage containers are plastic and some are metal – so any security measures which directly affect the tank or pipe work should always be installed in consultation with the tank supplier.

When you're topping up your tank for the winter, check it's secure and concealed. If you're leaving access open for a delivery, make sure the cap is locked after the fuel arrives.

Keep an eye on your neighbours' properties. Large quantities of oil are often stolen, which means the thieves will need sizeable containers to collect the oil in and a van or a larger vehicle to take it away. If you see any suspicious persons or vehicles in your road or a neighbour's driveway, contact police immediately by dialling 999.

GOOD NEWS

Man arrested in connection with burglaries

A 30-year-old man from Yoxford has been arrested on suspicion of burglary following a series of break-ins at homes in the Aldeburgh area recently. He was arrested on Wednesday 10 October in connection with a total of 21 burglaries in Aldeburgh, Snape, Cookley, Brandeston, Aldringham, Benhall, Thorpeness and Sternfield in July, August and September.

John Owen



Advertising in the Parish Magazine

From January 2013 we are introducing business advertising in the magazine, initially by way of six adverts (in boxes) on the back page.

The cost will be £20 a year (12 issues) - a bargain at under £2 a month and with distribution to over 120 properties in the village and beyond!

I would be pleased to help with putting advertising copy together if required.

It will be "first come first served" and we are offering these spaces to businesses in the village in the first instance before inviting others outside the parish.

**If you are interested, please contact me on 745015
or email clareowen2002@yahoo.co.uk
by 20th November.**

Clare Owen, Editor

APPEAL FOR NEW MEMBERS FOR ST ELIZABETH HOSPICE'S FRIENDS GROUP FOR FRAMLINGHAM



St Elizabeth Hospice is appealing for more supporters in Framlingham and surrounding villages to join their new Friends group.

The local charity already has Friends groups in Woodbridge, Felixstowe and other areas.

They are made up of supporters who get together to meet like-minded people, learn new skills and make a big difference to the local community by organising fundraising events and supporting the Hospice's work.

Community fundraiser Gemma Holland said: "Friends groups are great for individuals who want to support the Hospice but not on their own. The groups can be as formal or informal as the people involved wish and you can choose how much time you commit, but all funds raised really help us to continue to provide our services free of charge."

If you are interested email fundraising@stelizabethhospice.org.uk or call 01473 723600.

Wellie Boots for November



Well, at least I now know that there are quite a few followers of this column around. It was quite gratifying to find I'd been missed last month. Thanks to all who called but no, thankfully I wasn't ill but had been "on me 'olidays" and arrived back late thanks to a dodgy aeroplane.

Now, as we all know, 1st November is All Saints Day. But did you know that previously it was known as All Hallows (Hallow being a saint or holy person), thence the day before was Hallows Eve, or Halloween as we now call it? Just another piece of useless information I've waited for years to use. So with Guy Fawkes' night rapidly approaching, if you're having a bonfire, don't forget to move it before setting it alight. Many a poor hedgehog, dormouse and other sheltering creatures has been burnt alive in similar circumstances.

So on to the garden, but where to start? How about soil, while there's still time to put in a little heavy digging before we get water-logged. If you're thinking of giving one of the beds a make-over, now is an ideal time to do it (actually, it should really have been October, but better late than never). If the soil is heavy, then just leave it in large clumps and let the wind, rain and heavy frosts do their worst, breaking it down over the course of winter. However, if it's not too heavy but you have problems with ground elder, bindweed, couch-grass etc, then completely dig out a bed, remove as many roots as possible and throw on the bonfire on Guy Fawkes' night. DON'T compost under any circumstances. Leave fallow if possible over the winter and tackle any new growth as it appears, re-planting in the spring.

In other parts of the garden don't forget to use well-rotted horse manure, mushroom compost etc as a general mulch around any plants or over any bulbs you are leaving in the ground to over-winter, such as agapanthus and kniphofia. And as I know you all bagged up your damp leaves last autumn, now is the time to reap that wonderful free harvest. My leaf mould is now perfect for immediate use. But, like painting the Firth of Forth Bridge, time to start again. Rake up all the damp leaves now starting to cover your lawns before they have a chance to cause any damage (I don't bother with beds and borders, the worms will do an excellent job in dragging them underground where they will do most good). Place the damp leaves into black bin bags, spike several times with a garden fork and leave in a corner of the garden for a year. I put them next to pile of hard-to-compost garden refuse and twigs and together they turn that corner into a veritable haven for a myriad of overwintering and hibernating creatures.

Which reminds me, talking of spiking, now is the time to tackle any wet or damp areas of lawn. Using a garden fork, spike fairly deeply all over the affected area, give it the famous Easton wiggle, fill and brush over with coarse sand or grit and there you are - finished. And as we've probably just given the lawn its last hair-cut of the season, now is an ideal time to get the mower serviced and safely stored away for winter. It will also save a lot of screaming, shouting and swearing next spring when the blasted thing won't start.

And following the Easton wiggle, how about the Easton snip? Don't get alarmed guys, it's not what you think. With all this wet and damp weather around there has been a virtual explosion of huge brown slugs so easy-peasy, one pair of scissors and snip, right through the middle without even touching them. Instantaneous, and far preferable to a slow, painful death by pellets or poison.

Elsewhere, fleece or bubble-wrap will come in handy to protect any other non-hardy plants, shrubs, urns or tubs that cannot be taken under cover. A couple of pounds spent on bubble-wrap will cover the cost of replacing a mature shrub twenty-fold. Other tender plants such as geraniums, fuchsias, pelargoniums etc need cutting back and protecting before the first frosts cause them damage, as even these cost a few bob to replace. And don't forget those cuttings.... It's not too late to take leaf cuttings of African violets and root cuttings of acanthus and Japanese anemones. I had great success last year with the latter and I've just bought a couple of acanthus with green and white leaves – can't wait to get loose on those. One bought potted plant should easily produce another half dozen offspring. As for winter colour, winter-flowering pansies are always first choice, but don't forget the hellebores which always make a great, long-lasting show during the winter months.



Naturally, you've already got your Christmas-flowering bulbs well on the way? I confess, I haven't! It was me 'olidays, you know. So I'm afraid it's amaryllis and hyacinths in February yet again in our house, but at least the thought was there. Daffodils also have gone the same way, but the tulips have just arrived so with luck and a lot of hard graft they'll be OK. This year perhaps I'll try a few mixed in a bed of wallflowers (plant NOW) as well as urns and tubs overplanted with WFP. In the glasshouse, weather permitting, don't forget to open the vents during the day to get air circulating and thus avoid the dreaded "damping-off". I'm also going to try planting a few sweet-peas for next year – if I pinch out the growing shoot as they develop, the theory is that I end up with healthy, bushy plants giving me a head start next year. I've just lifted my tuberous begonias and stored them in a cool, dark place before they are turned to mush by the forthcoming frosts, whilst outside I am about to lift, split and replant my rhubarb crowns.

Raining cats and dogs?? Good opportunity to get into the glasshouse, sort out the flower-pots into sizes and wash with water and a little disinfectant in preparation for planting out in the spring. Also sort out the heating arrangements and get in a supply of paraffin before the cold weather strikes. So far we've only had one frost, but everything survived – even the dahlias aren't affected and they're always the first to go.



Wildlife in the garden seems to be rather sparse at the moment except for the detestable grey heron which seems to be making a good attempt at clearing as many of the village ponds as it can and is particularly bold at the moment. Takes off, short circuit of the village and bingo, five minutes later he's back again. Just hope he won't start foraging for our great crested newts, toads and frogs which already seem to be in short supply. Never mind. With bad weather in the offing don't forget to keep the bird station well supplied.

All the young birds so gently nurtured during the summer now have to be sustained through a turbulent winter, so keep at it with the nuts, seeds, suet balls, brown bread and other treats. Not forgetting a water supply for when the ponds ice over. As well as removing any submersible pumps in case they get damaged by the frosts, don't forget to kick the grandkids' footballs into the middle of the ponds and leave them there. No, not the grandkids, dear, much as you would probably want to at times. Sorry, just joking. I mean the footballs of course, which stop the pond from completely icing over, allowing noxious gases to escape and fish and other amphibians to survive.

Well, this little list of do's and don'ts should keep you out of mischief for the next month or so until December (yes, that means Christmas, I'm afraid), so I'll wish you happy, rewarding gardening. But then it always is, isn't it, even in the coldest weather? Oh yes it is. I said so.

Wellie Boots



News Just In!

After a successful summer and a great wedding celebration at the end of it, the pub seems to have taken some momentum into the autumnal period which is great testament to the local support we have received and our ever-growing customer base.

We are continuing to receive great feedback for the pub which is wonderful. Obviously there is the odd blip along the way, but we do take any constructive criticism seriously. The Facebook page has proved popular, so if you haven't liked us yet, we would love to see you, and it is a great source for us to let you know what is happening.

We have a provisional date in the diary for a **Quiz Night on 22nd November**. We plan to have teams of four. It will be £10 per head but there will be a simple meal served at half time. Prizes include Meals for Four, bar tabs up to £50, and bottles of wine. To book your team in give us a call. We have space for around 15 teams so it should be a great fun evening. For more details see the website and Facebook page.

www.eastonwhitehorse.co.uk

Allister Catchpole

My Chicken Curry

(Serves 4)

I have called this “my chicken curry” because I learnt the recipe from an Indian cook called Nicki (I guess that is her English name?). I had to produce a curry for a wedding that had 50% English and 50% Indian guests in attendance so it had to be authentic. A little worried, I employed the help from someone that really knew how Indian families eat their curries at home. This was one of the many curries she taught me that day. Hence I was busy scribbling notes and not able to get every detail down. However the basics are there and it tastes great. The most important thing in this recipe is to cook the onion until browned and soft and use good fresh spices. This is quite a dry curry and should be eaten with a Tarka dal on the rice to give some moisture to the dish.

3 White Onions Sliced

½ Bulb Garlic Finely Chopped (not crushed)

2 inch Piece of Ginger Finely Chopped

2 Large Peeled Potatoes cut into 1 inch pieces

150 ml Chopped Tomatoes or Passata

Green Chilli finely chopped (add as much or as little as you like)

1 Bunch Fresh Coriander

2 tbsp Garam Masala

1 tbsp Turmeric

1 tbsp Cumin Seed (dry roasted and crushed)

1 tbsp Coriander Seed (dry roasted and crushed)

150 ml Vegetable or Sunflower Oil for frying. (This should be ghee or clarified butter - but oil is ok.)

2 or 3 Large Chicken breasts cut into cubes

30 ml water

Salt to taste (You may need more than you think!!)



Put oil, onions, garlic, ginger and chilli in a medium sized pan over a moderate heat. This may seem like a lot of oil but it is quite necessary. You need to cook the mix for around 15 to 20 minutes to soften and brown the onions. Try not to stir too often as this will help the browning process.

When the onions are browned and soft add all of the spices.

Now chop the coriander stalks, leaving the flowery bit for later.

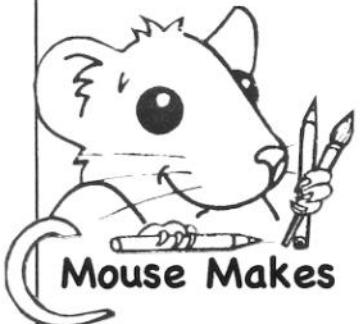
Add this to the pan and cook the spices out for 5 minutes. Add the tomato and cook for 5 minutes more, then whiz the sauce to a chunky paste with a stick blender.

Put the paste back into the pan and add the chicken and potato. Over a low heat cook the chicken for about 30 – 45 minutes. It will become slightly tender and still hold its shape. Add some of the water if it becomes too dry.

Now it is time to add the salt. (At this moment you may think the curry will taste of very little but the salt will immediately bring all of the flavours out.)

Enjoy!

Allister



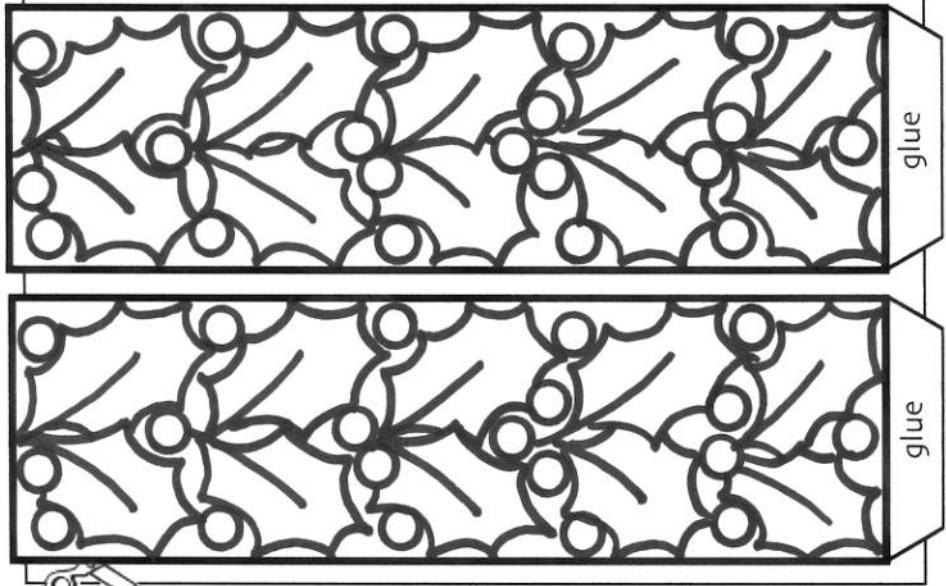
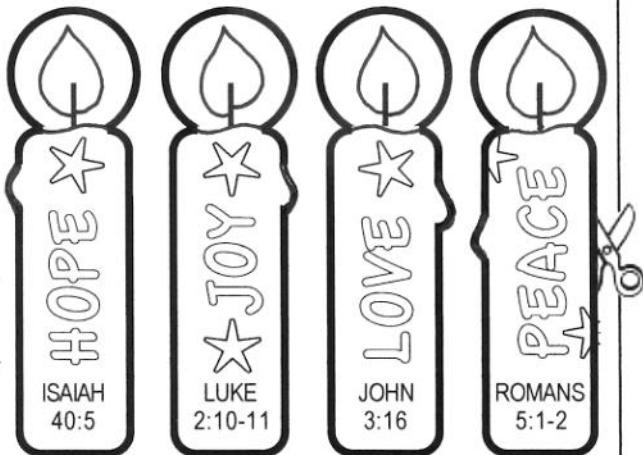
JESUS IS COMING!

ADVENT is the time before Christmas when we celebrate the arrival of JESUS, God's Son, our Saviour. In Advent we also look forward with HOPE to the time when Jesus will return to us again. We give thanks for God's LOVE for us, the PEACE we have with God through Jesus and our JOY at being His children.

To make your Advent wreath cut out the strips of holly, colour, glue together and glue around a glass jar. Colour and cut out the candles. Glue one candle onto the jar on each Sunday in Advent.



On Christmas Eve light a real candle in the jar to celebrate the birth of Jesus.



CONTACT DETAILS OF COUNCILLORS THAT SERVE EASTON

Parish Councillors:

Chair : John Owen

Tel: 01728 746644

(Also SCDC Representative)

Vice Chair : Tony Smith

Tel: 01728 746658

(Also Emergency Officer)

Brian Boon

Tel: 01728 745057

(Also Public Footpath Officer)

Michael Coney

Tel: 01728 746181

(Also Tree Officer)

Bob Gibbon

Tel: 01728 746866

(Also Playground Officer)

John Kerr

Tel: 01728 746517

Jenny McEvoy

Tel: 01728 747366

(Also SALC Representative)

Clerk :

Esther Brown

07789 538430

Suffolk County Councillor

Peter Bellfield

Tel: 01473 735259

Fax: 01473 735859

Suffolk Coastal District Councillor

Bob Snell

Tel: 01728 685877

A copy of the latest signed minutes of the Parish Council can be read on the back of the village noticeboard.

Easton Events

Nov

2nd Suffolk Comedy and Music Night,
7.15 pm V Hall

19th Mardle, V Hall 7.30 pm

22nd Quiz Night, White Horse

24th Farmers Market, 9-1 pm, Farm Park

27th WI Annual Meeting, 7.30 pm V Hall

30th Hoy Bingo, 7.30 pm V Hall

Contributions to the next Parish Magazine should arrive by the 20th of the month before, either by email or by handwritten piece, please.

My email address is :-

clareowen2002@yahoo.co.uk

or handwritten pieces to me at 5 Harriers Walk,
Easton IP13 0HA.

**For Village Hall Bookings
contact Jenny McEvoy on 747366**



For more information on your local villages, visit the parish websites:-

www.easton.onesuffolk.net

www.brandeston.net

www.kettleburgh.suffolk.gov.uk

A Special Concert at The Seckford Theatre, Woodbridge

CHARLIE DORE

and Julian Littman with Special Guests



An evening with the multi award
winning artist and Suffolk's
most tumultuous choir

'...beguiling...perfectly crafted songs'
THE INDEPENDENT

'File under treasure'
THE OBSERVER

Sunday, Dec 9th 7.30pm

Seckford Theatre, Burkitt Road, Woodbridge, Suffolk IP12 4JH

Tickets £10 advance /£12 on door

Reservations: kirsty@therabblechorus.co.uk

www.seckfordtheatre.org