# Easton Parish Magazine

# Easton sings 'Happy Birthday' to the Queen



Photo by Nick Piggott



*May 2016 Price 25p* 

## ALL SAINTS' CHURCH, EASTON

Priest-in-Charge : Revd. Deirdre West Tel: 688340

Smokey House, The Common, Tunstall

Churchwarden : Jane Woodbury-Eggins Tel: 746667

Bickley, Harriers Walk

Treasurer : Nick Boulton Tel: 746745

Glevering House, Wickham Market Road

Magazine Editor : Clare Owen Tel: 745015

5 Harriers Walk

#### **Dear Friends**

Do you pray regularly, occasionally, only on Sunday, at times of deep need or distress? Or is it something that has been 'lost' from your life over time? There can't be many adults that were not taught "hands together, eyes closed, God bless mummy ..." etc, as young children.

Having received a letter recently from The Archbishops of Canterbury and York, one sent to every serving parish priest in the country, which asked that we join them in a week of prayer, I have decided to respond to this challenge with a time of prayer, music, bible readings, and maybe even a hymn, each day.

Monday 9<sup>th</sup> – Friday 13<sup>th</sup> May in Marlesford Church starting at 4pm for approximately half an hour. Each day will be based around a different version of the Lord's prayer, one day the traditional version we all know and love, another the modern version, on another using 'Abba Father' and so on. And I would be really glad of some company.

If you are not someone who normally attends Church, don't worry. I promise not to 'hassle' you'. If you are a member of any of my seven congregations – great, as you will know that where two or three are gathered together Jesus is there and will grant their requests. And as people discovered during our recent Lent course on prayer, it is often easier to pray with other people rather than trying to do it alone. It is also a good idea to sometimes try something different, so these afternoons will allow us to pray using silence, and also through singing and music. You'd be most welcome to join me on one or more than one afternoon, as me singing alone in Church might not be the best of sounds to anyone passing by!

With love in Christ Deirdre



# Church Matters .....

## Rogation Service and Walk

On 1<sup>st</sup> May the 10 o'clock service at Hacheston will be followed by a Rogation Walk for those who would like to join in. The walk will take us to Marlesford Church where drinks will be served. Bring a picnic lunch and stay to eat it. If you don't want to walk, you can always drive there.

# May Fair

Come and join in this special Easton event on  $7^{th}$  May on the green! It runs from 2-4 pm with music, the May Queen and lots of stalls as well as delicious teas. (See separate page for more details and the flyer (which you should have already received) for ways you can help.

# Lay Elder Re-commissioning

My sincere thanks to those who came to my re-commissioning last month, it was good to have your support, especially as I was still not at full strength following a chest infection.

## Benefice Service

On 5th June the benefice service will be at Kettleburgh at 10 am.

# Discussion Group

The next meeting will be on Wednesday 4<sup>th</sup> May at Ash Grove, Framlingham. The topic is Isaac and Esau (Genesis chapter 27). The meeting will start with coffee/tea at 10.30 am. New members are always welcome.

# Dates for your Diary

There are no special dates in June.

Jane Woodbury-Eggins

#### **ROWAN JACK HARRIS**

Saturday 9th April saw around 60 people gather at Easton church to witness the baptism of Rowan Jack Harris by our own Deirdre West. It was lovely to see so many people there to support Rowan and his family and for us to celebrate the baptism of a village baby.

Rowan appeared to enjoy the whole event and, in fact, at one point seemed determined to get right into the font if possible!

A very happy occasion which was followed by tea at the village hall.

Carol Rook

### PHYL SHAW



#### Dear All

I know it is a bit late coming but I would like to thank everyone who came to Mum's funeral tea. I am sure it is just what she would have wanted and she would have loved every minute of it had she been there.

Altogether £304 was raised in donations for Age UK and another £20 for the Alzheimers Society in her memory which is wonderful.

Mum was a very sociable lady who enjoyed all the events she went to in Easton and Brandeston and she was very appreciative of all the help she received, enabling her to get to these activities. She felt she was a very lucky lady to have so many good friends.

I would also like to thank everyone who sent us cards and for all the lovely, kind words that were said about Mum. It has made us sad but it has also been a big comfort to know how well she was thought of and I am proud to have had her as my mother.

I and all the family will miss her very much.

Thank you and best wishes.

Candy

Don't miss it!



# Saturday 7th May 2 till 4 pm Village Green

Crowning of May Queen 2.30 pm
Ipswich Community Wind Band
and Rabble Chorus
Easton Belles WI Cream Teas
Grand Draw, Tombola, Bran Tub,
Books, Bric-a-Brac, Homebakes, Plants,
Toys, Hook the Duck,
Splat the Rat
and much much more!



In aid of All Saints Church



# ALL SAINTS CHURCH, EASTON is hosting

# Bunday Lafé



# Easton Village Hall Sunday 15th May Open 10.00 - 11.30 am

Celebrate spring with some tasty
homemade goodies
bacon rolls, takeaways,
read the papers, chat with friends.

### FLOWER AND CLEANING ROTA

	Flowers	Cleaning	
7th May	Jane Woodbury-Eggins	Jane Woodbury-Eggins	
14th May	Jane Woodbury-Eggins	Jane Woodbury-Eggins	
21st May	Jane Pollock	Imogen Hayward	
28th May	Jane Pollock	Imogen Hayward	
4th June	Jane Pollock	Jane Pollock	

# Village View in May



May Fair Saturday 7th May 2—4 pm Village Green

Mobile Library Wednesday 11th May 12.20—12.40 pm Village Hall

Sunday Café 15th May 10 -11.30 am Village Hall

Easton Parish Council Annual Parish Meeting Friday 20th May 7.30pm

Easton & Letheringham VHMC Annual General Meeting Tuesday 24th May 7.15 pm Village Hall

Easton Belles WI Visiting St Johns Ambulance Westbury Centre, Framlingham Tuesday 24th May 7.30 pm Yoga Flow Tuesdays 9.30 - 10.45 am Village Hall Contact Kat Hesse on 638604

Table Tennis
Every Wednesday
6.30 pm Village Hall
£5 per session

Pilates
Thursdays
2-3 pm
Village Hall
Contact Kat Hesse on 638604

Easton Pre-School Village Hall Mondays, Wednesdays or Fridays 9.15am—3pm Thursday mornings 9am-11.30am

# Easton Parish Council

# EASTON ANNUAL PARISH MEETING

TO BE HELD ON

FRIDAY MAY 20TH 2016

AT EASTON & LETHERINGHAM VILLAGE HALL 7.30pm

The Annual Parish (Village) Meeting is an opportunity for residents to bring forward anything that they would like to voice about the village.

Organisations are invited to give a short report on their past year, lasting approximately 3 minutes, and to provide the hard copy of their report which will be attached to the Minutes. Reports from the Church, School, Village Hall, WI, Bowls Club, Cricket Club and Pre School would be very welcome.

We look forward to seeing you.

Sue Piggott, Chair Easton Parish Council

## SUMMER SPORTS IN EASTON





Away 6.45

Home 7.00

#### Cricket

Sun	01	Sunday XI	V	Brantham	Away
Sat	07	1st XI	V	Exning	Home
		2nd XI	V	Stowmarket	Away
Sun	80	Sunday XI	V	Caribbeans	Home
		Ladies XI	V	Mildenhall	Away
Sat	14	1st XI	V	Dunmow	Away
		2nd XI	V	Long Melford	Home
Sun	15	Sunday XI	V	Needham Market	Away
Sat	21	1st XI	V	Mildenhall	Home
		2nd XI	V	Felixstowe	Away
Sun	22	Sunday XI	V	Saxmundham	Home
		Ladies XI	V	Woolpit	Away
Sat	28	1st XI	V	Long Melford	Away
		2nd XI	V	West Mersea	Home
Sun	29	Sunday XI	V	Woodbridge	Home

Matches normally start at 1,00 pm.

Fynn Lge

W'bridge Lge v

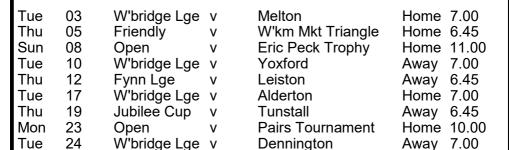
#### **Bowls**

Thu

Tue

26

31



Come and watch a game of cricket and/or bowls and enjoy a cup of tea or a drink at one of the clubs

Martlesham

Otley

## Easton PreSchool News

### Thank you!

Members of staff, Jackie, Sandy and Emma would like to thank Alun and Jacqui of the Harrier Hunt Kennels for their continuing kindness and

generosity to all of us at PreSchool. We love our little tours looking at the hounds, their pups and the horses, the little chats over the wall (after the children have shouted for you!), the chocolate treats, seed potatoes for us to grow and lately the turns with your water blaster, Alun; a hit with the children!

### **Looking Ahead to September 2016**

We have a few spaces left for September 2016 so why not come for a visit before the summer holidays. Our last day of this, the Summer term, is Friday 15th July.

Your little one can start with us from 16 months through to 4 years old. Our opening hours are Mon/Wed/Fri 9am-3pm and Thurs 9am-11.30am.

To book a visit call 01728 746935, email:eastonpreschool@yahoo.co.uk Or visit our webite:www.eastonpreschool.org.uk



Due to circumstances beyond his control, Wellie Boots apologises for his absence this month.

#### **NEIGHBOURHOOD WATCH**



#### **Cold Callers**

Police across the region are currently investigating a small spate of burglaries where elderly people have been targeted by groups of men. The men often claim that work is required on the property and may force their way into the house where they steal cash or other valuables. Remember if you are not sure about the caller, do not open the door and call the police if you are concerned about your safety. Having a chain or spyhole on your door obviously makes identification much easier. And for those of us who are not yet elderly or vulnerable, keep an eye out for those in your street who are.

#### **Protecting your Valuables**

A recent survey carried out by Zurich Insurance showed:

21% of people never hide their valuables

37% leave their devices (eg computers/laptops etc) on show

This resulted in:

34% of thefts of computers and laptops

34% of cash

30% electrical goods/digital cameras.

#### **Security Tips:**

- **Bins and ladders should be stored away from your home.** These could be used by an intruder to access a 1st floor window.
- Never leave any valuables where they can be seen by an intruder.
   Leaving valuables in direct view of a window is like advertising the contents of your home
- Don't share any holiday plans on social media. Posting details of when you will be away from your property will let any of your followers know that your home is potentially vulnerable.
- **Keep out any unwanted guests.** It is always a good idea to have a spy hole or door chain fitted as additional security.
- Leave a light on when you are not at home or purchase a light with a timer. You can leave a battery powered radio on as an alternative or in addition to leaving the lights on.
- Going away for a long period of time? Ask the Royal Mail to hold your post. The Royal Mail operates a 'Keepsafe™' service where they will hold your post for up to 2 months.

- Store all house and car keys away from your front door! You can
  have a key hook fitted inside your home or have a key safe fitted on
  the outside of your home. A letterbox cage or guard can be fitted
  additionally; this will help to deter a method of entry used by
  intruders called 'Key Fishing'.
- Fit lights with sensors on the front of your property and in the garden. These will help to deter a burglar as they are often more confident when it is dark.
- Mark all of your valuables with a UV pen. If the worse did happen and your home was burgled it may help to make recovery of your valuables easier.
- Check all of your locks including garages, gates or sheds. Upgrade or replace any faulty locks. Ensure locks meet the requirements of your insurance company. Make sure that any objects that can be used by an intruder to gain entry to your home are safely locked away in a garage or shed.
- When leaving the property always remember to lock any doors and windows. The majority of intruders will use an unlocked door or window to gain entry to a house.

**John Owen** 



## EASTON BELLES



Don't miss us at the Easton May Fair on Saturday 7th May when we will be providing the cream teas. We would be delighted to see you and are happy to support All Saints Church at this important village event.

Tuesday 24th May, 7.30 pm, Easton Belles WI to visit St. John's Ambulance at The Westbury Centre, Framlingham

New members and visitors very welcome! Enquiries: Janet Prentice - 01728 746808

Janet Prentice

# EASTON & LETHERINGHAM VILLAGE HALL



It was great to see so many residents and families in the village hall on the Queen's birthday evening. Many thanks to the Parish Council for organising such a nice evening and to those on the VHMC team who ran the bar!

The Hall was bursting again two days later for the St George's Quiz Night. English beer, Fish and Chips and questions all things English, best describes the evening entertainment! With 13 teams battling it out for village bragging rights, the eventual winners came via a tie break question after a very closely fought contest. Do you know which London Tube line has the most stations?

A great night again and many thanks for your continuing support for the events we organise. A lot of work and time goes in so it's always rewarding to see so many friends and residents enjoying themselves.

Talking of enjoying themselves, our next event is a big one!

## The Rhinos are back in Town! Saturday 13<sup>th</sup> August.

A popular live music evening with a pay bar and BBQ, tickets will go on sale next month. Pencil the date in as this evening sells out quickly and we do have a legal capacity for the hall for these events.

Ian Palfreyman

Easton & Letheringham Village Hall Management Committee

Annual General Meeting
Tuesday 24th May
7.15 pm

# WICKHAM MARKET MEDICAL CENTRE SPRING NEWSLETTER



#### STAFF NEWS...

Sadly Dr Phelan has decided to leave the practice at the end of April and we would like to take this opportunity to thank him for his work at the practice and to wish him all the best for the future.

We are currently advertising for a new GP, however in the meantime we are very pleased to welcome Dr Adam Smith to the team who will join the practice on a temporary basis from the 25<sup>th</sup> April.

#### ONE LIFE SUFFOLK...

One Life Suffolk is the new integrated healthy lifestyle service available across Suffolk as of 1<sup>st</sup> April 2016.

#### It will include:

- Health promotion
- Weight management
- Specialist behaviour change
- Support to increase physical activity
- Smoking cessation
- NHS Health Checks outreach For more information, please visit <u>www.onelifesuffolk.co.uk</u>

#### MISSED APPOINTMENTS...

From the 1<sup>st</sup> February to the 31<sup>st</sup> March we had **388** missed appointments across both surgeries. This equates to **78.35** hours of wasted clinician time.

We urge all patients to call the surgery to cancel or re-arrange appointments that they are unable to attend to minimise the number of missed appointments.

Please note: our telephone system is set up so that appointments can be cancelled at any time during the day or evening.

#### KEEPING CHILDREN SAFE AT HOME...

Research funded by the National Institute for Health Research has enabled us to find out more information about the factors that increase the risk of poisoning, falls from furniture, scalds and falls from stairs. Factors are listed below:

#### **Poisoning**

- Not locking away medicine
- Not putting household products away immediate after use

#### Falls from furniture

- Changing nappies on raised furniture
- Allowing children to climb on furniture more often

#### Scalds

- Leaving hot drinks within reach Falls from stairs
- Not using a safety gate
- No carpet on stairs
- Unsafe stairs/ needing repair

#### TRAVEL ADVICE...

It's that time of year again! If you are planning on travelling abroad this summer and think that you may need immunisations, please take advantage of the travel advice we have to offer. Once you have booked your holiday please allow plenty of time to plan and book an appointment with the Practice Nurse to discuss holiday immunisations and advice on Travel Health.

Prior to your appointment, you must complete a travel questionnaire. This can either be collected from reception or found on our website under the link 'Clinics & Services'.

# Easton Celebrates in style Queen Elizabeth II 's 90th Birthday

(Photos by Myles McEvoy)

A true village get together. With ...







... and friends to chat with and share a glass or two.



The dedicated bar staff!



Dr Dan Poulter lights the beacon on the village green, ably assisted by Alun Thomas.

Three rousing cheers to her majesty!

Hip hip .....

# Thanks to the Parish Council on behalf of the village for organising this special event.

### **Easton Egg Dump Tournament Marred by Controversy**

Excitement, prowess, intrigue, violence and debauchery - the Easton Egg Dumping Championship 2016 had it all! There was doubt that the competition would go ahead due to the refurbishment of The White Horse but, following public outcry and a petition to Buckingham Palace, the event was sanctioned by Her Majesty's Privy Council Dumping Committee and was held at Easton Village Hall.

There was such a tremendous turnout that to enable everyone to witness the action, the organisers had to televise the event on a huge screen (at least while the batteries lasted on Margie's camera). Indeed, the influx of entrants meant that for the first time in recorded history, a "Dump-Off" had to be played to whittle it down to the prerequisite 32. Amongst those who failed to get through the Dump-Off were: the Fellowes fellows; last year's finalist, Ric (Ritchie Rich) Ackland-Snow; John (Pearly King) Owen; Nick (the Amazing Memory Man) Boulton; Carol (Rabbit) Rook; the two Easter Chicks (Suze & Soph); and Joy (Lightning) Lightfoot. The first element of controversy occurred even before the main competition started when John Rook picked up a yellow card for assaulting the Chief Dumpmeister and then picked up a red card for putting off newcomer Kathryn Hurlock while she was trying to dump. That man has no conscience ...

In the first round, most entrants were from the Wylie family, so it was no surprise to see a few get through. As ever, though, there were tears early on when young Freja was dumped out of the competition by her own mother, Indra - who showed so little compassion that some newcomers thought she was related to John Rook.

Cockneys Clare Owen and Jenny Giesen took an early exit, along with Easton trio Mary Willson, HRH Margie Ransome and Karen Boulton. Last year's champion Blane wasn't there to defend his title and, incredibly, Dot and Gil also failed at the first hurdle. There was some resultant controversy with allegations of egg tampering by last year's transgressor, Guy Pugh. Indeed, he was seen close to Dot's egg and, at the time of writing, an investigation is underway by Suffolk Constabulary, who are requesting all entrants' mobile phone photographs or videos to be submitted for evidence. Amidst all the speculation, Pugh was allowed to participate this year, following his public pledge to adhere to the Dumping Code - but if found guilty of tampering, he could face a lifetime ban.

The crowd witnessed some intense action in the Quarter Final, which saw Jean Braveheart-Pugh smash Nicole out of the competition, while Jane A-Snow was left reeling after a bit of rough action from ex-champ, Graham Ransome. It was the waterworks for Dave Giesen, too, who lost to the other former champion, Mark (Very Naughty Boy) Kenny. The highlight of the round was seeing a full-on domestic between Peter & Sharon Wylie, which led to the obvious conclusion - Sharon won. Her luck ran out in the Semi Final, though, when confronted by former-champ, Kenny. His prowess shone through and gave him a place in the final. The other Semi saw Graham Ransome face a now scantily-clad, Jean B-Pugh.

After a yellow card for groping his opponent, Ransome overcame the cleavage distraction tactics and smashed his way through to the final, too.

Oh, and what a Grand Final it was! For the first time in recent history, the championship was to be decided between two former champions. Kenny strode majestically to the oche and chose to be the dumper. After receiving a verbal warning for unstable presentation, Ransome assumed the dumping position and Kenny took aim. Such was the mastery of the egg dumping art, it took two dumps to break the seal - but Ransome rose victorious. A conciliatory Kenny stated that he was pleased to make the final, as he would normally be happy with just a semi. In the subsequent media interviews, the newly crowned "twice-Champion" Graham Ransome thanked his fans and put his win down his fitness regime and the strong support from Margie during each dump at home.

Many thanks to everyone for their support – particularly Mike and Janet Prentice (for keeping me organised on the night), Sam Ransome (audio/visual technician) and to everyone who helped with the food. This year's event raised a magnificent £300 for the St Elizabeth Hospice. The location of next year's competition is yet to be decided but some sources indicate that there has been a substantial sponsorship bid for it to be held in Qatar...



More photos on village website ...

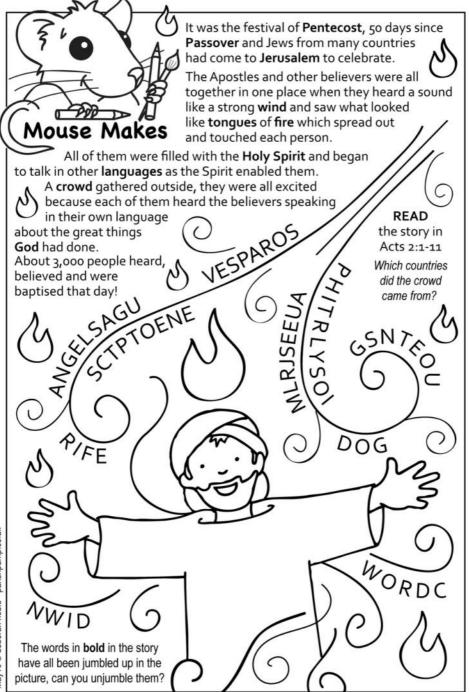


David Stagg (Chief Dumpmeister)



## What is egg dumping?

Eggs are hard boiled in water. They are numbered and a draw is held so each player is given an egg – you can't bring your own egg. The game is played in pairs – one player will choose whether to dump or be dumped. If you are being dumped, you hold your egg still whilst the other player taps your egg from above with theirs. Whichever egg breaks is out.



May16 @ deborah noble • parishpump.co.uk

# CONTACT DETAILS OF COUNCILLORS THAT SERVE EASTON

#### **Parish Councillors:**

Chair:

Sue Piggott

T: 01728 746622

(Also Highways Officer)

Vice Chair:

**Alun Thomas** 

T: 01728 747267

(Also Cemetery Officer)

Michael Coney

T: 01728 746181

(Also Tree Officer)

Adrian Hollins

T: 01728 746053

(Also Pathways Officer)

Fiona Siddall

T: 07970 450245

(Also Play Area Officer)

**Bob Gibbon** 

T: 01728 746866

Clerk:

Vacant

**Suffolk County Councillor** 

**TBA** 

T: 01473 735259

**Suffolk Coastal District** 

Councillor

Carol Poulter

T: 07833 441349

E::carol.poulter@suffolkcoastal.gov.uk

A copy of the latest draft minutes of the Parish Council can be read on the back of the village noticeboard.

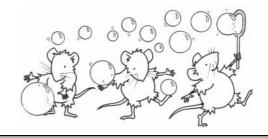
# Do you have something to put in the magazine?

Contributions to the next Parish Magazine should arrive by the 20th of the month before, either by email or by handwritten piece, please.

My email address is :clareeowen@tiscali.co.uk or handwritten pieces to me at 5 Harriers Walk, Easton IP13 0HA

## Village Hall Bookings

Contact Jean Blackwood-Pugh Email: jeanmbp@gmail.com Tel: 748378



# For more information on your local villages, visit the parish websites:-

www.easton.onesuffolk.net
www.brandeston.net
www.kettleburgh.suffolk.gov.uk
www.campseaashe.onesuffolk.net
www.marlesford.com
www.parham.onesuffolk.net
www.hacheston.suffolk.gov.uk

#### Do you like to travel?

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