

Easton Parish Magazine



May

2013

price 25 pence

ALL SAINTS' CHURCH, EASTON

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Dear Friends

Rogation Sunday falls on 5th May this year.

Historically, Rogation Days were set aside as days of fasting and prayer, to seek God's protection of the crops from mildew. To ask of God ("Rogation" comes from the Latin *rogare* to ask) in this way was not an attempt to attract divine or miraculous intervention, nor were the Rogation customs of "beating bounds" some sort of superstitious mumbo-jumbo. The intent of Rogation sprang, first, from people's deep sense of direct physical dependence on the outcome of "seed-time and harvest"; second, their awareness of the narrow margin which separates sufficiency from starvation; and third, the profound hope which the whole community shared for the blessing of kindly seasonal weather. Taken together, these were simple and faithful recognition of God's gifts to human life.

For many of us, the availability of life's necessities is something we take for granted. But this year Rogation-tide may carry a new significance, because this year, food security cannot simply be assumed.

The effects of prolonged flooding on pasture and arable land in the West country and the late snow on the hill farms of Wales and Cumbria have compounded the difficulties faced by British farmers. The costs of agricultural fertilisers and feed continue to rise, and I understand that already significant proportions of this year's sowings of wheat and oil seed rape have been lost. I do not know what impact the forward trading of these commodities will have, but we can be sure that all these things will work their way through to affect the price of food in our shops.

However, we would be wrong if our prayers at Rogation-tide simply sought some distant deity's protection from food price inflation. The margin between sufficiency and starvation is still narrow; at a time of austerity, those who pay more leave less for others. In our Rogation prayers, we have an opportunity to acknowledge our physical dependence on the Earth which sustains us and our inter-dependence as members of a global community, whilst acknowledging that the life and breath we all share is God's gift to each one of us.

And at the end of May, on Trinity Sunday, we shall celebrate the nature of the God to whom our prayers are addressed and of whose love we have a three-fold experience; through whose creative power we live, who in Jesus Christ has shown us how – and set us free – to live, and who, through his Spirit, sustains us as we live each day; in the depths of winter as well as in the warmth of Spring.

With love from

Robin

Church Matters



Discussion Group

The Discussion Group in April talked further about creeds and statements of belief. As usual the discussion was lively and enjoyable.

The May discussion group will be on **Wednesday 1st May** at 10.30 am at Almond Tree Cottage, Easton. The topic chosen is "Martyrs".

New members are always welcome.

Sunday Cafe

Our first Sunday Café was a great success and we shall continue to hold this in the Village Hall every second Sunday in the month (12th May this month).

Dates for your Diary

Rogation Sunday and Visit of Archdeacon Ian Morgan

Our new Archdeacon will be with us for the first time for our Greater Benefice Rogation Service on Sunday 5th May at 11 am. Rogation is traditionally the time when we ask God to bless the crops and production of our food. In the past it was a major festival for country communities and was often accompanied by "beating the bounds" to define the boundaries of parish land.

May Fair

Please see the separate entry about our May Fair which will take place on Saturday 18th May with all the usual attractions.

Jane Woodbury-Eggins

THANK YOU

Mrs Wilda Woodland would like to take this opportunity of thanking her friends and neighbours for their great kindness following the death of her husband Allan Leonard Woodland. This has been a difficult time but kindness has made it easier to bear.

MAY FAIR



**Saturday 18th May
Village Green
2 — 4 pm**

Crowning of the May Queen 2.30 pm

**Ipswich Community Wind Band
Rabble Chorus
Lots of activities (for children and
adults!)**

**Lots of stalls:
Plants, Cakes and Home Made,
Bric-a-Brac, Books, Toys
Raffle and Tombola**

**This really is a fun community event
not to be missed!**

Proceeds to Church Fabric Fund



ALL SAINTS CHURCH, EASTON

Sunday Cafe



on the second
Sunday of every
month



Come and enjoy a cup of 'proper' coffee or tea with a croissant, homemade goodies or a soft drink, read the Sunday papers and have a chat.

Storytelling and craft activities to amuse the children.

Easton Village Hall

Sunday 12th May

open 10.00 - 11.30 am

Pip Smith

Philip Charles Smith, Pip to all his friends, was born in Melton. Brought up in Easton at Home Farm Glevering, his parents were Peter and June who farmed Home Farm. Pip's early life was spent on and around the farm at Glevering - everything from working with battery hens to mucking out the cowshed.

Pip moved on from farming and became involved in the local taxi scene as controller for various companies, and when his job moved him to Felixstowe he met Sally. They married in 1990. Then came the beginning of Pip's life as publican. Sally and Pip took on The Marlesford Bell for over five years before returning to Easton to become landlord of The White Horse for more than twelve years from 1993 to 2006. And what a success they made of it! Pip was very popular and Sally produced an enormous menu of food. They were a great team, providing hospitality and entertainment not only to Easton residents, but a wider public who flocked to the pub to hear local bands Pip gave exposure to.

So many describe Pip as having been a 'lovely bloke'. A nice man who was unpretentious and content with his life. He never travelled abroad, wouldn't fly and never possessed a passport. He was a man of Easton who served this community well. When the village was cut off by snow for three days, The White Horse ran on extended hours with many customers spending the whole day there and Sally's larder providing meals, even to villagers in need of sustenance who couldn't get to the pub. This was so typical of Pip who was a kind man. Many will remember Fred Summers and the late Arthur Fiske who was an amputee. The White Horse became their second home in their old age. Pip and Sally even took Arthur on holiday with them.

We send our love and sympathy to Sally, Sean and his family.

Abridged from eulogy read at Pip's funeral. Ed.

FLOWER AND CLEANING ROTA

	Flowers	Cleaning
4th May	ROGATION	
	Dot Blane	Dot Blane
11th May	Dot Blane	Emma Gibbon
18th May	Jane Pollock	Imogen Hayward
25th May	Jane Pollock	Imogen Hayward
1st June	Jane Woodbury-Eggins	Jane Woodbury-Eggins

Easton CP School

'A creative learning family in a wonderful setting'

Head teacher: Mrs C Singleton BEd Hons MA

Tel: 01728 746387 Fax: 01728 747557

Email: admin@easton.suffolk.sch.uk

Website: www.eastonprimary.org.uk



Extracts from 19th April newsletter

Welcome back, we hope you had an enjoyable break.

This term we will be starting up a series of **Maths mornings for parents** to attend. All our classes will be having maths lessons from 9:00am on these days and parents are invited to come along and join the class for the morning to help you gain an understanding of what is going on at school and to enable you to help at home. The first maths morning [was] held on Friday 26th April from 9:00 – 10:15am. [Contact the school secretary for more details.]

During the course of the term we also hope to launch '**Mathletics**' which is an online maths resource that will be used in class and can also be accessed at home. Some classes have enjoyed our free trial of this and now we would like to go forward and buy access to this across the school. There will be a maths information session for parents this term based on end of year expectations for each year group specifically in the area of number, the four operations and fractions. The aim of this is to help parents to know exactly what is expected of their child as well as how to encourage and progress their learning. Dates will be on future newsletters and emails.

Easton School Association

I would like to re-launch the ESA with the aim of creating a full committee and have regular (Half Termly) meetings to set up events, evaluate past events and to spend the funds raised. I have spoken to Kathy Churchill and Kathy Carter who are at present the only two committee members and they are both very keen for the ESA to grow. Please help us to keep this valuable body operating. Members are not expected to attend every event but are asked to come to as many meetings as they can – these will be held towards the end of the school day to help with child care issues and younger siblings can attend! Please see me if you can join this fantastic, invaluable group.

Cheryl Singleton

HI 5's Netball Tournament at TMHS

Well done to both teams who battled the elements during the HI5's Netball Tournament. Instead of the 8 games scheduled the event was cut short due to the weather meaning that we only got to play 4 teams. Our two teams came 2nd and 7th and played with great team spirit and skill. Sadly we didn't get to play the winning team so who knows what the outcome could have been! Fantastic effort – well done everyone.

RED NOSE DAY - Total raised - £246.95 – a school record. Many thanks for supporting this event and well done to all!



EASTON & LETHERINGHAM VILLAGE HALL NEWS



The Quiz Night held on the 19th April was another great success. Many thanks as always goes to the fundraising team of Mark Kenny, Mary Willson, David Stagg and Margie Ransome for organising and running the event. Without their regular enthusiasm, commitment and giving of time these types of events wouldn't happen. Hopefully not too many blisters from all the potato peeling! Also thanks to John Newsom who never fails to deliver a great quiz, and everybody else who helped out on the night.

We were also pleased to see another regular event start in the hall in April with the first Sunday Café run by the Parish Church team, we wish them all the best for future events.

VHMC AGM - Tuesday 7th May 7.15pm Village Hall

This is an opportunity to hear the report for the last 12 months, meet your committee and elect a new one for the coming year. We do encourage all user groups and residents to come along and give us their feedback on what we have done and what we could do in the future. So please join us for some light refreshments and a chat.

Ed's Little Sister Live - Friday 21st June 2013 7.30pm

Last month we announced a live music event featuring **Ed's Little Sister**, a three-piece band featuring our very own resident Kirsty Logan of Rabble Chorus fame.

Ed's Little Sister are a three piece acoustic band who cover great songs using skillful instrumental and three part vocal harmony skills. This is a new venture from three musicians who have performed together for many years in other successful groups and perform an eclectic mix of classics and lesser known numbers from the back catalogues of artists such as The Kinks, Pink Floyd, Adele, Bowie, Elbow, Fratellis and The Stranglers.

Tickets for this event are available **NOW** from the website, or Mark Kenny 747572 and Margie Ransome 746818. Tickets are priced at £9.75 and will include a sit down BBQ meal. Numbers are limited for this event to 75 so book early to avoid disappointment. There will also be a pay bar.

We look forward to seeing you at the AGM or Ed's Little Sister gig or both over the coming weeks.

Ian Palfreyman
Village Hall Management Committee

www.elvillagehall.com

EASTON 100 CLUB



April Winner
Paul Mothersole (No. 5)
Winning £43

Organised and run by the Village Hall Management Committee

Contact Dave Stagg on 746054 or visit www.elvillagehall.com/members-&-numbers.html for the last few remaining numbers.

LIVE MUSIC & BBQ
EASTON VILLAGE HALL
starring
Ed's Little Sister
7.30 til late
FRIDAY JUNE 21st
TICKETS £9.75 (inc. food) + PAY BAR

A POLITE REMINDER FROM THE VILLAGE HALL FUNDRAISING TEAM

All events organised by the Village Hall Committee Fundraising Team such as quiz nights, comedy evenings, music nights etc raise essential funds for the ongoing improvement of the Village Hall for the benefit of our community. We try to price event tickets and the bar tariff fairly. It was noted at the Quiz (and not for the first time) that a minority of people brought their own wine. We politely request that this does not happen again - thank you.



HAPPY FIRST BIRTHDAY TO US - celebrated in style!

We were thrilled to announce that our first Baby Belle has arrived with Jo Harris giving birth to a boy, John Edward, on Friday 19th April. Our love and congratulations to all the family.

Our hanging baskets and patio tubs will be amazing this year thanks to the advice given by our speaker, David Garnett. David brought along to the meeting a large selection of plants and accessories which were eagerly snapped up.

Birthday 'refreshments' were enjoyed by all.

Our meeting subject this month will be '**Colour Analysis - wearing the right colours to suit you and making the most of yourself**' - **Tuesday 28th 7.30pm Village Hall**. It promises to be a 'colourful' evening so we look forward to seeing you. Hope you can make it!

Janet Prentice



Above: David Garnett of Garnett Nurseries.
Right: A fine birthday spread.



Novice Wins Egg Dump Title

The Cumbrian tradition of “Egg Dumping” at Easter was introduced to Easton by the Staggs back in 2006 and involves an intensely-fought competition for the coveted trophy (and, more importantly, the honour of being Egg Dump Champion for the year). The competition was held in The White Horse and attracted a field of 32 competitors from across the UK. Sadly, former champions Graham Ransome and Will Johnston were unable to attend but the current holder, Jane Manning, was there to defend her title.

The duelling was fierce in parts and quite venomous when married couples were drawn against each other. The bond between newly-weds John and Carol Rook was sorely tested when Carol was dumped out by John, while twice champion David Stagg bowed out gracefully (not!) when dumped out by Claire. When Jane Manning was eliminated in the early rounds, the anticipation of crowning a new title holder brought about an air of nervous tension from the spectators (either that or one of the eggs was off). Newcomers, the Lewellen boys, fared well in their first egg dump outing, while the crowd were outraged by the flagrant abuse of the rules by John Townsend. (The governing body will be reviewing video evidence to determine whether or not he is eligible for next year’s competition).

The crowd favourite, Dot Blane, sadly did not make her usual position of losing finalist, as the grand final was contested by two complete novices, Mark Kenny and Clare Walker. Mark had the advantage of the draw in this north versus south face-off and chose to dump, rather than be dumped. His choice proved to be a good one, seeing off Clare’s egg with a swift, clean dump of perfect accuracy. In his first interview as champion, Mark put down his success to close observation of the techniques used by the more experienced competitors and described himself as simply “born to dump”.

The competition raised a small donation of £41 for St Elizabeth Hospice but due to the growing fervour surrounding Egg Dumping, the 2014 tournament is being planned as a greater spectacle and hopes to raise a more significant amount for the charity. The event will be held at The White Horse on Good Friday next year and will be available to viewers in 3D (as long as you’re there).

David Stagg



Mark Kenny being presented with the 2013 trophy by last year’s champion, Jane Manning.

What is egg dumping?

Eggs are hard boiled in water. They are numbered and a draw is held so each player is given an egg – you can’t bring your own egg. The game is played in pairs – one player will choose whether to dump or be dumped. If you are being dumped, you hold your egg still whilst the other player taps your egg from above with theirs. Whichever egg breaks is out.

EASTON PARISH COUNCIL

Highlights of the Annual Parish Meeting on 16th April 2013

The meeting heard reports from various Cllrs and groups in the village.

Parish Council Chairman's Report included SCDC had rejected the **planning** application for the solar park in Hacheston, an appeal has now been received by SCDC. **Safety** near the school and at Pound Corner is being addressed with both SCC Highways Dept and the Police. Council has received money for repair work required in the **Car Park** due to damage by an SCS Ltd vehicle. A bench has been provided and a safety sign and litter bin will be installed in the **Play Area**. The **Youth Bus** is back in the village fortnightly. Council are looking into a path from Pound Corner to Harriers Walk and the traffic problems near the school – both areas identified in the **Village Plan**.

2012-2013 Accounts Summary Clerk reported that the accounts have been completed and are ready for the internal auditor.

County Cllr Bellfield's Report included information about SCC Leaders, Budget, Council Tax, Libraries, Education, Residential Care Homes, Broadband, Energy from Waste, Fire and Rescue Service, Future Back Room Office Requirements, Records and Heritage Functions and major Construction Sites. Residents were encouraged to contact their County Cllr if they felt that he could help them.

District Cllr Snell's Report included Financial Efficiency, Housing/Planning, Local Economy, Environment and Community Well-Being.

Harriers Hunt Kennels Report included that the Hunt master felt that the dogs were better controlled and quieter than a year ago. That he regularly collects dog waste from between the kennels and the 30mph sign on the road to Easton Farm Park. That the hounds are wormed very regularly and their waste should be disease free.

Cricket Club Report included that Jolyon Kimmerling was the new Chair, about 100 juniors had signed up for the 2013 season, the club house is being improved with verandah repairs and redecoration and the club would like to focus on strengthening ties with the local community.

Bowls Club Report included that the club coaches the local school children during the summer, the club has been granted planning permission to extend the pavilion, improve facilities (especially the addition of toilets) and build a new equipment store.

Easton Pre-School Report included there have been committee changes and although children numbers were low in the autumn they have now improved. The VHMC were thanked for their work.

Neighbourhood Watch Report Residents were encouraged to lock their vehicles and outbuildings/sheds to reduce opportunistic crime; not to respond to emails from Banks/HMRC asking for personal details and that further crime reduction information will be in the Parish Magazine as it becomes available.

Village Hall Management Committee Their report and accounts will be first given at their AGM on May 7th and residents are welcome to attend. These will then be published on the Village Hall website.

During the **Public Forum** 2 topics were discussed

School Parking The Police will issue fixed penalty notices to cars parked illegally. Suggestions to improve the issue included a 'lollipop' person, marked passing places and greater use of the village car park.

Dog Fouling Dog fouling in a 30mph zone is a reportable offence. A suggestion to improve the problem was for Council to reassess the number and location of 'dog bins' in the area. Dog walkers were encouraged to collect their dog's waste and deposit it in a dog bin or in their **own black bin** (not someone else's).

Council will discuss these at their next meeting.

After the meeting attendees were invited to have a drink with their Parish Councillors.

If anyone wishes to see reports and correspondence referred to above please contact the Clerk.

The next meeting of Parish Council will be the **Annual Parish Council Meeting on Tuesday 14th May at 7:15pm in the Village Hall** (to be followed by an ordinary Parish Council meeting).

If anyone wishes to see reports and correspondence referred to above please contact the Clerk.

If you wish to make any comments or ask questions relating to Council matters, please contact the Clerk by telephone (07789 538430) or email pc@easton.suffolk.gov.uk. She works 4 hours a week, Monday – Thursday



**Go with the Flow Youth Bus in Easton
Tuesdays fortnightly
This month : 7th and 21st May**

Time: 6.30pm - 8.30pm.

Location: Village Green

**Age : School Year 6 upwards.
(Some over 18's could volunteer to help run the sessions -
good for CVs and/or DofE Awards.)**

**Possible Activities include...Wii, X box, TV/Films, Cooking,
Craft, Games....**

**More details about the bus are available here:
<http://gowiththeflow.onesuffolk.net/>**

Wellie Boots for May

What a difference a month makes! Spring has sprung, the grass is riz and everyone *knows* where the birdies is. They's everywhere, that's where the birdies is! Including that nestbox over the patio that I meant to re-site during the winter. Really, I did. Now I have to suffer a strategically placed garden lounger for the duration, to create a soft landing spot. Did you say "serves you right"? Fair enough, but baby blue-tits really don't take kindly to having their brains bashed out on concrete on their first flight, believe me.



Last year of course, we had the mystery of the vanishing frogspawn and tadpoles, and I have to confess that the local heron and ducks bore the brunt of my wrath. As a consequence, this year there were far fewer frogs and much less spawn. A week or so ago, during a midnight stroll around the pond (as one does), we noticed much activity yet again in the pond. On investigation with a flashlight, an absolute melee of newts in a feeding frenzy was revealed, tearing into the spawn like they hadn't been fed for a month. On second thoughts, make that almost five months – forgot they'd been hibernating all winter, so perhaps they could be forgiven especially as most of them are Great Crested. Anyway, after a hasty search, a small dustbin was found and some of the remaining spawn rescued, so here's hoping the next generation of Easton frogs is assured. Incidentally, another piece of my useless information, in captivity tadpoles absolutely "lurve" tinned cat food, turning into big, bonny babies. However, as far as I know they don't turn into bull frogs. Let you know later ...



Now to the garden itself. Continue with hoeing the borders to get rid of weeds before they take hold. Annual weeds such as groundsel and bitter cress are enough of a nightmare without allowing them to go forth and multiply by seeding. On a dry day, if you suffer from ground elder and its ilk, as we do, attack them with a systemic weed killer painted onto the leaves. But remember these systemic weed killers are indiscriminate and will kill anything they contact. Things are now so bad in parts of the garden that the only solution will be to remove any important perennial plants, over-winter in the glasshouse and then drench the remainder with very strong Round-up. Or I can dig it up – and again – and again. Also this year, in many cases the show of spring bulbs has not only been very late but also quite disappointing. We therefore need to get as much goodness back into the bulb as quickly as possible so just de-head flowers such as tulips, daffodils, bluebells, narcissi, etc so they don't use up further energy by developing seed. Then leave the stem and leaves to die back naturally, taking strength back into the bulb, although it will look a bit messy for a while. It will also help to improve the bulbs if the foliage can be treated with fertiliser during this die-back period. Meanwhile many of our plants such as peonies, delphiniums, hollyhocks, etc will be in need of support later on, so now would be a good time to get supports in place to avoid disturbance later on.



you have succumbed, tread very carefully as treacherous late frosts are still quite common well into May and protection may be necessary. Tune into the weather forecast – at least with frost they're quite accurate. Meanwhile, at this time of year the garden, urns and containers are definitely in need of a general purpose fertilizer, especially before a final application of mulch.

If you've already mulched, draw it back if possible, teasing the fertiliser into the soil, and then replace it whilst you can see what you are doing before the herbaceous growth really takes off. We always use our own mix of garden compost, leaf mould and used grow-bags, but if you are not so fortunate then ready-made soil conditioner is available. But well-rotted manure never seems to work in our garden as it produces a profusion of grasses and weeds beyond compare. Perhaps they're using the wrong breed of horse? Give it a Suffolk Punch, perhaps?

Carry on removing moss, grass and weeds from paths, patios and drives and keep an eye out for pests around the garden. No, no, Delilah, stop going off in a strop. I really didn't mean you, honest I didn't. Silly girl! Now where was I? Oh, yes – keep the use of chemical controls to a minimum – they may kill off pests but they also kill off the beneficial insects that prey on them such as ladybirds and hoverfly larvae, and also possibly bees. Irreplaceable in any garden. So, unless you're a Buddhist or pacifist, this is the time to wage war on slugs and snails now emerging from their winter sleep. They simply love tulips and delicacies such as the delicious young shoots of delphiniums, hostas, etc so one could use pet-friendly slug-pellets or a liquid slug killer to exterminate slugs and eggs below the ground. As for snails, I always prefer the beer traps, at least you know they will die happy. Otherwise you can keep a sharp eye out for them and pick them off – after dark and after rain is the best time (no Delilah, use a torch dear, it's easier). What you do with them after that is up to you – only don't throw them into my garden, I've enough of my own.

However, as luck would have it, at the moment a mistle thrush is exploring our garden so perhaps one or two flat stones strategically placed may encourage him to practice his snail-bashing techniques. I also understand that cheap, natural alternatives are crushed egg shells, coffee grounds and the overturned skins of half grapefruits or oranges which they like to hide under.



So what's topical at the moment? Lilies, of course. Last year's planting should already be showing well above ground and with it the dreaded bright red lily beetle. The best way to deal with them before they cause serious damage is to pick off the adult beetle and crush it. But they're wily critters and drop to the ground and disappear as sure as dammit, so form a white paper cone to place under them and catch if they fall. On the underside of the leaves their larvae can often be found encased in a black sticky mess (actually it's their "poo") so wash this off the leaves with a small water spray. With nothing to live on they soon die, or if you want to be certain and aren't squeamish, just treat as an adult beetle and remove and crush.



Then on to roses, which should have been pruned already earlier in the season. I have just given mine a good helping of specific rose fertiliser and now they are due to be sprayed with fungicide to protect against fungal disease which is done at regular intervals (check labels on container for details, they vary).



And as with all shrubs etc, where possible give a good soaking to the base of the bush late afternoon or early evening to avoid getting water onto the leaves in the heat of the day, which can cause blemishes, powdery mildew and damaged blooms.

Finally, many of us will be potting on half-hardy annuals from modules into individual pots. When large enough I usually use ordinary multi-purpose compost, transplanting one at a time to prevent wilting. Especially beware of a late frost and protect if one is expected. Meanwhile I'm still taking the odd root and leaf cuttings and splitting perennials so it's now go, go, go from here-on and this year I'm adding lilies, iris and gladioli to get a little more height and colour into the garden. Delilah has just informed me that perhaps we should eat the snails like the French. She really has lost the plot this time so perhaps I'd better go before she drives me really mad. At least I won't have to see her again until Easton Hidden Gardens.

Happy gardening.

Wellie Boots



Volunteers needed to help in St Elizabeth Hospice shop

Volunteers are needed to help out in our shop on Market Hill, Framlingham. No previous experience is required, just a willingness to help, and full training will be given. Whether you're serving customers, helping with stock collections, sorting donations or window dressing, you'll be part of a great team.

If you can spare a few hours a week the Hospice would love to hear from you. St Elizabeth Hospice has over 1,000 volunteers who carry out a wide range of roles. The support our volunteers provide is vital - without them, we would not be able to open our shops.

If you are interested in volunteering please contact St Elizabeth Hospice's voluntary services coordinator on 01473 707016 or email

volunteer@stelizabethhospice.org.uk

FREE COMPOST!

**Collect from Serpents
Kiss, Framlingham
Road**

**Contact Simon on
747876**



Neighbourhood Watch



Crime in Suffolk falls for seventh consecutive year

End of year figures show that crime in Suffolk has fallen for the seventh consecutive year and the number of solved crimes has increased, demonstrating that Suffolk remains a safe place to live, work and visit.

The figures from 1st April 2012 to 31st March 2013 show there were 40,009 crimes recorded in Suffolk – 5,632 fewer crimes than the same period last year (2011/12). Coupled with this, almost a third (32.5%) of all crime has been solved, that's 1,644 more solved crimes than last year, a total of 13,011.

Robbery offences, which have been a top priority for Suffolk Police after increasing during 2011/12, saw a significant 25% decrease with 84 fewer crimes being committed in the past year. There were also 108 fewer dwelling burglaries and 845 fewer violent assaults.

As well as the decrease in overall crime, robbery, burglary and violent assaults, the year end figures also show:

- Serious sexual offences decreased by 8.3% (49 fewer crimes)
- Vehicle crime decreased by 7.4% (303 fewer crimes)
- Criminal damage saw a decrease of 19% (1,571 fewer crimes)
- Theft offences decreased by 15% (1,778 fewer crimes) and
- Drug offences increased by 7% (120 more crimes).

Road Safety

With spring finally with us we are all more likely to go for a walk. Safety of course is paramount and two points from the Highway Code:

“If there is no pavement, keep to the right-hand side of the road so that you can see oncoming traffic. You should take extra care and

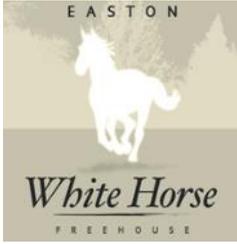
- be prepared to walk in single file, especially on narrow roads or in poor light
- keep close to the side of the road.

It may be safer to cross the road well before a sharp right-hand bend so that oncoming traffic has a better chance of seeing you. Cross back after the bend.

Help other road users to see you. Wear or carry something light-coloured, bright or fluorescent, in poor daylight conditions. When it is dark, use reflective materials (eg armbands, sashes, waistcoats, jackets, footwear) which can be seen by drivers using headlights up to three times as far away as non-reflective materials.”

I think the latter is particularly important as we are fortunate to live in an area with minimal light pollution. In the absence of reflective materials a torch could help save a life and distress to the driver.

John Owen



PUB STUFF

Hello all

Missed a month last time due to a busy pub and little time for anything else.

The driveway is now done and looks great so a few less cars in front of the pub. Next on the agenda are the toilets and the garden (and coat hooks) and we will be mostly there, except for a few cosmetics.

We are still looking for a front of house manager to help the guys on the floor and with the new trade constantly hitting the pub, this appointment is becoming more and more necessary. A great opportunity if you know of anyone looking for a new challenge.

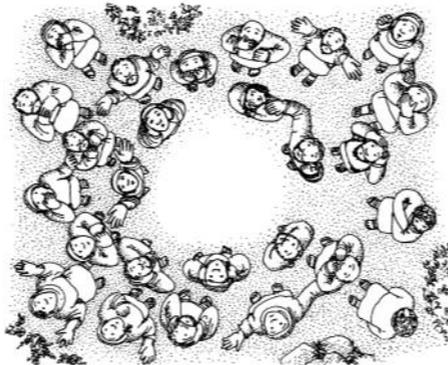
The kitchen is all finished and up and running. We have had a few teething problems but a great new facility nonetheless. The new lunch menu is proving popular and hopefully we will start to see some seasonal produce at reasonable prices so we can get some lighter summer dishes on there.

I will be working on an Events Calendar in the next few weeks so I'll keep you all posted in the mag and on the website—some fun events to complement those already running in the village. (Great Quiz Night at the village hall the other night!!)

On that note we will be looking for **some volunteers for a 'Hell's Kitchen' style event**. We need budding chefs up for a tough but fun day. It is great fun, trust me!

As ever thank you all for a continued support.

Allister



Mackerel Escabeche

(Serves 4)



With the seasons running a bit late this year, all the summer salad items are suffering. This is very much reflected in the price of ingredients you might normally expect to see this time of year. For our business as you might well imagine this can be very frustrating. This little dish however is light and summery without being hellishly expensive. Mackerel is plentiful right now and to be honest, one of my favourite oily fish. I find it is often avoided due to its earthy flavour but used correctly it can be very delicate. I have seen many recipes over the years for Escabeche and have eaten it in many different guises in Spain. However, this is how we used to make it in our restaurant and it always went down well. It is best made the day before to let the fish soak up the flavours and is great served with a little bit of bread and pan fried or griddled baby gem and/or chicory lettuce. Give it a go.

8 large mackerel fillets, pin boned and skins lightly scored	1 clove garlic, finely chopped
90 ml white wine vinegar	1 pinch saffron
250 ml white wine	1 tsp coriander seeds, crushed
50ml olive oil	1 tsp white pepper, cracked
1 bulb fennel	3 bay leaves
1 white onion	2 sprigs rosemary
1 carrot	½ supermarket bunch coriander, chopped, stalks n all
1 red pepper	salt flakes
1 yellow pepper	

First thinly slice all of the vegetables and leave to one side. It doesn't really matter how you cut them as long as they are thinly sliced but obviously for presentation purposes take your time!

Season mackerel fillets and rub with some of the olive oil. Warm a non-stick frying pan to a moderate heat and place the mackerel in. Turn the heat down low and continue to cook skin side down for minutes or until the mackerel is two thirds cooked. Remove from the pan and place in a tray that will accept all of the ingredients snugly.

In the same pan that the mackerel was cooked put in the coriander seeds over a low light and toast them for a few seconds. Add all of the sliced vegetables, bay leaves and garlic and cook on a medium heat until slightly softened but with no colour. You want the vegetable to have a bit of a crunch.

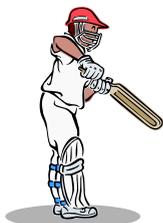
Add the rest of the ingredients except for the fresh coriander and simmer for five minutes. Check for seasoning and you may want to sweeten it with a tsp of sugar. The vegetables will naturally sweeten the liquor over a few hours though.

Sprinkle the fresh coriander on top of the fish then pour over the warm liquid. Allow to cool at room temperature and refrigerate, ideally overnight, before eating.

Enjoy!

HOME SPORTING FIXTURES FOR MAY

Cricket



Sat 4 th	1 st XI	v	Dunmow
Sun 5 th	Sunday XI	v	BT & Waldringfield
Sat 11 th	1 st XI	v	Woodbridge
Sun 12 th	Ladies XI	v	Woolpit
Sat 18 th	1 st XI	v	Copford
Sat 25 th	2 nd XI	v	DBSL
Mon 27 th	2 nd XI	v	Ipswich



Bowls

Tue 7 th	v	Leiston Garrett	Woodbridge League	7.00 pm
Wed 15 th	v	Bedingfield	Friendly	6.45 pm
Thu 16 th	v	Laxfield	Jubilee Cup	7.00 pm
Fri 24 th	v	Sweffling	Percy Dunnett Cup	6.45 pm
Tue 28 th	v	Laxfield	Woodbridge League	7.00 pm

SENSIBLE EXERCISE



Begin by standing on a flat comfortable surface where you have plenty of room at each side. With a 5lb potato bag in each hand, extend your arms straight out from your sides and hold them there as long as you can. Try to reach a full minute, and then relax. Each day you'll find that you can hold this position for just a bit longer.

After a couple of weeks, move up to 10lb potato bags. Then try 50lb potato bags, and then eventually try to get to where you can lift a 100lb potato bag in each hand and hold your arms straight for more than a full minute. (I'm at this level.)

After you feel confident at that level, put a potato in each bag.

Easton Pre-School

We would like to **thank all of you** who donated your bags of clothes/linen to us, **you have helped us raise £130** through the latest **bags2school** collection! We will give advance notice of our next collection date, so please keep on saving your unwanted clothes and household linen.

You may have noticed (and we have only just), that Alun and Jacqui of the Harrier Hunt Kennels are selling eggs and a little notice near the stand on their fence says that all proceeds from the sales will go to Easton Pre-School! How kind you are to do this for us. **Alun and Jacqui, thank you very much!**

We do still have places on Monday morning, lunch club and afternoon, Wednesday afternoon, Thursday morning and Friday afternoon, so if you would like to come for a visit you are more than welcome. Or if you know of anyone looking for a preschool then please do recommend us!

We are a friendly local pre-school educating younger children (16 months onwards) from the surrounding area. Four dedicated members of staff guide the children through their own individual learning journey. The children gain confidence and experience within the setting to prepare them for their primary school years. They then move on to numerous schools; Wickham Market, Brandeston, Charsfield, Earl Soham, Woodbridge, Sir Robert Hitcham in Framlingham, and Easton, to name but a few.

Our Opening Hours - Mon/Weds/Fri 9am-3pm and Thurs 9am-11.45am

Produce this article and get your first session free!

**Call to arrange a visit 01728 746935 or view us online at
www.eastonpreschool.org.uk**



Calling all CoachTrippers - Norwich here we come!



Norwich Castle's 12th-century keep

Following a splendid day in Cambridge last October, I hope a second outing, this time to Norwich, will be just as enjoyable. The coach is booked for **Saturday 25th May**, which coincides with the **Norfolk and Norwich Festival** fortnight, when the City comes alive with all manner of theatrical and artistic performances, and special art installations of ordinary and extraordinary things are dotted around the central streets. It also happens to be the **City of Ale Day** in the Brewer's Market with **free samples** and **real ales** to try and buy, and you don't have to drive home!!!

As before I shall provide maps and notes on 'What to do in Norwich' (for free) which will include a visit to **Norwich Cathedral**, herb garden and labyrinth. Here they have a plasma screen showing live pictures of the **peregrine falcons'** nest. The birds have laid four eggs and all being well, the fledglings should still be there in May. There are various exhibitions around the City and 'happenings' in the Chapelfield Gardens, not to mention the start of Open Studios where many artists display their work for all to see.

Of course most High Street chains are well represented (notably Jarrolds, M&S, the Art Nouveau Royal Arcade, John Lewis, Debenhams etc). Also worthy of mention is Elm Hill/Tombland (cobble streets with antiques, book and craft shops), not forgetting Colman's Mustard Museum and shop and the 200 stalls of the open air market in the City centre.

Well, if not convinced to book your seat immediately, then surely the attraction of Morris Men dancing around will persuade you, or how about a punt on the river or a stroll and picnic along the Riverside Walk?

The cost of the coach trip is £20 per person; we shall depart from Easton at 08.30 am arriving back around 7pm. Please email me brownmarion@hotmail.com or phone 746246 for further details or to book seats.

Marion Brown



MONDAY MARDLE

Monday 20th May
7.30 pm
Chris Brennan
"Pump Street Bakery"
Easton & Letheringham Village Hall

Chris Brennan of will be introducing us to this much acclaimed bakery/ cafe in Orford . Established in 2010, it has gone from strength to strength, and has had much praise from all media....BBC Food Awards.....Best Food Producer 2012.....Cafe of the Year 2012... and so on.

We are delighted to welcome Chris, who is self-taught, and look forward to sharing his enthusiasm for delicious home made breads, from classic farmhouse to French Levain. This is a splendid opportunity to learn more about the principles and practice of breadmaking and sample the various textures and flavours that produce such perfect loaves.

Polly ffitch

£6 donation includes a drink and tasty nibbles.

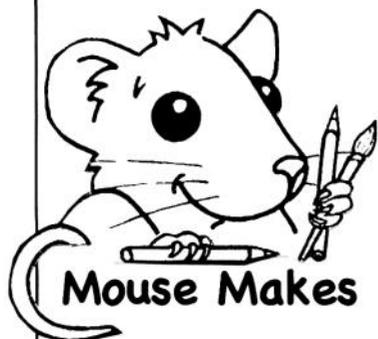
Proceeds to Letheringham Church

10th June	Forthcoming Mardle: - Colin Hopper (retired magician) on "The History of Magic"
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Another Date for the Diary :

Annual Riverside Party, Pike Meadow, Letheringham

Sunday 7th July



It was the festival of PENTECOST and the Apostles and other believers were all together when they heard a sound like a strong **wind** and saw what looked like tongues of **fire** which spread out and touched every person. All of them were filled with the **Holy Spirit** and began to talk in other languages as the Spirit enabled them. A crowd had gathered outside and each of them heard the believers speaking in their own language about the great things God had done.

The Holy Spirit



John 14:26

Reveals  John 16:14-15

GUIDES
John 16:7-11

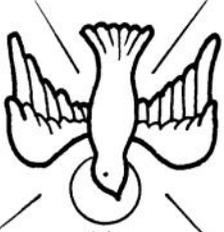


Helps
Romans 8:26

Comforts
John 14:16-17



Transforms
2 Corinthians 3:18



The work of God's Holy Spirit in us brings:

LOVE
JOY
PEACE
PATIENCE
KINDNESS
GOODNESS
FAITHFULNESS
HUMILITY
SELF CONTROL

Galatians 5:22-23





Read Acts 2:1-11
Which countries had the crowd come from?

To make your bookmark:
Carefully cut around the outside, fold in half along the dotted line and glue together. Add a tassel to the bottom with a length of wool or ribbon. You can make it stronger by gluing onto card before folding.



CONTACT DETAILS OF COUNCILLORS THAT SERVE EASTON

Parish Councillors:

Chair : John Owen

Tel: 01728 746644

(Also SCDC Representative)

Vice Chair : Tony Smith

Tel: 01728 746658

(Also Emergency Officer)

Brian Boon

Tel: 01728 745057

(Also Public Footpath Officer)

Michael Coney

Tel: 01728 746181

(Also Tree Officer)

Bob Gibbon

Tel: 01728 746866

(Also Playground Officer)

John Kerr

Tel: 01728 746517

Jenny McEvoy

Tel: 01728 747366

(Also SALC Representative)

Clerk :

Esther Brown

07789 538430

Suffolk County Councillor

Peter Bellfield

Tel: 01473 735259

Fax: 01473 735859

Suffolk Coastal District

Councillor

Bob Snell

Tel: 01728 685877

A copy of the latest signed minutes of the Parish Council can be read on the back of the village noticeboard.

Easton Events

May

7th VHMC AGM, 7.15 pm, V Hall
Go with the Flow Youth Bus, V Green,
6.30—8.30 pm

12th Sunday Café, V Hall, 10-11.30 am

14th APCM, 7.15 pm, V Hall

18th May Fair, 2-4 pm Village Green

20th Monday Mardle, 7.30 pm, V Hall

21st Go with the Flow Youth Bus, V Green,
6.30—8.30 pm

25th Trip to Norwich

28th Easton Belles WI, 7.30 pm, V Hall

Contributions to the next Parish Magazine should arrive by the 20th of the month before, either by email or by handwritten piece, please.

My email address is :-

clareowen2002@yahoo.co.uk

or handwritten pieces to me at 5 Harriers Walk,
Easton IP13 0HA.

**For Village Hall Bookings
contact Jenny McEvoy on 747366**



**For more information on your
local villages, visit the parish
websites:-**

www.easton.onesuffolk.net

www.brandeston.net

www.kettleburgh.suffolk.gov.uk

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Shelley Secretarial



**Correspondence - Shorthand -
Faxing - Photocopying
Mailshots - Scanning -
Laminating and much more!**

**Call Clare Owen on
01728 745015**

**or email
clareowen2002@yahoo.co.uk**