

Easton Parish Magazine



March 2020
25p

ALL SAINTS' CHURCH, EASTON

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5 Harriers Walk
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FLOWER AND CLEANING ROTA

	Flowers	Cleaning
29th Feb	Lent—No Flowers	Martin & Luke
7th March	Lent—No Flowers	Martin & Luke
14th March	Lent—No Flowers	Dot Blane
21st March	Lent—No Flowers	Dot Blane
28th March	Lent—No Flowers	Jane Woodbury-Eggs

From Revd Graham Hedger



How is your Lent going? In last month's magazine I wrote about the different ways that we can use Lent. It is traditionally a time of reflection and self-discipline. As a group of churches we are using the season for reflection on the generous love of God and how we as individuals and churches respond. The theme is 'Generous God, Generous People'.

The theme will be reflected in many of our services, in both the worship and teaching. Many people have taken up the theme of 'Generous God, Generous People' on a daily basis through a specially written set of bible readings and reflections. Copies are available in all our churches. There is also the opportunity for further study, discussion and reflection in our benefice **Lent course**. This will be held twice a week in Hacheston Village Hall. A morning session at 10 am on Tuesdays and repeated on Thursday evenings at 7 pm. starting on 3rd and 5th of March.

It's not all study. We have lots other activities that help shape Lent into a time of joyful worship and reflection. On 8th March we have a benefice pilgrimage at St Edmundsbury Cathedral (starting at 2 pm) and as we walk around the Cathedral we will use parts of the architecture to help us understand in a different way the Christian message and journey through life.

Mothering Sunday is on 22nd March, and we will be holding an informal all age service in Brandeston Village Hall at 10 am. There will be cakes, fruit, activities, worship and prayer. Do come along.

Finally, as Lent draws to a close, we have our **Palm Sunday Pilgrimage (5th April)**. This now seems to be a feature in the life of our benefice. It is a service of Holy Communion on the move, with different parts of the service happening in different churches, culminating in us all gathering at Hacheston. This is an opportunity to celebrate our unity as a benefice. The timetable is below. You can join and leave at any point, though many started at the beginning and journeyed through to the end.

9.30	Campsea Ashe		Brandeston	9.30
10.05	Marlesford		Kettleburgh	10.00
10.40	Parham		Easton	10.35
11.00	Hacheston - refreshments		Hacheston - refreshments	11.00
11.30	Service		Service	11.30

Hoping you have a joyful and productive Lent.

Graham



Church Matters

Benefice Services

The benefice service of sung Holy Communion on 1st March will be here at Easton at 10 am. Come and enjoy the worship with the organ and choir!

On 29th March there will be a benefice Holy Communion service at Hacheston at 10 am.

On 5th April we will be hosting part of the pilgrimage for Palm Sunday, ending at Hacheston for the main part of the Holy Communion service. Each church in the benefice will host part of the service. This was successful and enjoyable last year and we hope you will come and join in. Further details in Graham's letter on page 2).

Discussion Group

The next meeting will be on Wednesday 1st March, when we shall be looking at the life of Joseph (the one with the technicolour dream coat!) in the book of Genesis chapters 37 - 45. We shall be meeting at Almond Tree Cottage. The meeting will start with coffee/tea at 10.30 am. New members are always welcome.

Pilgrimage to St Edmundsbury Cathedral

Our pilgrimage to St Edmundsbury cathedral for a prayer tour and Evensong is on Sunday 8th March.

Mothering Sunday

This falls on 22nd March and will be a benefice celebration with worship and activities at 10 am in Brandeston Village Hall (not the church). See details in Graham's letter on page 2.

Dates for your Diary

Easter Eve Vigil and Eucharist

There will be no communion service in Easton on Easter Day, but there will be an Easter Eve Vigil and Eucharist at 7.30 pm on **Saturday 11th April**. This is because Revd Richard Ginn, who was due to take our service, is unwell and there is no-one else available to take a communion service on the Sunday. For Good Friday services, see the services sheet next month.

May Fair

The **May Fair** this year will take place on Saturday 2nd May. This is not the Bank Holiday weekend as that has been transferred to Friday 8th May to celebrate VE Day. More details on page 6.

Jane Woodbury-Eggins

BENEFICE PILGRIMAGE TO ST EDMUNDSBURY CATHEDRAL

Sunday 8th March, 2020

Timetable

- 2.00 pm – Meet at the Font to begin the Spiritual Tour.
Includes 5 prayer stops, ending about 3.15pm.
- 3.30 pm – Evensong in the Cathedral
- 4.15 pm – Refreshments

Everyone is welcome to come along to the Cathedral to what should prove to be a truly meaningful experience. Please contact Jane Woodbury-Eggins on 746667 if you wish to car-share. She will make arrangements.

Any problems or questions, or for more details please contact me, Carol Cooke, T: 01728 747625 or email cooke299@btinternet.com



ALL SAINTS CHURCH

is hosting

Sunday Cafe

Easton Village Hall

15th March

10.00 - 11.30 am



Why not come and visit the Café? Bacon rolls, real coffee, lots of home made goodies to eat in or take away.

Read the newspapers, chat to friends, make new ones.

EVERYONE IS WELCOME

The Annual Easton Village May Fair Needs You!

Saturday 2nd May 2020

As we all know, the annual May Fair on the village green in Easton is a wonderful event bringing together as many people as possible from our village, surrounding villages and beyond. It's a great way to meet local people and feel part of your community.

This year we really need your help. All it involves is 2 hours on a sunny Saturday afternoon, standing/sitting under a gazebo and is such fun to be part of a well known village event.

So please if you can spare a little time and offer to help sell at a stall (always in pairs so we can find someone to share the load), make cakes, help with the tea tent, set up and put away at either end of the day, or any other things, it would be gratefully received.

Nancy and Emma organise it all into bite size pieces so everyone can be involved and it won't take up much of your time.

Come and join in our wonderful tradition of the May Fair. We need your help so we can keep this valuable village event running each year.

Please contact

Emma : 746866 emmaigibbon123@gmail.com

Nancy : 564398 nancy@nancypearson.co.uk



Spring

QUIZ NIGHT

Easton & Letheringham Village Hall

Saturday 21st March

Doors Open 7.00pm

Food served before Quiz at 7:30pm

£8.50 Ticket inc Chilli Supper

Tables of 6

Smaller groups welcome to combine teams

Contact Margie Ransome 746818

or David Stagg 746054

Book early to avoid disappointment

Licensed Bar Only – No bring your own please

Easton Parish Council



GREAT VILLAGE SPRING CLEAN 2020

SATURDAY 25th APRIL 2020

10.30 -12.00

**Followed by Soup and Rolls for all volunteers
afterwards at the Village Hall**

The environment is becoming more important and protecting our open spaces, hedgerows and wildlife from litter and plastic is more important than ever. Come and join friends and neighbours and help give the village a spring clean before the summer.

For those with young children spend an hour to help check the play area or village green for litter



If you're familiar with a bucket and sponge help clean the village road signs of the winter algae!



If you're feeling fit join one of our councillors to walk and check the village footpaths



For a moment of reflection visit and tidy up our cemetery and churchyard



To register you and your family's interest and help us with equipment and catering numbers please contact Ian Palfreyman on 07775 652820 or ianpalfreyman@icloud.com



All protective equipment provided





NEIGHBOURHOOD WATCH

NEIGHBOURHOOD WATCH

Important Crime Update

Letheringham: You may have heard that three sheds/outbuildings were broken into on Wednesday the 12th and a number of items stolen. Police are asking residents to be vigilant and to ensure that sheds are kept secure. Advice on shed security can be found on the Suffolk Police website. Contact me if you need a hard copy.

Vehicle Theft: Following a series of thefts of Land Rover vehicles around the county, particularly Land Rover Defenders, police are urging owners to review the security of their own vehicle.

Password Management and Security (Part 1)

An article follows from SWGfl, a charity working with Suffolk Neighbourhood Watch.

Why password security is important

In a digital world, your passwords are like your keys. If someone finds one of your passwords, they effectively have a copy of your key. Just like a key, **if a password is strong and kept secure, it shouldn't really ever need to be changed.** And just as you don't use the same key for your house and car, you shouldn't use the same password for different websites.

Multiple people should not use the same user name and password to access a system. If there is an issue, it makes it difficult to determine who performed what actions. In the event of a breach, being able to trace it to an individual account speeds up the investigation and can limit the damage to whatever access the breached account had.

How Passwords are Stolen

Attackers use a range of methods to attempt to steal passwords, including:

- **Shoulder-surfing:** someone watching you closely as you log in and attempting to remember the keys you used
- **Key-logging:** a device (or piece of software) installed by an attacker to intercept the passwords you type in
- **Social engineering:** an attacker trying to convince you to reveal your password to them
- **Guessing:** an attacker simply using information they know about you to guess your password
- **Physical searching:** an attacker searching the area around your device for insecurely stored passwords (eg written down)
- **Network searching:** an attacker scanning the ICT systems for insecurely stored password information
- **Intercepting:** an attacker 'breaking in' to information transmitted over a network (including the internet) and looking for password details

- **Brute force:** an attacker using a system to try millions of different passwords automatically to attempt to find the correct one. Should the hacker use brute force, this is where having a long password helps: password length increases the entropy (number of combinations) and makes calculating each combination take longer.

How long does it take to crack?

The time it takes to crack a password depends on a lot of factors, such as entropy and computer speed, but as a guide:

Length of Password	Time to Crack
7 characters	~ 1 second
8 characters	~ 5 hours
9 characters	~ 5 days
10 characters	~ 4 months
11 characters	~ 10 years

The takeaway from this is that each character you add to your password length makes it exponentially

Creating good (secure) passwords

A secure password is one that is easy to recall, but hard to guess or crack. Bear in mind that for every character added to the password, the number of combinations is exponentially increased – so in a strong password, **length is the only thing that really matters.**

If you struggle to remember ‘complex’ passwords, use fewer character types, but make the words longer and part of a pattern that only you know:

A secure password is one that is easy to recall, but hard to guess or crack.

Pattern	Password	Recall	Guess	Crack
Name of dog	MrPoochy	Easy	Easy	Easy
All char types	\$rjUa^*j	Hard	Hard	Easy
All char types	7\[o ;r@Bm"!j]S	Hard	Hard	Hard
Song lyrics	I wanna dance with somebody	Easy	Easy	Hard
Objects in a photo	tree ocean motorbike helmet	Easy	Hard	Hard
4 random words	town simplest each solve	Easy	Hard	Hard

Next Month: How to manage your passwords

John Owen

Would you like to be the Local Recorder for:



The Suffolk Local History Council runs a Local Recorders Scheme throughout Suffolk. We administer a network of volunteers to ensure that the *'present'* is adequately recorded at local level for the *'future'*.

A Local Recorder will note significant happenings in their parish and collect their local parish magazines, leaflets, election pamphlets and newspaper cuttings. At the end of each year, they are asked to submit a short report summarising the activities of their parish. The reports are deposited at the Suffolk Record Office and available to future researchers together with the collected items.

If you are interested, please look at the Recorders Pack by visiting www.slhc.org.uk, click on Recorders, then click on Recorders Pack in the text on the left hand side to acquaint yourself with the guidelines of the scheme. You do not need to be a historian; you do not need any qualifications other than an interest in your parish. In return you will receive a copy of the SLHC Newsletter and be invited to the annual conference specifically for Local Recorders. To volunteer to help in this important work, please contact recorders@slhc.org.uk



MONDAY MARDLE

23rd March, 7,00 pm
Easton & Letheringham Village Hall
"The 1297 Fairfield Charter"

This not to be missed, intriguing talk by Keith Wallace is focused on the Fair Charter granted to the Prior of Letheringham Priory by King Edward I in 1297 and the many medieval personages that were signatories to the Charter and what became of them (a sort of medieval Game of Thrones without the dragons). A small clue.... not many of them survive very long after the ink has dried.

Easton and Letheringham Village Hall admission of £8.00 includes a complimentary glass of wine and nibbles. All monies raised to go to Letheringham Church fabric fund to help maintain this historic place of worship for future generations.

EASTON PARISH COUNCIL VACANCY CLERK & RESPONSIBLE FINANCIAL OFFICER 7 HOURS PER WEEK

In your role as Clerk and Responsible Financial Officer you will be an employee of the Parish Council, responsible for maintaining the administration of the Parish Council within the legal boundaries set for Local Government. Candidates must have a full understanding of the role, with a minimum of 3 years' experience, hourly rate negotiable and in accordance with experience. This is a varied and rewarding post.

Further details – Chair, Mrs Sue Piggott 01728 746622
sue.e.piggott@btinternet.com.

To apply, please send CV and 2 References with completed Application Form (downloadable from PC Website) to The Chair, Easton Parish Council, Oakburn, Harriers Walk,

MUSIC AT MARLESFORD 2020

**A series of three concerts of relaxing music
starting at 7.00pm in the church.**

- **APRIL 4TH VIENNESE EVENING**

Featuring the music of Brahms and Schubert

**Corinna Boylan, Cello and Andrew
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- **JUNE 6TH TANGO EVENING**

Tickets Adult £12/Child £5

- **OCTOBER 31ST MARLESFORD
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Each evening includes wine and refreshments

Tickets available from Nan Waterfall

nanwaterfall@gmail.com 01728 747038

Book all three concerts for £35.00!

Supported by Marlesford Mill Antiques Centre

Easton Belles WI

On Tuesday 24th March Easton Belles WI welcomes Katy Peart, a local artist, talking about Sea Sculpture in our Modern Society. Katy will explain how two artists developed their work and how controversy affected their art—the two artists being Anthony Gormley and Maggie Hambling.

New members are always very welcome with no charge for their first visit. So do come along and bring a friend to see for yourself what a friendly and fun group we are. Enquiries to Mo Heffer on 01728 724 268.

BUT WAIT ... THERE'S MORE!

INVITATION

Come along, bring the family and join us for

AFTERNOON TEA



Sunday, 29th March

2 pm - 5 pm

£4.50



Venue : The Cricket

Club, School Lane, Easton

We extend a warm welcome to all.

What's On in March



Mobile Library
Wednesday 11th March
12.25—12.45 pm
Easton Farm Park

Sunday Café
15th March
10 - 11.30 am
Village Hall

Quiz Night
Saturday 21st March
7.00 pm
Village Hall

Monday Mardle
23rd March
7.00 pm
Village Hall

Easton Belles WI
Tuesday 24th March
7.30 pm
Village Hall
Contact: Mo Heffer on 724268

Easton Pre-School
The Hamilton Room at
Easton Farm Park
Mon 8am-4pm
Tues Closed
Weds 8am-4pm
Thurs 8am-4pm
Fri 8am-4pm
Call 746935 for info.

Strength & Balance Class
Mondays 2-3pm Village Hall
£6 per class
Contact Amanda on 07917 301243

Clare's 50+ Keep Fit
Tuesdays 11.30—12.30 Village Hall
£5 per session
Contact Clare Hassler on 07769
716761

Pilates
Wednesdays Village Hall
9:15 (Advanced)
10:15 (Mixed Ability)
Contact Kelly on 07919 377855 or
pilateswithkelly@hotmail.co.uk

Table Tennis
Wednesdays
6:30pm Village Hall
£5 per session
Contact John on 746644

Yoga
Thursdays
6.30 to 7.30 pm Village Hall
£6 per session
Contact Lucy on 07515 725702

Rabble Chorus Community Choir
Village Hall
Thursdays
8—9:30pm
First session free!
Contact:
Kirsty@rabblechorus.co.uk

Next concert: 7.00 PM

Saturday, 4 April 2020, at St
Michael's Church Framlingham

Phoenix Singers



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Contact details of Councillors that serve Easton

Parish Councillors:

Chair :

Sue Piggott

T: 01728 746622

(Highways/Cemetery/Burials)

Fiona Siddall

T: 07970 450245

(Joint Play Area Officer)

Bob Gibbon

T: 01728 746866

(Emergency Officer)

Maureen Birt

T: 01728 747242

(Joint Play Area Officer)

Ian Palfreyman

T: 07775 652820

(Footpaths Officer)

Derek Balcombe

T: 01728 768215

Clerk :

Vacant

Suffolk County Councillor

Robin Vickery

T: 07545 423827

E: robin.vickery@suffolk.gov.uk

East Suffolk Council

Maurice Cook

T: 07825 421128

maurice.cook@east Suffolk.gov.uk

William Taylor

william.taylor@east Suffolk.gov.uk

Do you have something to put in the magazine?

Contributions to the next Parish Magazine should arrive by the 20th of the month before, either by email or by handwritten piece, please.

My email address is :-

clareeowen@tiscali.co.uk

or handwritten pieces to me at 5 Harriers Walk,

Village Hall Bookings

Contact Lorna Edwards

Email lornaed@hotmail.com

Telephone: 747970

WEBSITE ADDRESS FOR VILLAGE HALL

www.suffolkvillagehalls.co.uk

... and search Easton

EASTON PARISH COUNCIL WEBSITE

The Parish Council Website is where you will find all Parish Council documents and information. The address is:

<http://easton.suffolk.cloud/>

For more information on your local villages, visit the parish websites:-

www.easton.onesuffolk.net

www.brandeston.net

www.kettleburgh.suffolk.gov.uk

www.campseashe.onesuffolk.net

www.marlesford.com

www.parham.onesuffolk.net

www.hacheston.suffolk.gov.uk

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