

# Easton Parish Magazine



**July**



2015

*Price 25p*

# ALL SAINTS' CHURCH, EASTON

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No clergy letter this month, I don't want to 'hog' more than my fair share of our magazines, so please read what follows instead. Back to normal next month I promise!!

With love, in Christ - Deirdre

## What is The Feast of Pentecost?

Well! Sunday 24<sup>th</sup> May was, only it is often known as Whitsunday because it falls on a Bank Holiday. But the Church also calls it Pentecost, from the Greek 'fiftieth' - 50 days after the Passover. It is sometimes known as the birthday of the Church – a day when God breathed life into the church by the gift of his Holy Spirit. The early Church members were few in number, much like now in some places, but these early members were sad and afraid, not like today's members at all.

They believed in God, but something was missing. Jerusalem was packed with foreign visitors for the Passover festival, yet the first disciples weren't out there on the streets telling others about Jesus. They'd shut themselves away in an upper room, which is where they were when suddenly the Spirit of God, the Holy Spirit, descended on them. They not only became capable of speaking all kinds of languages which enabled them to speak to people they'd never have thought about speaking to before, but they were also willing to use those languages to make contact with others. Pentecost ushered in a new age for the early Church.

**IT** happened, and they went from believing in forgiveness to showing it.

**IT** happened and they went from believing that God would protect them to actually knowing he would.

**IT** happened and they went from thinking about all the things that Jesus had told them to proclaiming them in word and deed.

These early Christians were ready, willing and able to go out to heal, to serve others, and to show the love of Jesus Christ to those around them. They now felt themselves equipped to venture out of the room where Jesus had shared a last supper with them, a place where they must have felt safe. We might excuse them the thought that, if they just stayed where they were, others would come and join them. But that wasn't going to happen, not then, not now!!

So what did actually happen? The disciples had been attacked by wind and fire, both ancient symbols of God's presence and that energy, exploding over them like the best fireworks you've ever seen, gave them the confidence they needed. They had been lifted from being confused and uncertain to being fearless, faithful and unstoppable!! Now obviously receiving the gift of the Holy Spirit doesn't automatically mean that any decisions the

Church and its members make will always be the right ones, but it does guarantee that the Church of God will go on until the Kingdom comes. So, as today's pilgrims we feel our way forward slowly, seeking in our own age to do the will of God, just as the first disciples did two millennia ago, and supported by the same Holy Spirit, the same Spirit that moves through us in the water of Baptism, in the bread and wine of the Eucharist, and in our prayers both private and public.

We should also spare a thought about what could happen to the life of our seven churches if our prayers were to be answered, because the Holy Spirit can't be restrained. It blows where it wills. Like the wind, like flames of fire, like the gentle wings of a dove, like a mighty river, like a still small voice, the Holy Spirit, the breath of God, the same breath that blew over the waters bringing beauty and blessing in the place of vacuum and void at the beginning of creation - the same wind that blew through an upper room in Jerusalem eventually carried the gospel, the 'good news' of Jesus right around the world. His gifts of grace, of faith and fellowship, brought life to a new fragile church and the same gifts today want to push us beyond our self imposed comfort zones. They sometimes want to take us beyond our abilities and even, occasionally, beyond our wildest expectations.

Why? Because on the first Pentecost the spirit overcame all language barriers, not just between people of different races but between human beings and God, and, like any good translator, the Holy Spirit helps us to translate not just the words but their true meanings and helps us communicate with the communities in which we live and work, enabling us to share the love and peace of Jesus Christ with others. To be true Pentecost people we have to be peace bearers and people who aren't afraid to carry Christ's peace and love into the places where we go and among the people we know.

*(This is a resume of a sermon I preached on 24<sup>th</sup> May in both Easton and Marlesford, and is published in response to requests to allow others to read it, so here it is. However, it leads me very nicely into the topic of another article I intended to write for our magazines this month anyway.)*

### **GROWING IN GOD**

This is a diocesan initiative which all PCCs are being asked to look at during the rest of this year. So I re-launched our Benefice Council as a forum to tackle this project, but with a much wider membership than previously, a membership which now comprises of all Churchwardens and every member of each PCC, together with the ministry team Elders. Together we can look at what our strengths and weaknesses are; why we do church the way we do; what we do well and might want to develop and what we do less well and might need to do differently so that we can all Grow in God.

The first meeting was held on 23rd June in Parham Village Hall. The next is planned for 9<sup>th</sup> September in Brandeston Village Hall with refreshments at 7 pm for a 7.30 pm start. Now obviously not everyone will be able attend every meeting, so if you are reading this and are not a member of a PCC (**why aren't you?**) please be brave enough to take this as your invitation to come to the meeting. You will be most welcome, as together we begin to plan and think about our way ahead and the future of 'your' church today, tomorrow and beyond.



## *Church Matters .....*

### *Discussion Group*

The next meeting will be on Wednesday 1<sup>st</sup> July at Almond Cottage at 10.30 am when we shall be studying some passages from the book of Job (Chapters 1-3 and 38-42). New members are always welcome. We start with coffee or tea and sessions are quite informal.

### *Benefice Services*

Campsea Ashe will host the first Sunday of the month communion service for the seven parishes on 5<sup>th</sup> July at 10 am. The benefice communion service on 19<sup>th</sup> will be at Kettleburgh at 11 am.

### *Hidden Gardens*

Thank you so much to all who opened their gardens, provided teas and supported this very successful afternoon. See later article.

### *Bible Study*

The monthly benefice Bible study (Philippians Chapter 3) will continue on 22<sup>nd</sup> July at 3pm at Hacheston Village Hall.

## *Dates for your Diary*

### Outdoor Worship in Christchurch Park

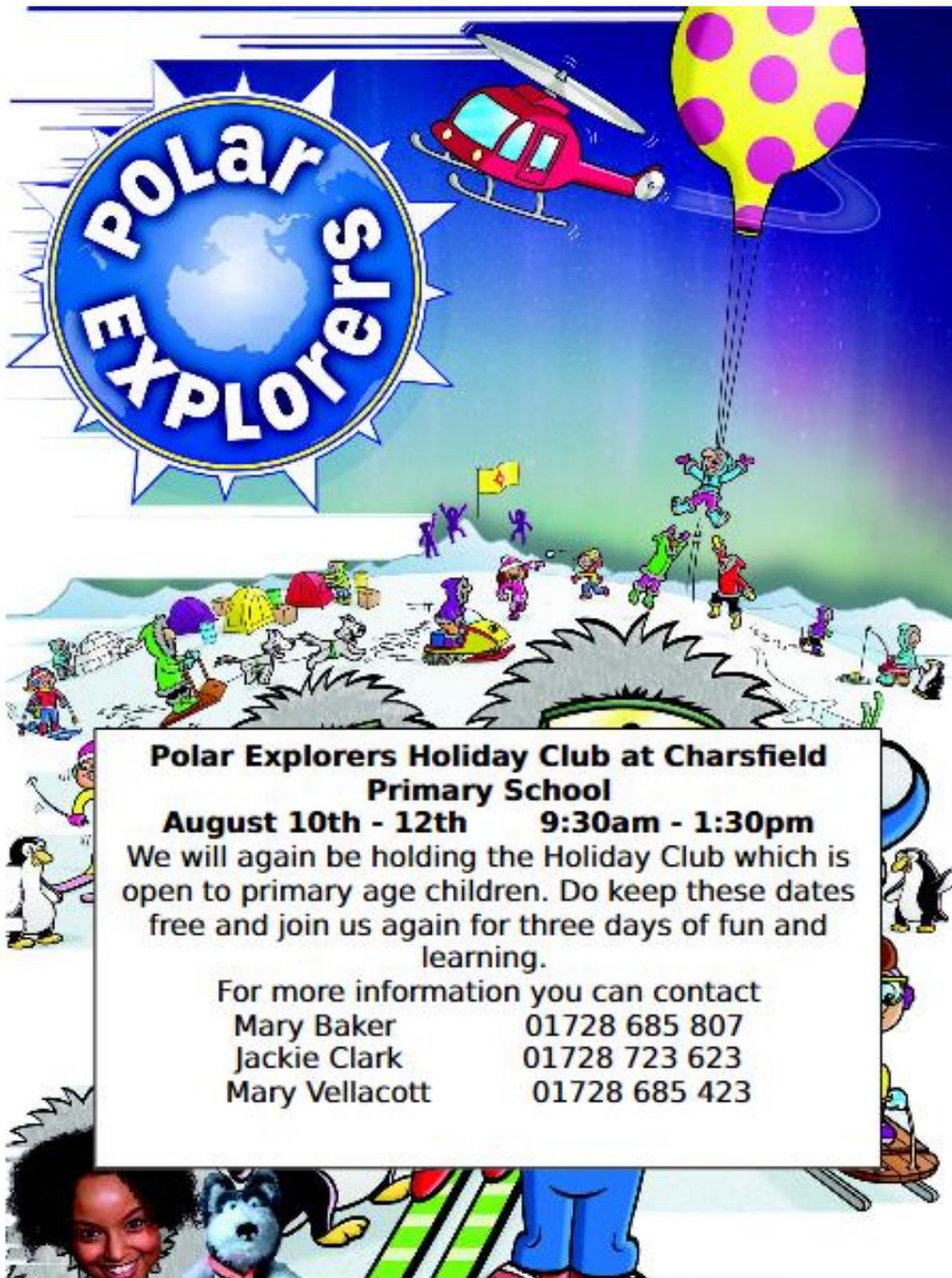
Concluding the music festival that weekend, there is modern outdoor worship at 6pm on 5<sup>th</sup> July in the park. Take your own chairs.

### First Sunday Benefice Service

On Sunday 2<sup>nd</sup> August the benefice service is at Brandeston.

### Holiday Club

This will run at Charsfield School from Monday 10<sup>th</sup> to Wednesday 12<sup>th</sup> August. See details opposite.



**Polar Explorers Holiday Club at Charsfield Primary School**

**August 10th - 12th 9:30am - 1:30pm**

We will again be holding the Holiday Club which is open to primary age children. Do keep these dates free and join us again for three days of fun and learning.

For more information you can contact

Mary Baker 01728 685 807

Jackie Clark 01728 723 623

Mary Vellacott 01728 685 423

**PLACES ARE FILLING FAST—  
PLEASE CALL TO RESERVE YOUR PLACE!**

## **DO YOU HAVE EXCESS GARDEN PRODUCE?**



If so, why not bring it along to the next Sunday Cafe on 19th July. We would like to try a new venture whereby those of us who have grown too many beans, tomatoes, strawberries or whatever, bring it along to cafe and exchange it for something that someone else has brought. If a swap isn't possible it can be sold for a nominal sum.

We would also be interested in your homemade preserves if you have more than you can eat. Again these can be sold at a nominal sum with, say, 50% retained by the seller and 50% going to Cafe funds.

July would be a trial month so if you are interested, either contact Carol Rook or turn up on the day with your goods.

01728 746162

carolrook2012@gmail.com

### **Annual Church Meeting—30 April**

Sincere apologies to Jane Pollock who I omitted from last month's notes on the meeting to say she too had been re-elected to the PCC.

*Clare Owen, Secretary*

### **FLOWER AND CLEANING ROTA**

	Flowers	Cleaning
4th July	Jane Pollock	Emma Gibbon
11th July	Wedding	Imogen Hayward
18th July	Paul Batley	Imogen Hayward
25th July	Jean Kendall	Jean Kendall

**ALL SAINTS CHURCH, EASTON**

**is hosting**

# **Sunday Cafe**



**Easton Village Hall**

**Sunday 19th July**

**open 10.00 - 11.30 am**

**home made cakes and croissants**

**bacon rolls made to order**

**homemade sausage rolls**

**fresh coffee, good teas, newspapers**

**takeaways**

**chat with friends old and new**



# HIDDEN GARDENS

Sunday 14<sup>th</sup> June saw eighteen of the gardens in our beautiful village open to the public to raise money for Church funds. Whilst it was hardly a 'flaming June' day, nevertheless lots of visitors came and enjoyed strolling round the many and varied gardens and eating homemade cakes and teas in the village hall. With so much competition elsewhere from other events in the vicinity, it was heartwarming to see so many people who were enthusiastic, complimentary and just happy to be able to enjoy a rich diversity of gardens.

Our sincere thanks to everyone who was involved in this biennial event. We raised just over £733.

More photos will be available on the village website.

Carol and Clare





# Easton Primary School

[www.eastonprimary.org.uk](http://www.eastonprimary.org.uk)

[easton.office@avocetacademy.org](mailto:easton.office@avocetacademy.org)

01728 746387



As we come to the final term in the academic year, we have some exciting events taking place in school. We have had our annual sports evening which once again was great fun and enjoyed by all. The teams were easily spotted in their colour t-shirts and it was great to see so many parents wearing team t-shirts too. We started the event off with the toddlers and pre-school races which always gets us off to a great start. The children participated in their chosen events and cheered their team members on, along with the parents! We were amazed at how many parents joined in the parent races and the competitiveness of the 'egg and spoon' race lives on! Perhaps it was the refreshments at the BBQ that spurred them on? It was also lovely to see ex-pupils who came along to cheer on their old team and take part in the high school race.

Pirate Class have been busy growing potatoes for a national competition in schools. We did better than last year and once again we cooked and ate them - they were delicious. We are also growing tomatoes and these seem to be doing well too so hopefully we will have some tasty tomatoes to snack on soon.

Comet Class have been learning about the Stone Age, giving us a very informative assembly including how to catch a sabre tooth tiger for a lunchtime feast!

Phoenix Class have been focusing their literacy work around 'A Mid-summer Night's Dream'. This will be our summer performance taking place on the school field (weather permitting).

It has been a very exciting year with all three schools in the Trust sharing learning experiences through our lesson studies and visits for support staff. Networking and training across the three schools has enabled us to develop a collaborative structure sharing expertise in all areas of the curriculum.

We have the Year 6 leavers' evening and final assembly in our last week at school and at the very end of term we say goodbye to our fabulous Year 6 children as they go onto Thomas Mills and Saxmundham Free school. We would like to wish Lucy, Molly, Sophie, Izzie, Rudi, Sam, Ben, Madison, Beau and Jonny all the best of luck. We will miss them all.

Easton School would like to wish all of you a very happy summer, see you in September!

Mrs D Payne, Early years/KS1 teacher

# Village View in July



Mobile Library  
Wednesday 8th July  
12.20—12.40 pm  
Village Hall

Puppy Show and Open Day  
The Kennels  
Sunday 12th July  
3 pm Judging  
Tea follows

Sunday Café  
19th July  
10-11.30 am  
Village Hall

Easton Belles WI  
Tuesday 28th July  
Trip to Framlingham Castle  
Ring Janet on 746808 for  
more details

No Monday Mardle

No Parish Council meeting

Yoga-Pilates  
Tuesdays  
9.30 - 10.45 am  
Village Hall  
£8 drop in rate  
£39 for 6 sessions

Table Tennis  
Every Wednesday  
6.30 pm Village Hall  
£5 per session

Zumba  
Every Thursday  
6.15 pm Village Hall  
£5 per session

Easton Pre-School  
Village Hall  
Mondays, Wednesdays or  
Fridays 9.15am—3pm  
Thursday mornings  
9am-11.30am

Last day of School term  
Wednesday 22nd July  
School re-starts  
Wednesday 2nd September

# **EASTON PARISH COUNCIL**

## **Parish Council Meeting – May 19<sup>th</sup> 2015 - Highlights**

The new councillors took their positions. John Owen, the outgoing Chair, requested nominations for Chair. Cllr Sue Piggott offered her nomination. Cllr Adrian Hollins Proposed and Cllr Stephen Parkinson Seconded, the membership voted in agreement. The nomination for position of Vice Chair was received for Alun Thomas. Cllr Fiona Siddall Proposed and Cllr Michael Coney Seconded, the membership voted in agreement. John Owen was thanked for all his hard work over the years.

The Year End Audit needs completing. the Clerk did not have the paperwork necessary. A meeting was arranged to allow for receiving the paper work to sign off the Year End Audit before the statutory time of 30<sup>th</sup> June. The meeting date agreed was 23<sup>rd</sup> June.

Training for the councillors was considered. Training providers and courses will be considered and agreed at next meeting.

The Chair made council aware of the New Transparency Code imposed by government which came into effect on April 1<sup>st</sup>. Draft Minutes and Financial Statement must be published on the web-site no later than one month from a meeting. The Agenda must be published giving 3 clear working days following the posting before the meeting. After July 1<sup>st</sup> all financial information including the Internal Audit report, External Audit forms/report, bank reconciliation, yearly spreadsheet, standing orders, financial regulations, risk assessments, budget, and reserves. The Act does not allow for confidential meetings and sessions with regard to matters other than to protect multiple parties in negotiations of bids and tenders, and any staff matters.

The new council will look to ensure correct financial administration and ensure transparency and justification for expenditure, along with correct protocol required for the Parish Council to function within its central government mandated 'powers'.

Sue Piggott, Chair

# EASTON BELLES



## SUMMER FUN

Tuesday 28th July sees us travelling abroad to Framlingham, with a visit to the castle and a tour of the Lanman Museum.

Please join us, you will be made most welcome - queries on 01728 746808.

Janet Prentice



*Alun S Thomas, MH*

*requests the pleasure of your company at the  
Puppy Show & Open Day*

*The Kennels, Easton, IP13 0EF*

*Sunday, 12<sup>th</sup> July*

*Judging starts promptly at 3pm*

*Tea Afterwards*

*R.S.V.P.*

*Mrs Jacqueline Thomas*

*01728 747267 jto45@hotmail.co.uk*

# Wickham Market Medical Centre

## NEWSLETTER

### **IMPORTANT CHANGES TO THE CAR PARK**

As from 8th June, parking regulations in Wickham Market car parks will be changing. Please ensure that you read ALL of the appropriate signs. The car parks are regulated by Suffolk Coastal District Council.

### **THE CAR PARK IN CHAPEL LANE**

- **FIRST HOUR WILL BE FREE**
- **AFTER THAT, £1 TO STAY FOR AN EXTRA HOUR.  
MAXIMUM STAY TWO HOURS**

You are advised to consider paying for two hours (£1) if you think that your stay at the Surgery will be longer than one hour.

The car park will be patrolled by Council employees.

**PLEASE DO NOT TAKE ANY GRIEVANCES TO THE SURGERY RECEPTIONISTS AS THEY HAVE NO CONTROL OVER THE CAR PARK. THE MEDICAL CENTRE HOLDS NO RESPONSIBILITY FOR ANY PARKING TICKETS.**

There will be Blue Badge spaces and six reserved spaces for surgery staff, the remainder of staff will be parking in the other public car parks.

### **HOT WEATHER ADVICE ...**



As we are entering the summer months, please be careful and take the necessary precautions to protect yourself and your family. There are various over the counter remedies and preventative medicines that you can purchase from your local chemist/pharmacy for sun care, allergies and insect bites and stings.

### **NAMED GP...**

You might already be aware that all of our patients are designated to a Named GP to help with their care, if you are not sure who your named GP is, please don't hesitate to ask at reception. This does not mean that you can only be seen by your named GP. If your registered GP is not available you can still be seen by another member of the practice clinical team. All clinical staff within the practice can access your medical records so continued care can still be administered.

## **PRESCRIPTIONS...**

**Polite reminder:** please allow **TWO FULL** working days between dropping off and collecting repeat prescriptions.

If you are going abroad this summer, allow plenty of time when ordering extra medication.

### **ORDER DAY—PICK UP DAY**

**Monday—Thursday**

**Tuesday—Friday**

**Wednesday—Monday**

**Thursday—Tuesday**

**Friday—Wednesday**

## **NHS FRIENDS & FAMILY TEST ...**

The friends and family test enables you to feed back any experiences, either positive or negative, to us to ensure that we either put it right or continue to do it.

Your feedback will help us to learn more about what you think of your experience here at the Medical Centre.

If you see a postcard, please do pick one up and complete one for us. It'll only take a couple of minutes! For more information, please visit:

[www.england.nhs.uk](http://www.england.nhs.uk)

## **PATIENT REPRESENTATIVE**

Easton:

Jane Pollock - 01728 747343  
[jvpollock@mypostoffice.co.uk](mailto:jvpollock@mypostoffice.co.uk)

## **NON-ATTENDANCE...**

Between 1<sup>st</sup> April and 27<sup>th</sup> May we have had **266** missed appointments at both Wickham Market Medical Centre and Rendlesham Surgery. This is equivalent to **54.28** hours of wasted clinical time.

Please could we reiterate that all patients call the surgery to cancel or re-arrange appointments that they are unable to attend.

Our telephone system is set up so that appointments can be cancelled at any time during the day or evening.

We also have a text service that reminds patients of their appointment the day before. If you are interested in this service and do not yet have it, please give reception your mobile phone number.

## **SHUT DOWN DAYS...**

Please note- the surgery will be closed from 1:00pm on the following dates for staff training:

17th September 2015

14th October 2015

12th November 2015

9th December 2015

We apologise for any inconvenience caused. For urgent assistance please contact NHS out of hours service on 111.

## NEWS FROM EASTON SPORTS CLUBS

It is with great sadness that we report the death of Fred Mitchell. For over thirty years Fred was a stalwart of Easton Cricket Club. As Chairman, Captain and Groundsman he worked tirelessly to bring the Club to the standard it is today. Until the last couple of months he could be seen every day cutting grass and tending the wicket, despite his ill health.

A full obituary will be published next month but in the meantime, our condolences, thoughts and prayers are with his wife Maureen, sons Wayne and Glen and all of the family.

## SPORTING FIXTURES IN JULY

### Cricket

Sat 4th	1st XI	v	Haverhill	Home
	2nd XI	v	Mildenhall	Away
Sat 11th	1st XI	v	Braintree	Away
	2nd XI	v	East Bergholt	Home
Sun 12th	Ladies XI	v	Mildenhall	Home
Sat 18th	1st XI	v	Sudbury	Home
	2nd XI	v	Abberton	Away
Sat 25th	1st XI	v	Mildenhall	Away
	2nd XI	v	Woolpit	Home
Sun 26th	Sunday XI	v	St Margarets	Home
	Ladies XI	v	Thriplow	Away

Matches start at 1.00 pm.

## Bowls

Thu 2nd	Fynn League	v	Martlesham	Away	6.45
Tue 7th	Woodbridge Lge	v	Melton	Away	7.00
Thu 9th	Fynn League	v	Waldringfield	Away	6.45
Tue 14th	Woodbridge Lge	v	Sweffling	Home	7.00
Thu 18th	Cup	v	Easton CC	Home	6.30
Tue 21st	Woodbridge Lge	v	Alderton	Away	7.00
Thu 23rd	Fynn League	v	Wickham Mkt	Home	6.45
Tue 28th	Woodbridge Lge	v	Dennington	Home	7.00
Thu 30th	Fynn League	v	Sweffling	Away	6.45

## Practice and Coaching Sessions for Beginners

Sat 4th July and Sat 1st August 2.30 - 4.30 pm

Why not come along and give the game a try? Suitable for all ages and abilities. Flat soled shoes required. All other equipment provided.

For further information on practice please contact Charles Pollock on 747343.

## LEATHERINGHAM NOTES

### Letheringham Church

A new altar frontal and matching hanging for the lectern have been purchased using donations made in memory of Paula Tosetti. They were made by Mary Collings who runs a business devoted to church vestments. They will be dedicated at the evensong service on Wednesday July 15<sup>th</sup> at 6.30 pm. All welcome.

Paul Clarke

## Wellie Boots for July

In July "yer pays yer money and takes yer choice". Supposedly, "If the first of July it be rainy weather, 'twill rain more or less for four weeks together". The forecast is fine at the time of writing, but if that fails we can always fall back on this old faithful - "St Swithin's Day, if it should rain, full forty days it will remain. St Swithin's Day, if it be fair, for forty days 'twill rain nae mair". St Swithin's Day is the 15th July so watch out!

At least four of our nest-boxes have produced clutches of great tits, blue tits etc, and although we may have lost a few to marauding magpies, there are still a sizeable number about, whilst young chaffinches, goldfinches and hedge-sparrows swell their numbers. Ours is a very busy feeding station at meal times, ours is. The Easton heron is back up to his old deadly tricks again shortly after dawn, much too early for most of us, so the only indication is when your natural pond suddenly appears to be devoid of fish. But never fear, after about a week fish will start to arrive back from under the weed and plants where they've been hiding, although perhaps a few less than before – even a crafty old heron has to have breakfast. But according to my mother, who was rarely wrong about anything, a heron will never fly in and land on a pond, it always has to walk in from the edge. And to this day, I've never seen a heron land on water. Very reliable was my mother, always. Another timely tip, she also would never harvest potatoes until the flowers started to appear, except for very special occasions. Whether it was for flavour, quality or quantity I know not.



So much to do, such little time to do it in. I don't know about you but I'm like a dog's tail – all behind. But first things first – if you want to get the best from your flowering annuals and perennials, deadhead, deadhead, deadhead. This will often encourage a second flowering this summer and if not, with perennials some strong new growth suitable for cuttings later on. What I always call 'owt for nowt'. I'm told some readers don't ever take cuttings because it's "too difficult". Hogwash! I always use the same method and while it's not fool-proof, even I get a good success rate. Now is the best time, especially for softwood cuttings, early in the season, so here's what you do.



The compost needs to retain moisture but be airy and with enough body and nutrients to encourage the cutting into active growth. I use a branded cutting compost, adding vermiculite and a little grit. Early in the morning, when they are full of sap, take stocky, healthy, non-flowering plant stems up to 4 inches long (treat it as a pruning exercise) and pop into a polythene bag (stops them wilting). As soon as possible fill a terracotta pot (preferably, but plastic will do) with the prepared compost. Trim the cutting just below the bottom set of leaves which you then remove, together with the growing tip (you want all the energy and nutrients in the cutting concentrated on forming a new rooting system). The cuttings are then dipped into a rooting gel or powder and inserted around the edge of the pot. Water well, top off with grit and cover the pot with a plastic bag. Later, when well rooted (white roots showing through the bottom of the pots), you can then re-pot individually. All you have to do then is find the space in your garden for all these new plants, which I would try to keep under cover until the spring. If we get a foul winter you'll be well pleased to have them come Easter.

At this time of year it is always advisable to feed as well as water your plants. Fish, blood and bone is always a good standby in the vegetable garden or when preparing a new bed, but never use it in pots as solid feed can easily scorch the roots. Always use a liquid feed in these circumstances, of which there are several excellent brands on the market. Roses in particular need their own specialist feed but if you also happen to get the dreaded Blackspot don't forget to collect and remove all the affected leaves and at the end of the season (or before) prune out all the diseased growth. In both cases, bin or preferably burn it. Never compost it as the fungus will live on, as it will in any decaying leaves under the bushes themselves. Again, camellias, azaleas, rhododendrons and hydrangeas all need their specific feeds whilst for most plants, especially dahlias, an occasional dose of tomato fertiliser is all that is needed. For an initial planting, slow-release fertiliser granules can always be relied upon to do the trick for the first few months.



In some quarters a very hot July is being forecast (no laughing at the back there) so don't forget hanging baskets, etc will probably be in need of daily attention.



However, at particular risk is our tomato crop. On no account let the plants dry out as this brings a myriad of problems –blossom rot, split fruits, discoloured patches, toughening of the skin and core and bitterness, just for starters. When in full fruiting mode tomatoes may possibly need watering daily or, if in a glasshouse, both morning and evening depending on the temperature. Take out most, if not all, of the side-shoots on upright (cordon) plants to concentrate growth into the fruit. Meanwhile, don't use a general feed as this contains excessive nitrogen resulting in "sappy" leaf and stem growth and watery, flavourless fruits. Instead, keep feeding with a specific tomato fertiliser as this is specially formulated for tomatoes or, if you're lucky like me, homemade comfrey fertiliser is excellent. I use about a bucket of water to a bucket of comfrey leaves and leave for two months. Drain and dilute the resulting stinking liquid by about one pint to ten. I've had mine since last year so it'll probably kill everything it touches!

Meanwhile, sit back and enjoy your garden now that the Hidden Gardens event is over and you've done all your hard work—until next time !

**Wellie Boots**

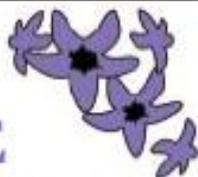
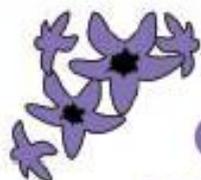


**Pardon?**

**A man was talking to his neighbour, 'I just bought a new hearing aid. It cost me four hundred pounds, but it's state of the art. It's perfect.'**

**'Really,' answered the neighbour. 'What kind is it?'**

**'Twelve thirty.'**



# **CAMPSEA ASHE FLOWER FESTIVAL**

**SATURDAY 11th and  
SUNDAY 12th JULY 10am-5pm.**

**THE THEME IS  
“PLACENAMES”**

**LIGHT LUNCHES  
AFTERNOON TEAS.**

**CRAFT STALL  
NEARLY NEW/UNWANTED GIFTS  
CAKE STALL  
TOMBOLA**

**ALL AT THE SMITHY**

***DO COME AND SEE THE CHURCH  
LOOKING ITS BEST!***



## **NEIGHBOURHOOD WATCH**



### **Message: Alert from Trading Standards**

We've had reports that people have been cold called with the caller saying they are from either Suffolk County Council, Ipswich Borough Council or Suffolk Fire and Rescue Service. These organisations do not cold call people.

We've also received more reports of doorstep callers this past week. Operating in the Beccles and Drinkstone areas of the County, offering garden and driveway services. Also that residents in Suffolk have received more Postcode Lottery scam letters.

If you or anyone you know has been affected by the incidents above or any others, please report it to us on 03454 040506.

### **Warning to older people over scam letters**

Even in the digital age, old-fashioned postal scams remain prolific. Letters from phoney lotteries, prize draws and criminal clairvoyants offering promises of future health and wealth are among those typically hitting people's doormats. Most of us recognise these letters as nasty rubbish and bin them without opening, but enough people fall for these scams to make them worthwhile.

Typically aimed at older people, recipients are persuaded to buy a product, pay a processing fee or call a premium rate number in order to collect their winnings. Anyone who responds soon finds their letterbox full of junk.

### **'Tis the holiday season**

Many people may soon be heading off on a well-earned holiday. If you are leaving your home vacant, please take some basic measures to reduce your vulnerability to property crime.

Consider the following:

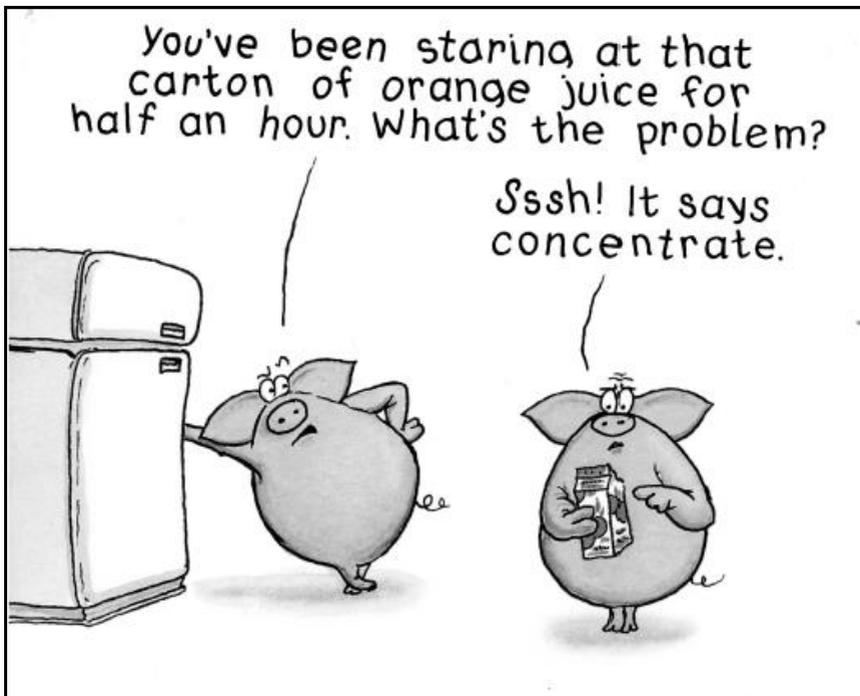
- Cancel any regular deliveries such as newspapers or milk
- Cut the lawn and tidy the garden before leaving
- Lock doors and windows
- Place lights (and even radio/TV) on auto-timers

- Use/install movement activated external lighting
- Make sure you activate any alarms you have
- Let your neighbours know where you are going, and provide them with contact details
- Arrange for someone to pick up your mail, or use Royal Mail's 'Keepsafe' service where your mail can be held for up to 2 months
- Don't leave garden tools or ladders outside your house as these may be used to gain entry
- If you keep valuable bicycles and other items in your shed, consider putting them in the house while you are away.

Take reasonable precautions to protect your home and belongings while you are away.

But most important of all, have a good holiday!

*John Owen*



# Benefice Bits ....



## MARLESFORD CAKE STALL.

The next homemade Cake Stall will be on  
Saturday 11th July between 11.00am and noon in the Church.

If anyone would like more information,  
please contact Carol on 747625 or Nan on 747038.



## PARHAM OPEN GARDENS

SUNDAY 5th JULY 11am till 5pm

Gardens around the village

COFFEE, PLOUGHMAN'S LUNCHES & TEAS IN THE VILLAGE HALL.

Entrance £5 per person (under 16yrs free)

from the Village hall or any open garden

Plants, tombola, wild flowers, children's games

Ample car parking

Donations for cakes for the teas to Myrle 621601 or Shirley 714332

and items for tombola to Audrey 723309

would be most welcome. *Thank you*

In aid of Church funds



## KETTLEBURGH

CATS PROTECTION LEAGUE COFFEE MORNING

FRIDAY 10TH JULY 10.30—12 NOON

COME ALONG TO MANLY, EASTON ROAD. MUSIC BY STREET ORGAN.

GUEST DR DAN POULTER MP



THE KETTLE AUTOJUMBLE

SUNDAY 26TH JULY 8.00—13.00

CHURCH FARM, KETTLEBURGH

# Wickham Market Movies - Film Comes to You!



Announcing the film programme for the next two months in  
Wickham Market Village Hall.

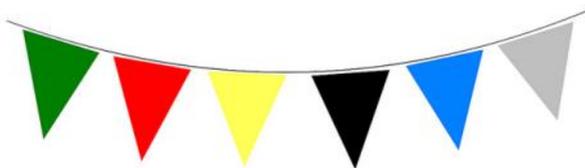
7pm for refreshments  
Film 7.30pm      Tickets £4.50  
Bring a cushion for extra comfort

Saturday 11 July  
**The 100ft Journey** (Cert PG)  
122 minutes

Thursday 13 August  
**Big Hero 6** (Cert PG)  
102 minutes

[www.facebook.com/wickhammarketmovies](http://www.facebook.com/wickhammarketmovies)

Please Like and Share our Facebook updates page



Riding for the Disabled (Hollesey) Group  
Incorporating Carriage Driving

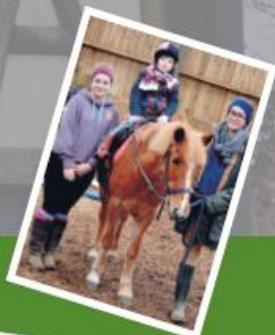
**30th Anniversary**

# Summer Celebration

Saturday 11th July from  
11am until 3pm

Grand opening by Sports Journalist and Author  
**Simon Barnes**

Pettistree Hall Farm, Sutton IP12 3EH



*Our Work, Our People, Our Horses*

**Horses and Humans  
in harmony**

*Fun for all the family*

*Demonstrations*

*Bouncy Castle*

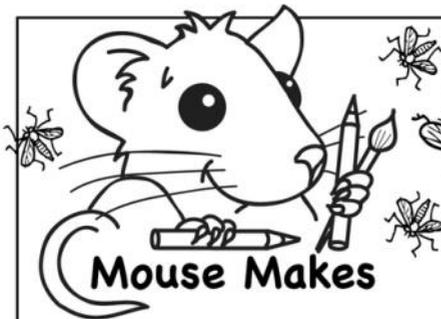
*BBQ, Cakes, Teas*

*Craft Stalls and more....*



I'm so happy to be living in Easton with my new Mum and Dad, Lorraine and Dennis. My name is Jake, I'm 3 years old and they rescued me.





## The Ten Plagues

E D E A T H F F  
 H S G L D A R L  
 U O H Y A U I O I  
 B N E P N S L G E  
 L O E T D T W S S  
 O U P H A R A O H  
 O R A R C I T R G  
 D I S E A S E E O  
 L V S E T R R S D  
 O E O D T A A  
 R R V A L E R  
 D N E Y E L G G K  
 F I R S T B O R N  
 L O C U S T S E  
 F E S T I V A L S  
 S T O R M O S E S  
 A A R O N P R A Y  
 G N A T S W A R M

Moses and Aaron went to Pharaoh and said "The Lord, the God of Israel says, 'Let my people go into the desert so they can have a festival to honour me.'" But Pharaoh said, "Who is the Lord? Why should I obey him? Why should I let Israel go? I not know who the Lord is so I refuse to let Israel go."

Pharaoh punished the Israelites but Moses prayed to the Lord and the Lord said, "I will use my great power against Pharaoh, and he will let my people go."

So the Lord turned the river Nile into blood, then he covered the land with frogs, sent a plague of gnats, then a swarm of flies, then disease on all the animals, then a skin disease, then a great storm of hail, then a plague of locusts, then darkness that covered the land...

Each time Pharaoh would not let the people go until Lord killed every first born man and animal in Egypt and Pharaoh's own son died. Then Pharaoh made the people leave Egypt with all their sheep and cattle. "Go", he said "And say a blessing for me too."

Can you find these words from the story in the grid above?

LORD • GOD • MOSES • AARON  
 ISRAEL • PRAY • HONOUR  
 FESTIVAL • PHARAOH • EGYPT  
 RIVER NILE • WATER • BLOOD • FROGS  
 DUST • GNATS • SWARM • FLIES • GO  
 DISEASE • CATTLE • SHEEP • SORES  
 STORM • HAIL • LOCUSTS • LAND  
 DARKNESS • THREE DAYS • DEATH  
 FIRST BORN • PASSOVER

**READ** the full story in *Exodus* chapters 5 to 12

## **CONTACT DETAILS OF COUNCILLORS THAT SERVE EASTON**

### **Parish Councillors:**

#### **Chair :**

Sue Piggott

T: 01728 746622

(Also Highways Officer)

#### **Vice Chair :**

Alun Thomas

T: 01728 747267

(Also Cemetery Officer)

Michael Coney

T: 01728 746181

(Also Tree Officer)

Adrian Hollins

T: 01728 746053

(Also Pathways Officer)

Steve Parkinson

T: 01728 746879

(Also Speedwatch Officer)

Fiona Siddall

T: 07970 450245

(Also Play Area Officer)

Bob Gibbon

T: 01728 746866

#### **Clerk :**

None—Vacant

#### **Suffolk County Councillor**

Peter Bellfield

T: 01473 735259

#### **Suffolk Coastal District Councillor**

Carol Poulter

T: TBA

E::carol.poulter@suffolkcoastal.gov.uk

**A copy of the latest draft minutes of the Parish Council can be read on the back of the village noticeboard.**

## **Do you have something to put in the magazine?**

Contributions to the next Parish Magazine should arrive by the 20th of the month before, either by email or by handwritten piece, please.

My email address is :-

**clareeowen@tiscali.co.uk**

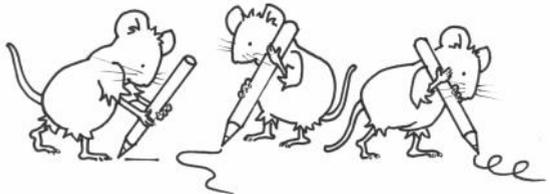
or handwritten pieces to me at 5 Harriers Walk, Easton IP13 0HA

## **Village Hall Bookings**

**Contact Jean Blackwood-Pugh**

**Email: jeanmbp@gmail.com**

**Tel: 748378**



**For more information on your local villages, visit the parish websites:-**

[www.easton.onesuffolk.net](http://www.easton.onesuffolk.net)

[www.brandeston.net](http://www.brandeston.net)

[www.kettleburgh.suffolk.gov.uk](http://www.kettleburgh.suffolk.gov.uk)

[www.campseaashe.onesuffolk.net](http://www.campseaashe.onesuffolk.net)

[www.marlesford.com](http://www.marlesford.com)

[www.parham.onesuffolk.net](http://www.parham.onesuffolk.net)

[www.hacheston.suffolk.gov.uk](http://www.hacheston.suffolk.gov.uk)

## ***Do you like to travel?***

Would you like your own personal 'concierge' to make your holiday arrangements for you and deliver your travel documents to your door?

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748209 or email

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[www.travelwithjules.co.uk](http://www.travelwithjules.co.uk)



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[www.aaronnobbsselectrical.co.uk](http://www.aaronnobbsselectrical.co.uk)**

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- **Small jobs welcomed**
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Patrick Tobin**

**T: 01728 745054 M: 07789 964390**



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[www.hearingcarecentre.co.uk](http://www.hearingcarecentre.co.uk)