

EASTON VILLAGE NEWS



Happy New Year

January 2024

Useful Contact details

Parish Councillors:

Sue Piggott T: 01728 746622 (Chair & Highways)
Fiona Siddall T: 01728 746517 (Vice Chair & Play Area Officer)
Bob Gibbon T: 01728 746866 (Emergency Officer)
Ian Palfreyman T: 07775 652820 (Footpaths Officer)
Gary Edwards T: 01728 747970 (Cemetery and Burials Officer)
Derek Balcombe T: 01728 768215
Dave Ladbrook T: 07730 432542 (Play Area Officer)
Clerk—Andrew Staples E: parishclerk@eastonpc.org.uk
Parish council website <http://easton.suffolk.cloud/>

Suffolk County Councillor:

Elaine Bryce T: 07955 434440 E: Elaine.bryce@suffolk.gov.uk

East Suffolk District Councillors:

Owen Grey (Lib Dem) E: owen.grey@eastsuffolk.gov.uk
Vince Landon-Morris (Green) E: vince.langdon-morris@eastsuffolk.gov.uk

All Saints Church

Rev. Ann Kember (Priest-in-charge) T: 07369 240252
Note: Ann is not available Weds/Thurs/Fri E: annkember58@gmail.com
Jane Woodbury-Eggins (Churchwarden) T: 01728 746667

Village Hall

Ian Palfreyman (Bookings) E: eastonvillagehall@icloud.com
Village Hall website www.yourhall.co.uk Search Easton

Village Website www.easton.onesuffolk.net

Cricket Club enquiries Tory Hughes E: easton1906@gmail.com

Bowls Club enquiries Mike Cattermole T: 01473 614845

Village News Editor

Clare Owen T: 01728 745015 E: clareeowen@tiscali.co.uk

If you have something to put in the Village News, please submit it by 14th of each month.

Editor's Introduction

There's not a lot of news articles this month—I suspect everyone is knee deep in Christmas activities as I write this. But there are a quite few things hopefully to interest you.

Claire Balcombe is organising the Open Gardens again this year and whilst it's a few months off, she would love to hear from anyone who is happy to open their gardens again, or for the first time, on 24th June. Please support this worthwhile village event if you can. It's something to really look forward to. See page 12 for more information.

I wrote in last month's introduction saying that I would be asking everyone in the village to pay £5 subscription for the year. Payment into the dedicated bank account should be made as follows:

Account No: 60191868

Sort code: 30-99-85

Account Name: C Owen

Please reference the payment with the first line of your address so that I know who's paid and who hasn't (as I don't necessarily know everyone's name in the village). If for any reason you are uncomfortable with paying this way, you can pay your magazine distributor direct—see the slip of paper tucked inside the magazine. Please pay by the end of January. Thank you so much.

Happy New Year.

Clare

Disclaimer. The Editor of Easton Village News produces this newsletter in good faith from articles submitted by local organisations and individuals. No responsibility can be accepted for any inaccuracies contained therein which must be taken up with the relevant organisation or individual.

What's On in January



Village Hall

Mondays:

Yoga with Ellie 9.30—11 am

Pre-booking

E: eleanorpenlo@gmail.com

Tuesdays:

50+ Keep Fit Class 10-11 am

£7 per session (block payment per term of 6/7 weeks)

Contact Clare Hassler on

01728 621247/07769 716761

for more information

Pilates for Riders with Dawn

7—8 pm

Pre-booking

E: dfkcoaching@hotmail.com

Wednesdays:

Pilates with Kelly

Advanced 9.15 am

Beginners/Intermediate 10.30 am

Pre-booking

E: pilateswithkelly@hotmail.com

Table Tennis

6:30pm £5 per session

Contact John on 746644

Thursdays:

Rabble Chorus

8pm

E: Kirsty@rabblechorus.co.uk

Fridays:

Yoga with Ellie 9.30—11 am

Pre-booking

E: eleanorpenlo@gmail.com

Sunday Café

21st January

10—11.30 am

Village Hall

Pub Quiz Night

Thursday 25th January

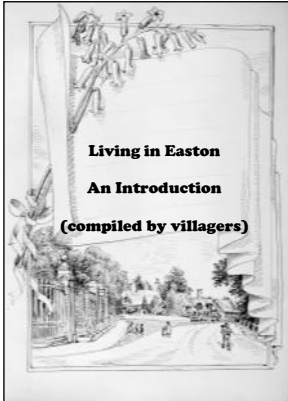
7 pm start

Booking essential

Mobile Library at Easton Primary School 12.25 to 12.45

Wednesday 10th

New to Easton Village?



Please let me know if you are aware of anyone who moves into the village. We have always warmly welcomed newcomers and I am now very happily taking on this role. We can also provide the introductory booklet 'Living in Easton' which has lots of helpful information.

Peter Bennett King, 2 Black and White Cottages
T: 747370 E: thebks@btinternet.com

POPPY APPEAL 2023



Thank you all for your support towards the appeal. With the support of the school, pub, Farm Park and villagers, we made a total of £327.99.

Apologies if I didn't get round to see everyone.

Anne Parkinson

A Sense of Place and Time



Winter sunrise and sunset over the village. Photos courtesy of Susan Stone.





Suffolk
Wildlife Trust

It's Wildlife Live Webinar season and we have some excellent topics planned for your enjoyment this Winter, including:

Mammal Tracks & Signs - with Simone Bullion

Thursday January 11th

The Magic of Composting - with Jodi Peck

Thursday January 25th

Gardens & Climate Change - with Sonya Burrows

Tuesday February 6th

Understanding your Local River - with Alice Wickman

Wednesday February 21st

The Importance of Bugs - with Kaitlyn Elverson

Monday March 4th

March Hares in Photos - with Stephen Hoare

Wednesday, March 20th

And more to come in April.....including Martlesham Wilds a Year On!

To find the full programme and book your place, please visit: www.suffolkwildlifetrust.org/wildlife-live-webinars<<http://www.suffolkwildlifetrust.org/wildlife-live-webinars>>

Everyone is welcome - the webinars take place at 7pm via Zoom and cost £3, £5 or £10 to join (booking ahead is essential).

We look forward to welcoming you soon!

January in the Garden

"Anyone who thinks gardening begins in the spring and ends in the fall is missing the best part of the whole year; for gardening begins in January with the dream."

Josephine Nuese

January might be the middle of winter but as the days lengthen the garden starts to grow. Now is a great time to plan for the coming gardening year and to order seeds and plants from your favourite suppliers. Enjoy the fresh air, on dry sunny days, put out food for birds and leave some garden areas uncut, a little longer, to provide shelter for wildlife in your garden.



Jobs for the Kitchen Garden

- Prune apple and pear trees.
- Prune your currant plants and gooseberries now to maintain a productive framework of healthy branches.
- Begin to force rhubarb using a rhubarb forcer or upturned trug.
- Sow broad beans, radishes, onions, leeks, hardy peas, Swiss chard, spinach and carrots under cover.
- Chervil, parsley, chives, fennel and coriander can be sown and grown on under cover.
- Cut down autumn fruiting raspberry canes to soil level.
- Prepare the ground for early peas. Place a cloche over the soil this month, to warm up the ground a few weeks before sowing.
- Bring potted strawberries under cover for an early crop.

- Harvest leeks, celery, chard, spinach, cabbage, cauliflower, sprouts, kale and parsnips.
- Towards the end of the month begin to chit early seed potatoes.

Jobs for the Ornamental Garden

- Prune your wisteria by cutting back whippy summer growth, leaving only 2 or 3 buds.
- If your honeysuckle is very overgrown, now is the best time to prune and cut back hard to encourage healthy, new growth this spring.
- Now is a great time to sow sweet peas for early flowers and long stems.
- Cut back ornamental grasses. Clip back the old foliage before new growth begins - cut back to within a few centimeters of the ground to allow the spring growth through.
- Take root cuttings of perennials such as oriental poppies, echinacea, delphinium and phlox.
- Keep on top of deadheading violas and pansies for prolonged flowering.
- Cut back the old top growth of perennials and add to the compost heap.
- Remove the leaves from Hellebores so that the flowers are on full view.

January's gardening notes from local horticulturist Nikk Slowey FdSc Hort. who along with her husband Christian are Honeysuckle Horticulture.





DR DAN POULTER MP

Member of Parliament for Central Suffolk and North Ipswich

It seems hard to believe that Christmas has come and gone already. The run-up to Christmas is undoubtedly one of the busiest times of the year for many of us – not only preparing for Christmas at home, but also out and about attending the many Christmas community events and fairs and I certainly enjoyed meeting so many of you when I visited last month. One of the best things about Suffolk is our fantastic community spirit and with many events and lunches put on specially to ensure that no-one in the community is left out or lonely, I would like to personally thank each and every one of our volunteers who work selflessly at Christmas and throughout the year. Without your tireless efforts, many of these events quite simply couldn't go on and for many, they are an annual highlight.

Others who work tirelessly throughout the festive period are those in our NHS and emergency services who work around the clock to keep people safe and cared for. I certainly spent some of my Christmas break working as a doctor in the NHS, looking after those who are vulnerable. The Christmas period is one of the busiest times of year for our NHS and emergency services, with staff working around the clock to ensure help is at hand when needed.

Of course it's not just those working in hospitals who work over the festive period. The list is endless, but so many work throughout Christmas and New Year to ensure that services continue day and night – carers visiting the elderly and vulnerable in our communities, highways teams, ambulance staff and paramedics, firefighters and police officers, to name but a few. Indeed, I once again joined our hardworking police officers on a night shift on Friday evening before Christmas to see first-hand the challenges they face on one of the busiest nights of the year.

Here in Suffolk there is quite literally an army of hard-working public-sector staff, working behind the scenes, to keep everything running smoothly. Collectively they ensure that our communities are safe and functioning over the festive period, while we all enjoy ourselves with friends and family.

They work tirelessly on our behalf, often in challenging and difficult circumstances, yet remaining committed to delivering services compassionately and professionally, despite knowing their families and loved ones are waiting at home to enjoy Christmas with them after a lengthy shift.

In closing, I would therefore like to pay special tribute to all of our dedicated and hardworking workforce here in Suffolk, thank you for all you do at Christmas, and all year round.

May I wish you all a very happy New Year.



Father Christmas visited Easton Farm Park—aren't we lucky? He was having a rest before his Big Day.

All Saints Church



Church Services

On 7th January there will be a benefice service (not Holy Communion) at Parham at 11 am. This is a special service for **Plough Sunday** and will be followed by an appropriate Ploughman's Lunch in Parham Village Hall. See separate poster.

In Easton there will be a service of Holy Communion on 14th January at 11.00 am and also a service of Morning Prayer in Easton Church on 28th January at 11 am. Please note this is not the usual pattern for our services.

Services on Zoom

There will be a Zoom morning service on 21st January at 9.30 am. If you would like to join our Zoom services, please register with Bill Clarke so that he can send you the link (bill78@btinternet.com).

Discussion Group

Our topic for January is "Winter" and we are due to meet on Wednesday 10th January at Bickley, Harriers Walk at 10.30 am. New members are always welcome.

Thanks to all our supporters in 2023

The PCC would like to thank all the people who helped to keep our church running during the year. The number of helpers seems to get smaller each year, so the amount of work the others do has grown in proportion! Thank you to those who have helped with cleaning, flowers, sidesperson's duties, maintenance and general tasks. We could not manage without you.

Thank you to all the people involved in the Sunday Café and particularly the organisers, Clare and Bev. Thank you to Emma and Nancy and all the many helpers for a joyful May Fair. It is such a worthwhile day bringing the whole community together.

Our thanks also go to Clare for producing the Village News every month. There is now a question mark over the benefice magazine as no editor can be found to put it together, so we are fortunate indeed in Easton to have our own way of providing information and interesting news (and giggles).

Jane Woodbury-Eggins

Easton Open Gardens

23rd June 2024



Now Christmas festivities are over and having had a rest last year, we are planning Easton Open Gardens for this year, an event that many villagers and visitors enjoy.

As is tradition, money raised will help support All Saints Church, but this year a donation will also be made to the Suffolk Wildlife Trust.

We hope that many of the villagers who have previously kindly opened their gardens will do so again next year. However it would enhance the day to have some new gardens open to visitors for the first time. **Please get in touch if you would consider opening your garden for this event.**

People who like to visit other gardens are almost inevitably keen gardeners themselves and enjoy seeing other types of planting and styles of different gardens. Visitors are almost unanimously kind with their comments and we found the experience very rewarding.

We would also be grateful for volunteers who could help with providing refreshments in the village hall on the day?

Please contact me if you are willing to open your garden for this event or if you can help with the refreshments. Thank you.

Claire Balcombe

T: 768215

E: clairebalcombe@email.com

Come and celebrate

Plough Sunday

(with the blessing of a plough)

Sunday 7th January 2024

Parham Church

11.00 am

followed by a Ploughman's Lunch in the Village Hall



We are reviving the tradition of Plough Sunday with the blessing of a plough which for hundreds of years was celebrated in rural communities and which looks forward to the time of sowing with a promise of a harvest to come.

Please do come and join us for a lovely and meaningful service and for lunch afterwards.

Rev'd. Ann

Church Services for January 2024

7th	Naming of Jesus	8am	Benefice Holy Communion BCP	Brandeston
		11am	Benefice Service for Plough Sunday followed by Lunch	Parham
14th	Epiphany 2	9.30am	Morning Worship	Brandeston Campsea Ashe
			Holy Communion	Easton
		11am	Morning Prayer	Parham <i>with</i> Hacheston
			Evening Prayer	Marlesford
21st	Epiphany 3	9.30am	Zoom Morning Service	
			Holy Communion	Marlesford
		11am	Holy Communion	Kettleburgh
		6pm	Evening Prayer	Parham
28th	Epiphany 4	9.30am	Morning Worship	Brandeston
			Holy Communion	Campsea Ashe
		11am	Morning Prayer	Easton
			Holy Communion	Hacheston <i>with</i> Parham
		6.30pm	Evening Prayer	Kettleburgh

For an invitation to our Zoom services contact Bill bill78@btinternet.com

Compline is said at Marlesford every Wednesday at 4pm

Monday Prayers are at Parham at 4pm

**4th February – Benefice Service Brandeston
for Candlemas at 10am**

Sunday Café

Sunday 21st January

10—11.30 am

Village Hall



Come and blow those winter blues away!

The festivities might be over but there's still fun, laughter and a good old natter to be had (as well as lots of scrumptious food and drink) in a relaxed atmosphere.

Local volunteers make all the delicious cakes at very good prices (we aim just to cover costs and any profits go to charity). Last year we gave £850 to four different charities and £600 to Easton Church—thank you!

EVERYONE WELCOME

Sponsored by All Saints Church



Neighbourhood Watch News for January

Copycat Royal Mail websites flog phoney stamps

Scam ads appearing on social media claim to offer 'up to 60% off' stamps.

This comes at a time when first-class stamps have risen by 15p to £1.25, making large discounts on stamps tempting. Although the number of letters being sent has decreased over the years, 7bn letters were handled by the Royal Mail between 2022 and 2023.

Scammers are claiming to sell a sheet of 80 second-class stamps for £60, but these phoney offers lead to phishing websites designed to steal your personal and financial information.



Royal Postal Mail

23 h · 🌐

📦 Only £25.9 80x2nd Class Stamp (regularly £60)

🕒 Clearance sale for 3 days only

🚚 Ships in 3-5 days

★ Enjoy up to 60% off

🕒 Buy before the deadline.

🛒 Buy your #stamps #mail #post office #shipping #letters #stamps #royal mail #2nd Class #postal here.

<https://www.theroyalmail.shop/products/1stand2ndclasstamps>

A scam post on Facebook advertising discounted stamps

Consumer watchdog Which found another website impersonating Royal Mail: theroyamailshop.shop.

The websites use Royal Mail branding, luring people in with tempting offers including 'free shipping' and 'buy 4 get 20% off'.

Spotting and reporting scam posts and websites

Some signs that social media posts and websites are fraudulent include:

- Really attractive discounts.
- Newly created social media accounts.
- Only being able to pay for products via bank transfer.
- Being rushed into making a purchase decision.
- A URL which isn't associated with the official brand.
- Bad spelling and grammar.
- A missing 'about us,' 'contact us,' or 'privacy policy' page.

You can report scam Facebook posts and pages by selecting the three dots on the right and pressing 'report'.

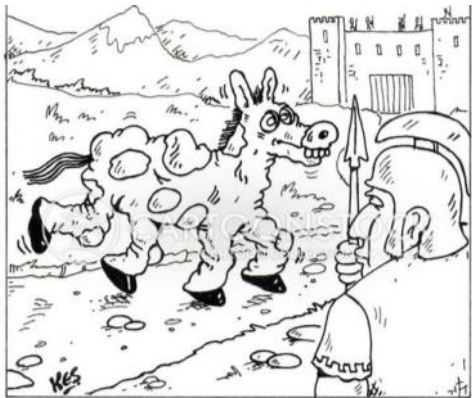
If you've been the victim of a scam, call your bank immediately using the number on the back of your bank card and report it to Action Fraud on 0300 123 2040

Courtesy of The Consumer Association

John Owen



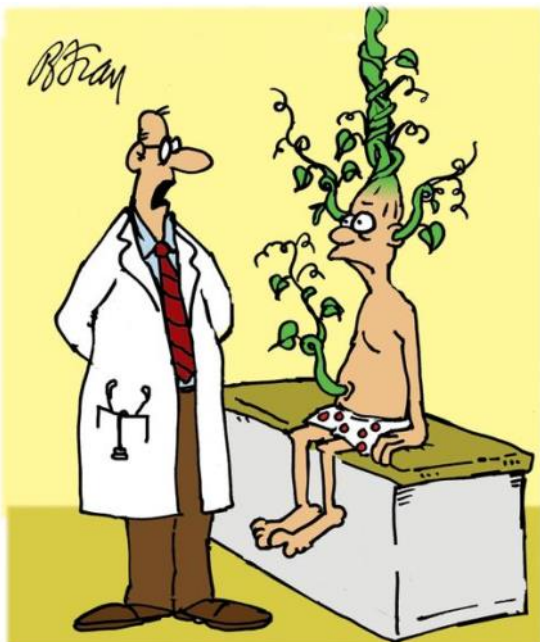
Panto Chuckles



The first version of the Trojan horse was a complete disaster.



'He's behind you!'



"WELL, JACK, I THINK YOU WERE SUPPOSED TO PLANT THOSE BEANS, NOT EAT THEM!"



"Hey, it Smee."

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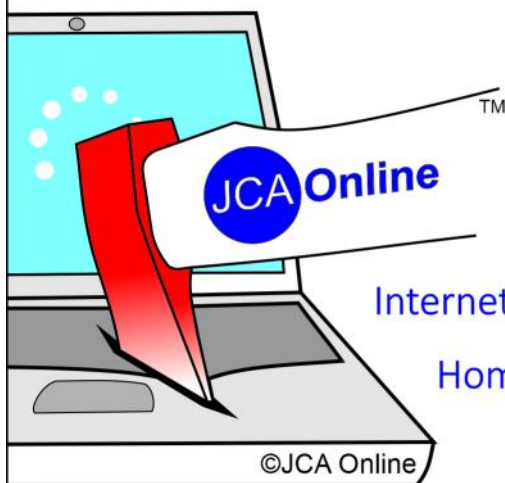
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21 Sept

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Calendar 2024



Interiors & Art
28 Feb | 10 April
15 May 26 June
7 August | 25 Sept
13 Nov



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every Monday*



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