

# Easton Parish Magazine

**HAPPY NEW YEAR**



January  
2015



*Price 25p*

# ALL SAINTS' CHURCH, EASTON

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Dear Friends

Happy New Year.

The saying "every end is a new beginning" is never truer than on a New Year's Eve, or in our case as a group of seven parishes at the start of the next phase of 'growing together'. A time when we look back with nostalgia and gratitude for all that has been in our lives together already, but at the same time probably with some trepidation as no one really likes change.

But it is my most sincere hope that we can look forward too, with a sense of expectation and just a tinge of excitement. Who knows where parish life will take us separately and together?

So as we close the book on 2014 and say farewell to all the memories and experiences gathered, it is my prayer that we will embrace all that 2015 has to offer. Every end is a new beginning – may our new beginning as the South Loes Benefice (to be!) be filled with love, hope, and life in all its richness and variety. May we be resolute, courageous, imaginative, and prayerful, and hold tight to God as he does his work in and through us.

With love in Christ  
Deirdre



## *Church Matters .....*

### Discussion Group

The next meeting will be on **Wednesday 7<sup>th</sup> January** when the topic will be John the Baptist. We shall be meeting at 10.30 am at Easton House.

### Christmas Bazaar

Thank you so much for your support for the Bazaar. We made a profit this year of £611. We would like to say a special thank you to all the hard working helpers and those providing goods, food and prizes. And, of course, thank you to everyone who came and supported us financially.

### Carol and Gift Service

Another big thank you to all the people who brought gifts for FIND (Families in Need in Ipswich) to the carol service. The presents were taken to their base in Ipswich where they were very gratefully received. (In response to some enquiries, the reason we have to hold the service so early is in order to get the gifts to FIND in time for them to allocate and distribute them.) The candlelit church looked lovely and we welcomed Robin Alderson to lead the service. The carols were interspersed with traditional and modern readings given by adults and the children from the COSMIC Club. Mince pies and mulled wine were served afterwards.

### Carol Singing for The Children's Society

Our carol singing this year was neither wet nor particularly cold! We visited School Lane and Harriers Walk and parts of The Street and collected £90 which has been sent to The Children's Society who are always most grateful for our contribution.

Karen Boulton kindly co-ordinates all collection boxes in the village and she informs us that the October collection raised an additional £72.14 for The Children's Society. Thank you Karen.



# COSMIC Nativity

On Christmas Eve morning the COSMIC Club held their traditional nativity celebration with the children dressed for their parts in the story and family members present to support them. There was also a Christmas poem. This is always a popular and very enjoyable part of the build-up to Christmas and this year was no exception.

## Dates for your Diary

### Bring and Share Lunch

After the United Service at Campsea Ashe on Sunday 4th January, there will be a bring and share lunch at Hacheston Village Hall. You are cordially invited to come to this event (even if you can't make the service) bringing a plate of food to share. It will be a good opportunity to get to know people from other parts of the benefice. We can now regard ourselves as one "church" with seven buildings. (See separate notice page 9.)

### PCC Meeting

The next PCC meeting is on 3rd February at Almond Tree Cottage.



### **Thanks**

The PCC would like to thank all of you who have contributed to church activities in 2014. There are lots of small (and large) jobs which need to be done to keep the church running and many of the jobs are "behind the scenes". So thank you to all the ladies who arrange flowers and clean the church, those who prepare and serve refreshments after services, those who are sidespeople and read the lesson, and all the people who have worked really hard to make the Sunday Café a success. We also thank Clare for her brilliant work with the parish magazine and all the people who regularly deliver them. And thank you to those of you who work so hard when we have fund-raising events like the May Fair. The church is a community of people and we are blessed by our community in Easton. Thank you.

*Jane Woodbury-Eggins*

# Services in 2015 'Growing Together'



As part of our ongoing 'growing together', we will be experimenting with 3<sup>rd</sup> Sundays also being United Services. They will move around all the seven churches as the 1<sup>st</sup> Sundays have for the last year or so, but not in the same order, and additionally the services will be at times to suit the 'host' parish, so that they have a different feel. For example, when a third Sunday service is at Easton, it may be at 9am which enables people to get to the Sunday Cafe too. In Parham, it may well be at 11am to suit the later risers. Maybe in Kettleburgh it could even be an evening service as their Choral Evensong has a large following. This scheme will give us a great amount of flexibility in Week 3 to do special/occasional non-Eucharist services, like Pet Services, Songs of Praise, open air in the summer - whatever we can dream up to attract not just the regulars from the host village, but from across all seven villages. And your part in our new programme is to read the church services page of the magazine, keeping your eyes open for the variations in timing.

Our 1<sup>st</sup> Sunday United Services now have a well-established pattern, involving the visiting preachers and the choir, together with a 'core following' of people from all seven parishes. But there is always room for more! However, starting in January we will all be learning to sing certain parts of the Eucharist, like the Gloria, Sanctus, maybe the Kyrie's - **but do not panic!**, nor be put off. The choir will be singing it alone in January and again in February, so that we will have had two chances to hear it. Then by March when the rest of us get to join them, we will have the simple tune firmly in our minds and the words we already know because we've been saying them for years. It is a nice modern setting and has been written especially for congregations to sing, it's not a complicated choral piece of music, and I'm sure we will all pick it up quite quickly. And if we don't like it after a trial period we will simply drop it and revert to the 'said' version we have been using. I've heard a saying that those who sing pray twice, so this seems to me to be a good idea, and I will await your views.

Deirdre

# SUNDAY CAFÉ

With the start of a new year we thought it would be nice to do a little review of the Sunday Café. It has been running for 20 months now and appears to be a resounding success. Almost every month gets busier than the one before with regular customers, new faces and occasional visitors.

Whilst the café is run as a non-profit making enterprise, thanks to your generosity, we have managed to make a donation of £250 to the church during that time – so thank you very much. The homemade goodies seem to go down a treat with the all time favourites being the bacon rolls and sausage rolls (*note to self: must bake more of these next year!*).

The café is run by a loyal band of volunteers who do everything from setting up and laying the tables, to waitressing, cooking, washing up, clearing up afterwards and doing all of the laundry. Without the volunteers we wouldn't have such a lovely event, so special thanks to all of them.

After the Christmas café those volunteers were buoyant but absolutely shattered – it was our busiest café ever and we virtually sold out of all of our goodies. As a special treat, lots of children came along to make Christingles, hear the story and to sing the Christingle song to all of us which was beautiful. Thanks to Emma for organising this. To give a flavour of the morning we have included some photos which we trust you will enjoy.

If you haven't tried the Café yet or haven't been for a while, why not join us in January – you will be made very welcome.

Carol Rook



Top left: The children sing the Christingle song. Top right: Visitors join in the singing, or just sit and enjoy. Bottom: The Christmas Café Team (well most of us!).

**ALL SAINTS CHURCH, EASTON**

is hosting

# Sunday Cafe



**Easton Village Hall**

**Sunday 18th January**

**open 10.00 - 11.30 am**

**Never mind the New Year diet!**

**Come to the café, enjoy yourself and  
blow away the winter blues.**

Come and enjoy a cup of 'proper' coffee or tea with a croissant, homemade goodies, bacon rolls or a soft drink, read the Sunday papers and have a chat.

Toys to amuse the children.

## ***A New Year Message from Deirdre***

We have had an amazing interregnum, every parish doing what was necessary to keep the church alive, and without even thinking about pushing the 'pause button' which often happens while people wait for their new parish priest.

I thank most sincerely the Ministry Team of retired clergy and lay elders who have worked really hard to provide the services required, and I look forward to continuing our collaborative ministry. I am also grateful to the churchwardens, the magazine editors, members of all the parochial church councils including their treasurers and secretaries, the church cleaners, flower arrangers - all the unsung heroes of church life who work hard, often alone and unrecognised. And last but not least many thanks to the choir(s), our organists who provide us with anthems and introits to enjoy, and who by their skills enable the rest of us to sing with confidence.

I am excited and full of anticipation for what we may achieve together, and I look forward to 2015 and beyond with a dream. And my dream is that we may become **'One'**; **'One'** Church with 7 beautiful buildings to worship in, with services that encourage people to participate across parish boundaries yet respecting those who prefer not to; **'One'** Benefice in due course with a common mission statement; **'One'** as we seek to take our faith and witness outside our buildings into our communities; **'One'** as we respect our past, respond to the present, and prepare for the future; **'One'** as we pray together, listening to God's plan for our parishes and then being brave enough to act on it.

## **THANK YOU**

The collection taken at Deirdre's licensing service was £278.16, and has been given to our link diocese of Kagera in Tanzania for their fund to train a priest.

**BRING AND SHARE LUNCH  
AT HACHESTON VILLAGE HALL  
SUNDAY 4TH JANUARY  
(APPROX 12 NOON)**

**(FOLLOWING BENEFICE SERVICE  
AT CAMPSEA ASHE)**

Please bring a plate of sandwiches or nibbles.  
Tea, coffee and puds provided.  
Any other drink requirements, please bring  
your own!

**EVERYONE WELCOME!**



**REMINDER!**

**LENT COURSE 2015**

**“Prayers of the Bible”**



As Easter is early this year, so is Lent, and this is just a reminder for you so that you can keep the following dates free in your diaries for what promises to be an interesting and thought provoking Lent course. There will be more information in the next magazine.

**Wednesdays : 25<sup>th</sup> Feb, 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup> and 25<sup>th</sup> March 2015 at 3pm** for about an hour. Location is yet to be confirmed but hopefully Hacheston Village Hall Meeting room which we have used successfully on previous occasions.

*Deirdre West*

# EASTON PARISH COUNCIL

## Planning Meeting 8<sup>th</sup> December 2014

The draft minutes show that Council considered and voted on the following applications:

**DC/14/3205/FUL: The Maples, Hacheston Road, Easton (Removal of existing lean-to buildings to rear and construction of new single storey side & rear extensions, together with conversion of existing outbuilding to dual use: holiday let and annexe to main dwelling).**

Councillors voted unanimously in support of the application on condition that final approval includes the installation of a modern sewerage treatment plant so as not to add to the sewerage running into the ditch from two existing septic tanks.

**DC/14/3476/FUL: The Old Kennels, Framlingham Road, Easton (Reconstruction of existing farmhouse and outbuildings).**

Councillors voted 5 in support of the application and 1 against. The vote against was due to an objection to the demolition of the existing structure.

**Next Parish Council Meeting: Tuesday 13th January 2015 at 7.15 pm, Village Hall**

If you wish to make any comments or ask any questions relating to Council matters, please contact the Clerk on 07789 538430 or email [pc@easton.suffolk.gov.uk](mailto:pc@easton.suffolk.gov.uk) Monday to Friday 9.00 am to 3.00 pm.



## **CHRISTMAS TREE**

***On behalf of all villagers, Council would like to thank everyone involved in providing the beautiful tree on the Village Green again this year. It was kindly donated by Will Carter of Wickham Market, cut and delivered courtesy of Ali Kerr and erected and lit by John Newson and John Rook. Many many thanks.***

***John Owen***

# Easton Pre-School News

**Happy New Year!**

## **Congratulations Sandy!**

Sandy, our stalwart member of staff, has been with us now for 25 years! Sandy started at Easton Playgroup, as it was called then, when her own boys were little and has seen nearly a whole generation of children pass through.



Staff and Committee members recognised Sandy's dedication and nurturing personality, presenting her with a special commemorative mug, a posh pen on a chain (one of her life's desires as she is always losing pens!) and a beautiful orchid which she claims is the only plant she can keep alive!

We wish Sandy many more years with us.

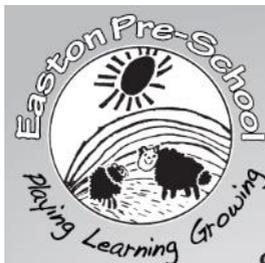
## **Our Christmas Party Success**

Pre-School had an amazing party on 19th December and it was so lovely to have parents there to share the festive experience, with not one special guest but two—Mini with Jo Jingles and oh so busy Father Christmas made the children's day complete. Hope you all enjoyed. Thanks for the scrummy party food. You put on a great spread.

Special thanks to [Jema](#) for all your help in the kitchen and [Jo](#) behind the scenes.

Our Spring Term begins on Wednesday 7th Jan.

*Jackie Wall*



Campaign

# E.A.S.T. 20n!

## Easton Against Speeding Traffic

### WOT NO ACCIDENTS!

#### CONGRATULATIONS

2014 was the first time in the last six years we have had no recorded accidents between the village green and Pound Corner for a whole calendar year.

Whatever the reasons we hope the raised profile, resident awareness and police presence has gone some way to changing habits of people who regularly use the road. Long may it continue!

### NEW SIGNS on POUND CORNER

We had notification after months of delay that the order for new signage had been raised by Highways Department of Suffolk County Council with their contractors. The service agreement they have with them means the work 'should' be completed by the 3<sup>rd</sup> February. We will wait and see....

### COMMUNITY SPEED WATCH

The police have completed their safety checks, volunteers have been vetted, and council are finalising the funding, so we are nearly good to go! We have a team of 10 volunteer residents who will be carrying out speed watch patrols at key points in the village. Using police recognised speed monitoring equipment they will record the speed and registration numbers of vehicles and the data will then be given to police.

*Have a safe and slow 2015.....*

### BE SAFE BE SEEN

**Hi everyone. Just a reminder to all on these dark winter nights and mornings PLEASE wear something fluorescent. I have nearly taken two people out just recently who were walking their dogs in dark clothes.**

**Anne Parkinson**



## Lottery scams

**Lottery, sweepstake or prize draw fraud happens after fraudsters contact you to tell you you've won a large sum of money in an international lottery, sweepstake or other prize draw.**

You're told via email or letter that you have won a large amount of money on an overseas or online lottery. Spanish, Canadian and Australian lotteries are among the most common. So that you can process the payment of your winnings, it asks you to contact someone who claims to be an official at the lottery company. You are warned to keep your good luck a secret and, if you don't respond quickly, you won't be able to claim your winnings. However, either the lottery doesn't exist or you've been contacted by fraudsters misusing the name of a genuine lottery. But you can be sure there is no prize money for you to win.

If you respond to the fraudster, you'll be asked to supply personal information and copies of official documents, such as your passport, as proof of identity. The fraudsters can then use this information to steal your identity.

Once you have provided your personal information, the fraudsters will ask you to pay various fees – for example: taxes, legal fees, banking fees etc – so that they can release your non-existent winnings. Each time you make a payment, the fraudsters will come up with a reason why your winnings can't be paid out unless you make another payment. They'll also give you reasons why the fees can't be taken out of your winnings and have to be paid up front.

The fraudsters may also ask for your bank details, saying they will pay your winnings directly into your bank account. But if you hand over your bank details, the fraudsters will use them to empty your account.

### **Protect yourself against lottery fraud**

- Never respond to any such communication. If you haven't entered a lottery then you can't have won it.
- Official lotteries in other countries operate in much the same way as the UK's National Lotto. No official lotteries that we know of contact people to tell them of their win.
- We don't know of any official lottery operators who ask for fees to collect winnings. Any request for a fee payment is a good indication that someone is trying to defraud you.
- Never, ever disclose your bank details or pay fees in advance.
- If they've provided an email address to respond to, be very suspicious of addresses such as @hotmail.com or @yahoo.com or numbers beginning with 07 because these are free to get hold of.
- Genuine lotteries thrive on publicity. If they ask you to keep your win a secret it's likely to be a fraud.
- Many fraudulent lotteries have bad spelling and grammar – see this as a warning that fraudsters are at work.

*John Owen*

# Village View in January



Monday Mardle  
12th January  
7.30 pm Village Hall

Parish Council Meeting  
Tuesday 13th January  
7.15 pm Village Hall

Sunday Café  
18th January  
10-11.30 am  
Village Hall

Mobile Library  
Wednesday 21st January  
12.20—12.40 pm  
Village Hall

Easton Belles WI  
Tuesday 27th January  
7.30 pm Village Hall

Casino Night  
Saturday 31st January  
7.30 pm Village Hall  
Ticket only  
(see ad page 22)

Yoga-Pilates  
Tuesdays  
9.30 - 10.45 am  
Village Hall  
£8 drop in rate  
£39 for 6 sessions

Table Tennis  
Every Wednesday  
6.30 pm Village Hall  
£5 per session

Zumba  
Every Thursday  
6.15 pm Village Hall  
£5 per session

Easton Pre-School  
Term starts 7th Jan  
Village Hall  
Mondays, Wednesdays or  
Fridays 9.15am—3pm  
Thursday mornings  
9am-11.30am

# FROSTFEST

AGE 10 - 14

**DARK** AND LIGHT

GET THE MESSAGE ?

*GRAFFITI ART*

ALL THE LOCAL CHURCHES INVITE YOU ON

**SATURDAY**

**31ST JANUARY 2015**

**5.00 – 7:00 PM**

**BRANDESTON VILLAGE**

**HALL**

contact mary baker—01728 685807

marybaker555@hotmail.co.uk

EASTON HARRIERS HUNT SUPPORTERS  
CLUB



QUIZ NIGHT  
BRANDESTON  
VILLAGE HALL

FRIDAY 16<sup>th</sup> JANUARY @ 7PM  
ADULT £8/CHILD £5  
SUPPER INCLUDED

TEAMS OF 4 PEOPLE PLEASE

(Please let us know if you are unable to make up a team of 4 and we will find some more members to make up a team)

Confirmation of teams by 9<sup>th</sup> January 2014 to:-  
Jackie Thomas (Hunt Kennels) – 01728 747267 &  
Juliet Quilter – 01394 411135

# **LEATHERINGHAM NOTES**

## **MONDAY MARDLE**

And for our next Mardle, we present.....

### **The World of Optical Illusions**

A talk by Colin Hopper

Colin is back by popular demand. Some of you may recall he gave a fascinating talk on the History of Magic a while ago. He is a lecturer and demonstrator of magic. He makes magic props for other magicians and has written a book on balloon modelling for magicians. He is a professional children's entertainer of over 30 years' experience, a past President of the Ipswich Magical Society and past member of the Magic Circle. Come and see if you can work out how it's done!

**Easton & Letheringham Village Hall**  
**Monday 12<sup>th</sup> January at 7.30pm**  
**£6 donation includes glass of wine.**  
**All proceeds to Letheringham Church**

*Paul Clarke*

## **USED STAMPS**



If any of you have collected 'used stamps' I am happy to take them off your hands to send to the Stuart Gordon Fund - and all money raised will be passed to Dr Anil Mehta and his team to further their research into cystic fibrosis. Will happily collect from you if necessary!. Thank you in advance.

Janet Prentice, Amberleigh, Harriers Walk, Easton T: 746808

## Wellie Boots for January

First of all, my sincere apologies to you all for not completing my December offering before I went away on holiday. Everything was hunky-dory and 90% of the text written when ... calamity yet again. No, not my wretched computer this time, but my dear friends British Telecom. Trouble down at t'exchange yet again, apparently. So, no phone, which meant no computer and no iPad, and as I was finishing off the article at the time, absolutely nothing was saved and everything was lost completely. And the phone wasn't put back on until we were half-way to Miami.

Well, I hope every one of you had a very happy, peaceful Christmas and that the New Year will prove to be a very healthy, successful and prosperous one for us all. Following the trend of the last couple of years or so, our weather this winter is being unseasonably mild. Unfortunately, any relief from the rigours of winter are only to be welcomed the older you get. How well I remember skating on the village ponds, sledging down nearby slopes, building huge snowmen and massive snowball fights – oh, the joys of a carefree youth. Gone, but never forgotten, although the very thought of it now is enough to bring on an attack of hypothermia and a stinking cold, which I went down with the day we arrived back in England.



But let's see what's to do in the garden, as a few autumn flowers such as roses and antirrhinums still bravely soldier on. Already snowdrops and daffodils are forcing their way into the light and some very confused hyacinths are following suit in a remote corner of the garden, so look on the bright side. In a few weeks it's going to be spring bursting out all over yet again, so not long to go now. Meanwhile, following our recent very high winds, and now that most climbing plants have died back for the winter, now would be the opportune time to prune back the plants and repair or restore any of our wooden structures. Sheds, pergolas, fences, rose arches, etc – all will appreciate a little TLC now they're accessible. And any perennials or other plants that have been loosened or "lifted" by wind or whatever, make sure these are firmed or even staked before the really harsh winter weather comes our way. Also, if you have trees such as acers or birch that may need pruning, do it immediately because if you leave it until the spring when the sap is rising, excessive "bleeding" will occur.



Of course, even I have managed to get our winter pots and urns planted up, which is something of an achievement, and all off the ground for easy drainage, and the winter pansies and violas are all being dead-headed diligently. But as usual, it's a great pity about many of the tulips and daffodils yet again – every year I get carried away and end up having to waste several hundred bulbs. In fact, I'm quite sure the mice in our garage are the plumpest and fattest in the village, if not the whole of Suffolk. A deadly combination when linked with those pesky tree rats that annually dine al fresco on our newly planted daffodil and tulip beds, which is why I always have to buy so many. At least, that's my story, I'm sticking to it and I dare you to prove otherwise. But already the first of the spring catalogues have arrived through the letterbox, but I'm not going to be tempted this time. No siree, I'm not. Most definitely not. No, not a thing ... well, I might take a quick peek over the holiday period. But I'm not buying anything, just window-shopping, even if it is Easton Hidden Gardens this year (everyone please note, but date yet to be decided).



Now most of us will probably have been fortunate enough to have been given the odd pot plant or two over Christmas, and if treated carefully they will last for at least 4-6 weeks longer almost into spring. Poinsettias are probably the most likely to be on hand and this year I actually managed to cajole and resurrect one of last year's specimens. But all in all I hardly think it's worth the effort. You can get a quite reasonable new plant for about £2.50 - £3 and quite frankly my hand-reared specimen looks more like a strangulated, half-plucked Rhode Island Red. I know when I'm beaten but that Delilah says she's managed to produce at least five this year. Hmm, I wonder – methinks the lady doth protest too much – but I'm not one to doubt a lady. Although there were several Waitrose plant sleeves in her kitchen bin. But she wouldn't do that, would she? Huh, you don't know Delilah like we do. You can bet your cotton-picking bottom dollar she would if she thought she could get away with it. But what she HAS got are several almost-in-bloom amaryllis, definitely home-grown from bulbs, and that IS something I never seem to get right – if I'm lucky mine will be making an appearance round about Easter yet again. As these bulbs are very expensive, around £5-£6 each, they are well worth saving to bloom another year. Gradually let them die back naturally and lie dormant for a few months during summer, bringing them forward about the beginning of September, controlling their growth through heating variation, and some could even go on for several years.



Hellibores, or Lenten Roses as they are known to many, are now beginning to show well in the garden so we are hoping to have a strong showing in about a month, but time alone will reveal what damage our furry, four-legged pests achieved last winter amongst our aconites, snowdrops and bluebells. Very little is visible at the moment, but a few primroses and polyanthus are being tempted to show themselves. But don't forget to try growing a few early plants of your own. Planted now, a packet of seeds costing a couple of pounds could produce enough plants to save you at least £15-£20 later on. Plants such as pelargoniums, sweet peas, dahlias, delphiniums, begonias, Iceland poppies, coleus, etc should all respond well if planted now. Go on, give it a go – nothing ventured, nothing gained. I'm going to have a go myself and I've never planted anything as early as this before. Mentioning dahlias and begonias, together with cannas, if you have any stored don't forget to check for any rotting or dried out tubers and take the appropriate action. If they're still in the ground, as mine are, a good heavy mulching will hopefully see them through the worst.



Finally, a super little job to keep you occupied on a cold, wet and windy night in winter. Curl up in front of a lovely roaring fire, probably with a little tittle on hand, and spend a pleasant hour or two trawling through a couple of those enticing spring catalogues already mentioned. Imagine just how you would like your garden to be and what you would plant and where. A small statue there, a couple of urns there, re-jig the flower beds, extend the pond, etc. We should all do this every year and although one can never afford to do it all immediately, at least every year we can create just a little further improvement.

So, once again a new year has begun, so a healthy, happy and prosperous 2015 to all my FOUR readers (editor please note, four, not two) and as a final treat, why not try forcing rhubarb? An upturned bucket is all you need and Bob's your Uncle, or Fanny's your Aunt, whatever the case may be. Delete where applicable. But in about five weeks or so you will be eating the most delicious out-of-season rhubarb pie ever!

## Wellie Boots



## EASTON BELLES



Wishing you all a very Happy New Year - Easton Belles are pleased to tell you about their first meeting of the year on **Tuesday 27<sup>th</sup> January - 7.30 pm in the Village Hall**. Our speaker this evening is Paul Sawyer and his subject is **Wildlife Photography Techniques**.

We look forward to welcoming members and new members and if this particular subject is of interest to you and you would like to come along as our guest, for the evening, please do.

Janet Prentice

## SHOEBOX APPEAL

Thank you to everyone who donated a shoebox this year. On 5th November, 22 tightly packed boxes left Easton on the first leg of their journey to Eastern Europe. The recipients will be very grateful to receive them.

I have hosted the project on behalf of Easton for at least ten years and feel that it is now time for me to step down. I would like to extend my gratitude to all those who have given so generously during that time and to thank you all on behalf of the people who have been lucky enough to receive your gifts.

If anyone would like to take on the project I will be happy to pass on the details. Call me on 746162.

Carol Rook

## EASTON & LETHERINGHAM VILLAGE HALL

50<sup>th</sup>  
ANNIVERSARY

1965 - 2015



The Village Hall Management Committee would like to wish you all a happy and peaceful 2015. It was good to see those of you who joined us at the 'Mince Pie and Mulled Wine' get together in December. Those people who attended were asked to vote for their preferred charity for the village hall to support in our 50<sup>th</sup> year. We are pleased to announce that we will be supporting **FIRST RESPONDERS**. First responders are volunteer trained paramedics who are called upon by emergency services to attend incidents in rural areas where the wait for an ambulance may be longer. They have attended a number of incidents in Easton over the years and we are delighted to be supporting a worthwhile cause. As previously stated we will be giving half of all our fundraising to this cause during 2015.

It was 29<sup>th</sup> January 1965 when Frederic Vincent Warren signed over the deeds of the village hall to the residents of Easton and Letheringham in the form of a trust and later a registered charity. The residents had used the building for some years before as a village hall. However this was the date it legally become owned by all of us.

We are planning a number of social and celebratory events this year including a Spring Quiz, Summer BBQ with live music and a 60's night to reflect the decade the hall was given to us. We are starting the celebrations this month with our **Casino Night on the 31<sup>st</sup> January**, two days after the anniversary date. The evening will include cocktails, canapés and some 'risk free' casino tables. After some feedback we have relaxed the dress code to 'smart' evening wear and black tie is optional. We only have a limited number of tickets so please see the separate adverts for details on how to get them. Please come and enjoy a fun evening of celebration of the Hall's 50<sup>th</sup> Birthday!

If anyone else would like to arrange any event during the year to raise money for the FIRST RESPONDERS, we are happy to help support it.

Because of the number of events we plan to run this year we have given the 100-club a year's holiday and will review it again for 2016.

Ian Palfreyman

To celebrate the 50<sup>th</sup> Anniversary of the Village Hall  
Easton & Letheringham Village hall presents..

◆ ♠  
♥ ♣

# CASINO NIGHT

**Saturday 31<sup>st</sup> January 2015**

**7.30pm onwards**

**Tickets £ 10**

**Including; glass of bubbly, canapés, and play chips**

**Pay bar and Cocktail Bar**

**Dress Code: Smart, optional Black Tie**

**Tickets available from Margie Ransome 746818 and David Stagg 746054.  
Limited number available**





## Easton Bells will ring again!

There will be regular ringing in Easton next year. The bells at All Saints, Wickham Market, will be undergoing a major overhaul next year and while they are out of action we intend to transfer our practice sessions to Easton.

The dates are not confirmed yet but it is likely to be from the end of January until the end of March/early April; we will be ringing on Monday evenings from 7.30 pm - 9.00 pm. Afterwards, we will, no doubt, retire to The White Horse. Any residents who would like to come along and be initiated in the ancient art would be most welcome or otherwise join us for a drink to find out what it's all about.

Dates will be confirmed as soon as possible.

Hope to see you there.

Derek Martin



## Hospice wants your unwanted Christmas presents

If you receive any unwanted Christmas presents this year, please think about donating them to St Elizabeth Hospice.

Donations of new or second-hand items are needed to resell in the Hospice's 25 shops across East Suffolk and South Norfolk to raise funds for the local charity.

If you have or are updating your furniture this Christmas or New Year, then why not donate your old fixtures and fittings to the Hospice too.

Donations of good quality: sofas, chairs, tables, cabinets and other home furnishings are needed to resell and raise funds for the Hospice which costs millions of pounds a year to run. Van drivers can collect items from your home for free.

Jason Rudderham, Head of Retail, said: "If you have any unwanted gifts that weren't your cup of tea this Christmas we would love to have them in our shops. We are also in need of furniture to resell in our dedicated furniture stores in Ipswich and Stowmarket."

Money raised through the shops enables St Elizabeth Hospice to continue to make a real difference to the lives of their patients and families, friends and carers.

To donate furniture, please call 0845 259 0319 and the Hospice will arrange collection from you.

Other items can be dropped off at your nearest shop which can be found at [www.stelizabethhospice.org.uk/shops](http://www.stelizabethhospice.org.uk/shops)



# Wickham Market Medical Centre

## Newsletter (abridged)

### Staff Issues

As you may already be aware, Dr Sarah Trigg has sadly decided to leave us for a position at another surgery; we wish her the very best of luck in her new position.

Dr Elizabeth Shirlaw will also be leaving the practice in the New Year.

We have also been joined by a new temporary GP, Dr Philip Stewart, who will be with us for the coming few months until we find a permanent replacement for Dr Trigg.

### Flu Clinics

Please be aware that we are still running a few flu clinics for those of you who have missed the main bulk. If you think that you are eligible, please call to make an appointment as soon as you can.

### Missed Appointments

In the months of September and October 2014, **396** appointments were missed at Wickham Market Medical Centre and Rendlesham Surgery combined. This equates to **75.61** hours of wasted Clinician time.

Please call and cancel your appointment if it is not required, even if it is short notice, as we are always able to fill appointment slots.

### Appointment Times

A standard GP appointment lasts **10** minutes. If you think you would require longer, please ask reception to book you a double appointment to ensure that the GP has sufficient time to deal with your problem.

### The NHS Friends and Family Test

The friends and family test enables you to feed back any experiences, positive or negative, to us to ensure that we either put it right or continue to do it. Your feedback will help us to learn more about what you think of your experience here at the Medical Centre.

If you see a postcard, please do pick one up and complete one for us. It'll only take a couple of minutes!

For more information, please visit: [www.england.nhs.uk](http://www.england.nhs.uk)

**The staff of Wickham Market Medical Centre wish you all a very happy New Year.**

**Your Patient Group Representative is**  
**Jane Pollock, Almond Tree Cottage,**  
**tel 747343 or email**  
[jpollock@mypostoffice.co.uk](mailto:jpollock@mypostoffice.co.uk)

## Random Thoughts as we Age ...

Last year I joined a support group for procrastinators.  
We haven't met yet.

When I was a child I thought nap time was a punishment– now it feels like a small holiday.

My people skills are just fine. It's my tolerance to idiots that needs work.

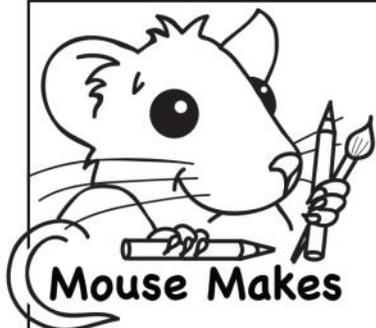
If God wanted me to touch my toes, he would've put them on my knees.

I'm going to retire and live off my savings. Not sure what I'll do that second week.

Why do I have to press one for English when I'm just going to be transferred to someone I can't understand anyway?

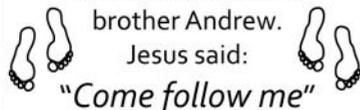
At my age 'getting lucky' means walking into a room and remembering what I came in there for.





## A NEW BEGINNING- Jesus calls his first disciples

As Jesus was walking beside the Sea of Galilee he saw two fishermen, Simon called Peter and his brother Andrew.



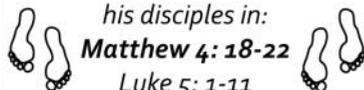
Jesus said:

*"Come follow me"*

At once they left their nets and followed him. Further on he saw James and his brother John in a boat with their father. Jesus called them, and immediately they left their boat and their father and followed him.



*Read this story and the other stories of how Jesus called his disciples in:*



**Matthew 4: 18-22**

**Luke 5: 1-11**

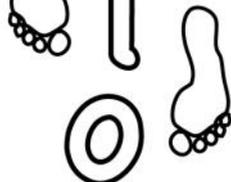
**John 1: 35-51**

**Matthew 9: 9**

**When Jesus calls you  
will you follow him?**

JESUS said

Come



me



JESUS said  
**"I am the *light* of the world. If you follow me, you won't have to walk in **darkness**, because you will have the *light* that leads to life."**

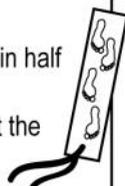
John 8:12



**To make the bookmark:**

Colour in then cut around the outside, fold in half along the dotted line and glue together.

Add a tassel to the bottom by punching out the holes and tying through a length of ribbon.



## **CONTACT DETAILS OF COUNCILLORS THAT SERVE EASTON**

### **Parish Councillors:**

**Chair :** John Owen

Tel: 01728 746644

(Also SCDC Representative)

**Vice Chair :** Bob Gibbon

Tel: 01728 746866

(Also Playground Officer)

Tony Smith

Tel: 01728 746658

(Also Emergency Officer)

Brian Boon

Tel: 01728 745057

(Also Public Footpath Officer)

Michael Coney

Tel: 01728 746181

(Also Tree Officer)

John Kerr

Tel: 01728 746517

Adrian Hollins

Tel: 01728 746053

### **Clerk :**

Debbie Ottway

07789 538430

(Also Responsible Finance Officer)

### **Suffolk County Councillor**

Peter Bellfield

Tel: 01473 735259

Fax: 01473 735859

### **Suffolk Coastal District Councillor**

Bob Snell

Tel: 01728 685877

**A copy of the latest draft minutes of the Parish Council can be read on the back of the village notice-board.**

## **Do you have something to put in the magazine?**

Contributions to the next Parish Magazine should arrive by the 20th of the month before, either by email or by handwritten piece, please.

My email address is :-

**clareeowen@tiscali.co.uk**

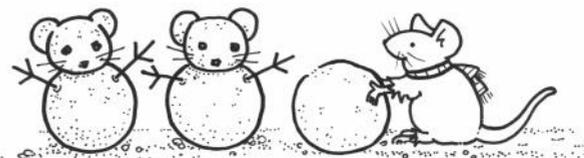
or handwritten pieces to me at 5 Harriers Walk, Easton IP13 0HA

## **Village Hall Bookings**

**Contact Jean Blackwood-Pugh**

**Email: [jeanmbp@gmail.com](mailto:jeanmbp@gmail.com)**

**Tel: 748378**



**For more information on your local villages, visit the parish websites:-**

[www.easton.onesuffolk.net](http://www.easton.onesuffolk.net)  
[www.brandeston.net](http://www.brandeston.net)  
[www.kettleburgh.suffolk.gov.uk](http://www.kettleburgh.suffolk.gov.uk)

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