

Easton Parish Magazine



August



2015

Price 25p

ALL SAINTS' CHURCH, EASTON

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Churchwarden	:	Jane Woodbury-Eggs Bickley, Harriers Walk	Tel: 746667
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Dear Friends

August is traditionally seen as a month for holidays, but it is also a good month to just pause and take a break if circumstances don't allow a holiday. For me, as for many clergy, it is a question of finding an opening in a busy diary to escape and spend a little time reconnecting with one's own spirituality, to go somewhere and spend some precious time simply being in God's presence. So with nine months of my new appointment already gone, I recently took the opportunity for a week's retreat to Launde Abbey in beautiful rural Leicestershire. A place where the resident community keeps alive the monastic tradition started there so long ago, it offers five opportunities every day for prayer and worship and has a 12thC chapel in which to do it. Sadly, the chapel is all that remains of the Augustinian priory founded on the site in 1119. It also has 450 acres of beautiful parkland and gardens which make it an ideal place to relax in, maybe catch up with some theological reading or one's own journal. It is a place which offers a welcome to people of all faiths, or none, it's a place to 'retreat to' allowing you to rest and take stock of where you are on your Christian journey, to reflect on where life is going and then decide on what is important, what's not, returning refreshed, ready again to tackle whatever life throws at you. It helps you be able to decide more clearly what it is that needs your time – time - that precious limited resource of which there is simply never enough.

So whatever it is that you do with your August, I wish you rest, refreshment and happiness, and hopefully some nice weather in which to do it.

With love, in Christ

Deirdre



Church Matters

Discussion Group

The July Discussion Group talked about parts of the Book of Job. There will not be a meeting in August so the group will meet next on **Wednesday 2nd September** at 10.30 am at Easton House when we shall be looking at the Letter from James.

New members are always welcome. We start with coffee or tea and sessions are quite informal.

Services

The benefice service on 2nd August is at Brandeston and will be led by the Lay Elders with Communion from Deirdre.

On 30th August the fifth Sunday united service will be at Campsea Ashe.

The Benefice service on 6th September will be at Easton.

Bible Study

The monthly benefice Bible study (Philippians Chapter 4) will continue on 19th August at 3pm at Hacheston Village Hall.

Polar Explorers Holiday Club

This will run at Charsfield School from Monday 10th to Wednesday 12th August (9.30 am -1.30pm). Contact Mary Baker (685807) or Jackie Clark (723623) to book.

Dates for your Diary

PCC Meeting

There will be a meeting on 1st September at 7.45 pm at Glevering House.



Harvest Service and Lunch

Advance notice! This is booked for Sunday 11th October.

Wedding

Becky Burford and Ben Howlett were married in Easton church on Saturday 11th July. Becky used to attend Sunday school in Easton when her granny lived here. Revd. Robin Alderson conducted the service which was followed by a reception at Easton Grange. This was a very happy occasion blessed by good weather.

We send our congratulations, love and best wishes for a long and happy marriage to Becky and Ben.

Jane Woodbury-Eggins



FLOWER AND CLEANING ROTA

	Flowers	Cleaning
1st Aug	Jean Kendall	Jean Kendall
8th Aug	Dot Blane	Dot Blane
15th Aug	Dot Blane	Dot Blane
22nd Aug	Wedding	Jane Woodbury-Eggins

ALL SAINTS CHURCH, EASTON

is hosting

Sunday Cafe



Easton Village Hall

Sunday 16th August

open 10.00 - 11.30 am

Usual homemade goodies

Takeaways

Have a chat with friends old and new

DON'T FORGET

**Bring your excess garden produce and
homemade preserves to swap or for
sale (50% of preserves cost to producer
and 50% to café funds)**

34th



**Suffolk Historic
Churches Trust
Bike Ride and Walk**

9 am - 5 pm

**Saturday 12th
September 2015**

**Also known as
Ride and Stride**



Is anyone interested in being sponsored to raise money for Easton Church? Forms and details from Christine Burgoyne on 747443.

Sponsorship money raised here will be divided between the Trust and Easton Church. SHCT is a non-denominational Trust helping to preserve Suffolk's historic churches and chapels.

FRED MITCHELL



Fred Mitchell died on June 21, aged 64, leaving behind his wife, Maureen, sons Wayne and Glen, and five grandchildren. Fred first moved to Suffolk in 1983 to work for the prison service at Hollesley Bay and in the same year joined Easton Cricket Club.

For three decades Fred dedicated his life to Easton Cricket Club and helped it grow from strength to strength, be it through saving the cricket pitch from farming in the 1980s, to securing the club's promotion to the Suffolk Premier League in 1996, or the construction of The Joyce Hammond Pavilion that stands on the club ground today. After a few years he became club captain and Easton Cricket Club rose through the league structure, including winning the two counties division 3 in their first year.

Reading a eulogy at his funeral, his son Glen said: "Fred had a vision for the future and was not alone in his belief that Easton Cricket Club could one day become something fantastic. He has been a stalwart in the village of Easton in providing cricket for adults and youngsters alike over 30 years and has done so much for the youth of this and surrounding villages.

"In 2006, Fred experienced one of his proudest moments. As part of the club's centenary celebrations, we were privileged to play in a match at Lords – the home of cricket. Fred captained Easton on this momentous day, which put a smile on his face that lasted for weeks afterwards.

"Easton Cricket Club now has 1st, 2nd, Sunday and Ladies XIs and around 100 children all enjoying the game that Fred loved so much. Fred was a truly remarkable man who always gave 100% in everything that he did, probably why he achieved so much throughout his life. This dedication was recognised some years ago when he and his wife were invited to a garden party at Buckingham Palace.

"There are so many things about Fred which will be missed, especially seeing the happiness and joy that all of his grandchildren gave to him. He was not one to express his feelings and emotions too greatly, but was always there when he was needed. To use one of his favourite expressions - Fred was truly marvellous."

We send our love and sympathy to Maureen and family.

Edited and abridged from EADT article on 9th July.

Easton Parish Council

HIGHLIGHTS – MEETING MONDAY 29TH JUNE

- Draft Minutes are available on Easton Parish Council Website and rear of the village notice board.
- The minutes of the meeting 19th May, were corrected and amended to enable them to represent a more accurate record of the meeting.
- Cllr Parkinson reported the speed watch was progressing well, whilst manning his 35 minute slot from 8.30 am, 110 car movements were recorded, none travelling over 35mph.
- The Clerk had handed her in her resignation and did not return the files and documents until shortly before the meeting which she did not attend. The Chair had collected the Internal Audit and year end file from the Auditor.
- The problems reported in the Internal Audit were discussed and actions decided on.
- The Year End 31.3.15 External Audit and Governance could not be signed due to weakness in the year end documentation. The External Auditor will be notified.
- The Martley Hall footpath had been raised with SCC who confirmed they were cutting twice a year.
- The Four Bridges work proposed by SCC was approved and will take place when budgets allow.
- The Village Telephone Box – Acting Clerk to write to BT to request replacement working telephony and box.
- Since no decision has ever been made and minuted to purchase land to increase the size of the cemetery, accruing money to meet the purchase cannot continue.
- A proper Budget which includes reserves will be formulated a.s.a.p.
- Councillor Training will be booked at the village hall for all councillors to attend.
- The Earl Soham Clerk Mrs Jane Page will act as cover Clerk. An advertisement for a new Clerk will be published.

Chair, Cllr Sue Piggott

**NEXT PARISH COUNCIL MEETING MONDAY 10TH AUGUST
AT 7.30 PM VILLAGE HALL**

Village View in August



Parish Council meeting
Monday 10th August
7.30 pm Village Hall

Mobile Library
Wednesday 5th August
12.20—12.40 pm
Village Hall

Sunday Café
16th August
10-11.30 am
Village Hall

No WI Meeting

No Monday Mardle

Yoga-Pilates
Tuesdays
9.30 - 10.45 am
Village Hall
£8 drop in rate
£39 for 6 sessions

Table Tennis
Every Wednesday
6.30 pm Village Hall
£5 per session

No more Zumba classes

Easton Pre-School closed
for summer holidays.



CANCER RESEARCH

A cancer diagnosis tends to be unexpected, so it was a particular shock for me to have it twice

I have been extremely fortunate to recover from both cancers so well. I started running in September and this year I am running my first half marathon for Cancer Research, as without research I might not be here today.

I shall be taking part in the Royal Parks Foundation Half Marathon on 11th October this year.

If anyone would like to sponsor this worthy cause please visit my Just Giving website :- <http://www.justgiving.com/Anne-Parkinson4> or sign a sponsorship form by contacting me on 01728 746879.

Thank you.

Anne Parkinson



SPORTING FIXTURES IN AUGUST

Cricket

Sat 1st	1st XI	v	Kelvedon	Home
	2nd XI	v	Elvedon	Away
Sun 2nd	Ladies XI	v	Ipswich	Home
Mon 3rd		v	Laxfield	5.00 pm
Tue 4th		v	Melton	5.30 pm
Wed 5th		v	Acle	2.00 pm
Thu 6th	Haribo Challenge		Junior matches	10.00 am
Fri 7th	6-a-side Simon Wright		memorial match	9.30 am
Sat 8th	1st XI	v	Dunmow	Away
Sun 9th	Sunday XI	v	Mellis	Home
	Ladies XI	v	Mildenhall	Away
Sat 15th	1st XI	v	Ipswich	Home
	2nd XI	v	West Bergholt	Away
Sun 16th	Sunday XI	v	Caribbeans	Away
Sat 22nd	1st XI	v	Exning	Home
	2nd XI	v	Worlingworth	Away
Sun 23rd	Sunday XI	v	Wortham	Home
	Ladies XI	v	Woolpit	Away
Sat 29th	1st XI	v	Copford	Away
	2nd XI	v	Brightlingsea	Home

Unless shown otherwise, matches start at 1.00 pm.

Bowls

Sun 2nd	Kerr Cup		Club competition	Home	2.00 pm
Tue 4th	Woodbridge Lge	v	Badingham	Away	6.45 pm
Wed 12th	Fynn League	v	Melton	Away	6.30 pm
Thu 13th	Woodbridge Lge	v	Waldringfield	Away	6.45 pm
Tue 18th	Woodbridge Lge	v	Leiston Garrett	Home	6.45 pm
Thu 20th	Fynn League	v	Martlesham	Home	6.30 pm
Thu 27th	Friendly	v	Woodbridge	Away	6.30 pm

Wellie Boots for August

A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing – and the lawnmower is broken. Then I lounge by the pond, Pimms in hand, idly watching a pair of flycatchers making numerous short trips close to the surface to replenish the larder before returning to their vantage point. No offspring to feed yet, but I suspect they may be rather like kingfishers and nest somewhere in the banks of the River Deben. Talking of which, a week ago one of the Easton ducks produced another convoy of thirteen ducklings somewhere in our garden, but, fickle as ever, rapidly transferred her loyalties to the larger pond next door. The next day unfortunately they all went walkabout to the Deben, never to return. But at least this year the river was not in flood at the time and several have survived and been seen since. But do you remember dear old Daffy Duck, a few years ago? Every year without fail she produced a clutch of twelve or thirteen which, every morning, she would dutifully lead over The Street to the river, returning each evening around seven, creating her own very effective Speed-watch Patrol. She returned every year for about four or five years and I only remember one accident in all that time.

As I write this, the rain is falling rather heavily after a rather extended period of hot weather – a veritable boon for us gardeners where water was quite badly wanted, but possibly just a week or so too early for our local farmers who have been working their socks off to bring their harvest safely home. St Swithin's Day, July 15th, was very dry this year, so according to widespread legend, during the following forty days it should rain "nae mair", but even in medieval times one has to allow for poetic licence ...



Meanwhile, around Octagon House, following the almost complete absence of frogs this year from our natural pond (reported earlier this year), great detective work "a la Sherlock Holmes" has been going on and just last month an explanation may have been found. Delilah (for 'tis she and peace prevails once more), called round to collect a couple of bags of well-rotted home compost going spare. Now I'm quite sure half the village must have heard the ensuing fracas. Seems the dear lady looked into a half bag of compost lying near-by only to be met by a sensuous, seething, squirming mass of snakes. Her words, not mine. She loves to exaggerate that one, but by golly, she can scream for



England. In actual fact there was only one smallish grass snake, but we're now on the horns of a dilemma as it almost certainly has laid eggs in the compost to incubate. And as you all know, don't you, all English snakes are protected and cannot be harmed nor, I believe, relocated? And also their main diet consists of amphibians such as frogs and newts. BUT, just to be difficult as always, our newts are Great Crested, which are also protected and cannot be disturbed. So we have protected grass snakes (excellent swimmers) who dine out on our frogs and Great Crested newts who in turn devour all available frogspawn, so no tadpoles. Answers on a post-card please. However, as it looks as if toads are less tasty to snakes due to the obnoxious substance they excrete when threatened, perhaps the easiest solution will be to re-name Octagon House 'Toad Hall'?

Back from holiday? Lawn out of control? Treat it gently in this hot weather by setting the mower higher than usual and remove the grass-box to create a light mulch, then gradually reduce the height over the next few cuts. Coupled with the recent rains, we should all hope to see our lawns starting to return to normality soon, but if you're laying a new section of lawn do be careful to remove stones and eradicate any perennial weeds completely to avoid much trouble later on when established. Keep up with the deadheading and watering throughout the garden, especially the hanging baskets, urns, pots and other containers, which will all appreciate gentle feeding every week or so to extend their flowering season. Many, such as hardy geraniums, can be cut back as soon as they have finished flowering to produce more flowers in a few weeks' time. Climbing and rambler roses can be pruned once they have finished blooming, but be very careful as some varieties are repeat flowering whilst others may produce very attractive hips in the autumn and are well worth keeping.



Oh dear, decisions, decisions, decisions – does it ever end? And it's not much better in the veggie patch. Acting on the premise that less can often mean more, I think August is the best time to take out the growing and side-shoots of many garden vegetable plants to enable the set fruits and flowers to attain their full potential. Things like runner beans, marrows, melons, cucumbers, tomatoes, courgettes, etc immediately spring to mind, whilst in the flower garden dozens of established perennials are begging to have their non-flowering shoots carefully removed to be transformed into next year's flowering front line. Growing cuttings, especially if you have a greenhouse, is so simple and can save so much

money in the long run. Go on, give it a try. Very satisfactory getting strong healthy plants for nothing. And if you have achillea, grasses and other everlasting subjects, now is the perfect time to harvest them as they are at their peak. They should be cut and hung upside down in an airy, warm place so that they can dry naturally ready to be used later in flower arrangements. Meanwhile, Delilah is busy lifting a goodly crop of potatoes and replanting with a late species – interesting concept if there are enough nutrients left in the soil.



Finally, enquiries have revealed that this year there seems to have been rather an explosion of grass snakes throughout the village, mainly around compost heaps (hardly surprising as they can lay anything up to forty eggs), but they are completely harmless and very shy. Easily recognised by a bright yellow and black band around their neck, they will vanish from the scene far quicker than even Delilah did. And two water related tips that may come in useful. If you have fish in your pond, during hot periods it may need oxygenating and water added – deal with both by putting a spray head on your hose and fixing it so the spray is falling from some 3ft high into the pond. Then when that has been done, transfer the hose to dampen down the greenhouse floor to increase humidity. Your plants inside will be eternally grateful.

Exhaustedly,

Wellie Boots



SUMMER FUN!

(ANSWERS ON PAGE 17)



Hidden in the grid are eight, 7 letter words. Each word begins with the central **P** and you can move one letter in any direction to the next letter. All of the letters are used exactly once each. What are the words?

D	I	S	I	S	A	K
M	R	C	N	C	Y	E
A	C	Y	A	H	N	A
H	Y	S	P	I	B	L
I	E	R	O	L	L	S
C	M	P	U	R	A	T
M	U	I	L	A	E	R

HIDE AND SEEK

Hidden in each of the sentences are the numbers 1 to 10 in words. A number might appear in more than one sentence, but there is only one way to find all ten numbers. For example 'My parents told me to never cross the road without looking.'

The robins love hiding amongst the smooth reeds.

It's always worth looking after your friends, even if they've upset you.

Even heavyweight boxers like using soft tissues when they have a cold.

To avoid the calf, I veered sharply to the left.

The eggs were boxed thirteen instead of a dozen in each baker's delivery box.

Having salmon every day for lunch gets a little boring after a while.

The attendance at the local football match exceeded last weeks by many thousands.

We need to waterproof our boots to make sure we don't get wet.

Meeting friends after work allows executives to network effectively.

The orchestra sounded magnificent with the three virtuosi xylophonists.

NEIGHBOURHOOD WATCH



Distraction mobile phone thefts

Shoppers are reminded to be vigilant following the thefts of a number of mobile phones in shops and fast food restaurants in Ipswich town centre.

All of the incidents involved a woman who distracted the victims with either a newspaper or leaflet before stealing the phones. The woman is described as being aged between 20 to 30-years old, with long dark hair sometimes tied in a ponytail, of a slim build and between 5'4" and 5'8" tall. She is sometimes accompanied by a man, possibly in his twenties, with dark spiked hair.

Whilst these incidents have been in Ipswich town centre, please be mindful that the thieves could target anywhere, so be vigilant and aware of distractions, especially in busy cafes and pubs.

Suffolk Police are reminding members of the public of the following crime prevention tips:

- Do not leave your mobile phone unattended, especially on counters or tables in public places
- Always keep your phone hidden and out of sight. Put it in an inside pocket or closed bag, not in your back pocket
- Property mark your phone with your postcode and door number to make it easily identifiable if it is recovered
- Record details of serial numbers of your electronic devices and the IMEI number (which is a unique identifier) for mobile phones. A FREE inventory of these numbers can be stored
- If your phone is stolen report it to police and your phone network operator
- When using your phone whilst out and about consider your personal safety and that of the phone – don't advertise it and keep aware of who is around you.

John Owen



CHARITY QUIZ
IN AID OF
CYSTIC FIBROSIS
SATURDAY 10TH OCTOBER
VILLAGE HALL

(MORE DETAILS NEXT MONTH)

Wickham Market Movies - Film Comes to You!



Wickham Market Village Hall.
7pm for refreshments
Film 7.30pm Tickets £4.50
Bring a cushion for extra comfort

Thursday 13 August
Big Hero 6 (Cert PG)
102 minutes

www.facebook.com/wickhammarketmovies

Please Like and Share our Facebook updates page

SUMMER FUN ANSWERS

7 Letter words beginning with P

Pancake, physics, pinball, plaster, popular, premium, psychic, pyramid.

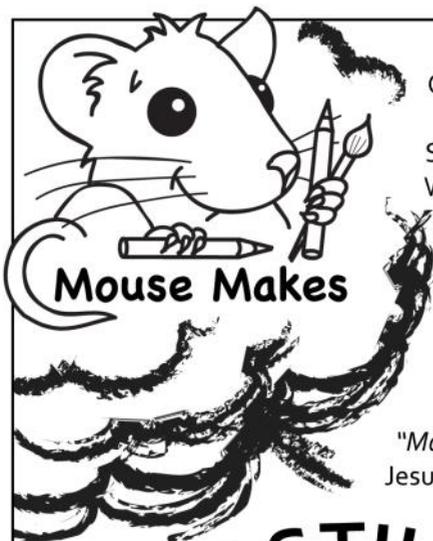
Hide and Seek

- 3 - The robins love hiding amongst the smooth **reeds**.
- 7 - It's always worth looking after your friends, **even** if they've upset you.
- 8 - Even heavy**weight** boxers like using soft tissues when they have a cold.
- 5 - To avoid the calf, I **veered** sharply to the left.
- 9 - The eggs were boxed thirteen instead of a dozen **in** each baker's delivery box.
- 1 - Having salmon **every** day for lunch gets a little boring after a while.
- 10 - The **attendance** at the local football match exceeded last weeks by many thousands.
- 4 - We need to waterproof **our** boots to make sure we don't get wet.
- 2 - Meeting friends after work allows executives to **network** effectively.
- 6 - The orchestra sounded magnificent with the three virtuos**si** xylophonists.

J E S U S
L O V E S Y O U



Wendy checked the message on her mobile



Mouse Makes

A Storm on the Lake

One day Jesus said to his disciples,
"Come with me across the Lake."
So they got into a boat and set out.
While they were sailing Jesus slept.

A big storm *blew* across
the lake and the boat
began to fill with water.
They were in **great** danger.

The disciples went to
Jesus and woke him. They said:
"Master, Master, we are going to drown!"
Jesus got up, and gave a **command** to the
wind and the waves

"BE STILL, BE CALM"



The wind stopped, and the lake became calm.

Jesus said to his disciples, "Where is your faith?"

They said to each other, "What kind of man is this?"
"He commands the wind and the water and they obey him!"

READ Luke 8:22-25

"Be still, and know that I am God" - Psalm 46:10

CONTACT DETAILS OF COUNCILLORS THAT SERVE EASTON

Parish Councillors:

Chair :

Sue Piggott
T: 01728 746622
(Also Highways Officer)

Vice Chair :

Alun Thomas
T: 01728 747267
(Also Cemetery Officer)

Michael Coney
T: 01728 746181
(Also Tree Officer)

Adrian Hollins
T: 01728 746053
(Also Pathways Officer)

Steve Parkinson
T: 01728 746879
(Also Speedwatch Officer)

Fiona Siddall
T: 07970 450245
(Also Play Area Officer)

Bob Gibbon
T: 01728 746866

Clerk :

Vacant

Suffolk County Councillor

Peter Bellfield
T: 01473 735259

Suffolk Coastal District Councillor

Carol Poulter
T: TBA
E::carol.poulter@suffolkcoastal.gov.uk

**A copy of the latest draft minutes of
the Parish Council can be read on the
back of the village noticeboard.**

Do you have something to put in the magazine?

Contributions to the next Parish Magazine should arrive by the 20th of the month before, either by email or by handwritten piece, please.

My email address is :-
clareeowen@tiscali.co.uk
or handwritten pieces to me at 5 Harriers Walk,
Easton IP13 0HA

Village Hall Bookings

Contact Jean Blackwood-Pugh
Email: jeanmbp@gmail.com
Tel: 748378



For more information on your local villages, visit the parish websites:-

www.easton.onesuffolk.net
www.brandeston.net
www.kettleburgh.suffolk.gov.uk
www.campseaashe.onesuffolk.net
www.marlesford.com
www.parham.onesuffolk.net
www.hacheston.suffolk.gov.uk

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